



TMIMT College of Physical Education
Teerthanker Mahaveer University, Moradabad
Time-table of Program B.P.Ed Sem-I
Session 2020-21 (Odd Semester)

Days	9:00 to 10:00			10:00 to 11:00			11:00 to 12:00			12:00 to 01:00	01:00 to 02:00			02:00 to 03:00			03:00 to 04:00		
	Class S.C. & Room No.	F. A.	L T P	Class S.C. & Room No.	F. A.	L T P	Class S.C. & Room No.	F. A.	L T P		Class S.C. & Room No.	F. A.	L T P	Class S.C. & Room No.	F. A.	L T P	Class S.C. & Room No.	F. A.	L T P
Mon	BPED 105	TA	L	BPED 106	SL	L	BPED 107	YS	L	L U N C H	BPED 158	YG	P	BPED 156	SL	P	BPED 157	YG	P
Tue	BPED 105	TA	L	BPED 106	SL	L	BPED 107	YS	L		BPED 158	YG	P	BPED 156	SL	P	BPED 157	YG	P
Wed	BPED 105	TA	L	BPED 109	TA	L	BPED 107	YS	L		BPED 158	YG	P	BPED 156	SL	P	BPED 155	TA	P
Thu	BPED 105	TA	L	BPED 109	TA	L	LIBRARY				BPED 158	YG	P	BPED 156	SL	P	BPED 155	TA	P
Fri	BPED 106	SL	L	BPED 109	TA	L					BPED 155	TA	P	BPED 155	TA	P	BPED 157	YG	P
Sat	BPED 106	SL	L	LIBRARY							LIBRARY			BPED 157	YG	P			

***S.C.** - Subject Code with Room No. in (Zoom App) / ***F.A.** - Faculty Abbreviation / ***L**- Lecture, ***T**- Tutorial, ***P**- Practical

Subject Code	Subject Name	Faculty Abbreviation	Faculty Name
BPED105	HISTORY, PRINCIPLES AND FOUNDATION OF PHYSICAL EDUCATION	TA	Touheed Akhter
BPED106	ANATOMY AND PHYSIOLOGY	SL	Sneh Lata
BPED107	HEALTH EDUCATION AND ENVIRONMENTAL STUDIES	YS	Yogendra Sharma
BPED109	OFFICIATING AND COACHING	TA	Touheed Akhter
BPED155	TRACK AND FIELD-I	TA	Touheed Akhter
BPED156	GYMNASTIC-I	SL	Sneh Lata
BPED157	MASS DEMONSTRATION ACTIVITIES	YG	Yash Chandra Gangwar
BPED158	KABADDI-I	YG	Yash Chandra Gangwar



TMIMT College of Physical Education
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Time-table of Program B.P.Ed Sem-III
Session 2020-21 (Odd Semester)

Days	9:00 to 10:00			10:00 to 11:00			11:00 to 12:00			12:00 to 01:00	01:00 to 02:00			02:00 to 03:00			03:00 to 04:00		
	Class S.C. & Room No.	F. A.	L T P	Class S.C. & Room No.	F. A.	L T P	Class S.C. & Room No.	F. A.	L T P		Class S.C. & Room No.	F. A.	L T P	Class S.C. & Room No.	F. A.	L T P	Class S.C. & Room No.	F. A.	L T P
Mon	BPED 302	NG	L	LIBRARY			BPED 304	Physiot herapy	L	L U N C H	BPED 352	SL	P	BPED 301	MM	L	BPED 359	MM	P
Tue	BPED 302	NG	L				BPED 304	Physiot herapy	L		BPED 352	SL	P	BPED 301	MM	L	BPED 359	MM	P
Wed	BPED 302	NG	P	BPED 303	SL	L	BPED 304	Physiot herapy	P		BPED 352	SL	P	BPED 301	MM	L	BPED 359	MM	P
Thu	BPED 302	NG	P	BPED 303	SL	L	BPED 304	Physiot herapy	P		BPED 352	SL	P	BPED 301	MM	L	BPED 359	MM	P
Fri	TMUGS 301	CT LD	L	BPED 303	SL	L	BPED 351	TA	P		BPED 353	YS	P	BPED 353	YS	P	BPED 351	TA	P
Sat	TMUGS 301	CT LD	L	BPED 303	SL	L	BPED 351	TA	P		BPED 353	YS	P	BPED 353	YS	P	BPED 351	TA	P

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Subject Code	Subject Name	Faculty Abbreviation	Faculty Name
BPED301	Sports Training	MM	Manu Mishra
BPED302	Computer Applications in Physical Education& Sports	NG	Namit Gupta
BPED303	Sports Psychology and Sociology	SL	Sneh Lata
BPED304	Sports Medicine, Physiotherapy and Rehabilitation	Physiotherapy	----
BPED351	Track and Field-III	TA	Touheed Akhter
BPED352	Teaching Practice – II (Theory lesson plan)	SL	Sneh Lata
BPED353	Taekwondo-I	YS	Yogendra Sharma
BPED359	Volleyball-I	MM	Manu Mishra
TMUGS301	Managing self	SS	Soumya Sood



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Mon	MPED 101	YS	L	MPED 104	TA	L	MPED 102	SL	L	L U N C H	MPED 154	YS	P	MPED 153	CS	P	MPED 152	YG	P
Tue	MPED 101	YS	L	MPED 104	TA	L	LIBRARY				MPED 154	YS	P	MPED 153	CS	P	MPED 152	YG	P
Wed	MPED 101	YS	L	MPED 103	CS	L	MPED 102	SL	L		MPED 154	YS	P	MPED 152	YG	P	MPED 151	TA	P
Thu	MPED 102	SL	L	MPED 101	YS	L	MPED 102	SL	L		MPED 154	YS	P	MPED 152	YG	P	MPED 151	TA	P
Fri	MPED 104	TA	L	MPED 103	CS	L	LIBRARY				MPED 151	TA	P	MPED 151	TA	P	MPED 152	YG	P
Sat	MPED 103	CS	L	LIBRARY							MPED 153	CS	P	MPED 153	CS	P	MPED 152	YG	P

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Subject Code	Subject Name	Faculty Abbreviation	Faculty Name
MPED101	RESEARCH METHODS IN PHYSICAL EDUCATION & SPORTS	YS	Yogendra Sharma
MPED102	EXERCISE PHYSIOLOGY	SL	Sneh Lata
MPED103	YOGIC SCIENCES	CS	Chanchal Suryawanshi
MPED104	TEST, MEASUREMENT AND EVALUATION IN PHYSICAL EDUCATION	TA	Touheed Akhter
MPED151	FOUNDATION GAMES-I (ATHLETICS & GYMNASTICS	TA	Touheed Akhter
MPED152	MASS DEMONSTRATION ACTIVITIES	YG	Yash Chandra Gangwar
MPED153	YOGA-I	CS	Chanchal Suryawanshi
MPED154	SPORTS CEREMONY MANAGEMENT	YS	Yogendra Sharma



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Mon	MPED 305	YG	L	MPED 302	Physoit herapy	L	MPED 353	YG	P	L U N C H	MPED 301	MM	L	MPED 353	YG	P	MPED 352	SL	P
Tue	MPED 305	YG	L	MPED 302	Physoit herapy	L	MPED 353	YG	P		MPED 301	MM	L	MPED 353	YG	P	MPED 352	SL	P
Wed	MPED 305	YG	L	MPED 302	Physoit herapy	P	LIBRARY				MPED 301	MM	L	LIBRARY			MPED 352	SL	P
Thu	MPED 303	YS	L	MPED 302	Physoit herapy	P					MPED 301	MM	L				MPED 352	SL	P
Fri	TMUP S301	CT LD	L	MPED 303	YS	L	MPED 351	TA	P		MPED 359	YS	P	MPED 359	YS	P	MPED 351	TA	P
Sat	TMUP S301	CT LD	L	MPED 303	YS	L	MPED 351	TA	P		MPED 359	YS	P	MPED 359	YS	P	MPED 351	TA	P

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MPED301	Scientific Principles of Sports Training	MM	Manu Mishra
MPED302	Sports Medicine	Physiotherapy	----
MPED303	Health Education and Sports Nutrition	YS	Yogendra Sharma
MPED305	Physical Fitness and Wellness	YG	Yash Chandra Gangwar
MPED351	Foundation games-III (Athletics- & Gymnastics)	TA	Touheed Akhter
MPED352	Coaching lesson-I (Track and Field/Gymnastics)	SL	Sneh Lata
MPED353	Coaching lesson-II (Game Specialization)	YG	Yash Chandra Gangwar
MPED359	Taekwondo-I	YS	Yogendra Sharma
TMUPS301	Managing self	SS	Soumya Sood