

**Study & Evaluation Scheme**  
**of**  
**Bachelor of Physical Education**  
**(B.P.Ed.)**

[Applicable w.e.f. Academic Session – 2019-20 till revised]  
[As per NCTE guidelines with CBCS Pattern]



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## Program Structure-B.P.ED.

### A. Introduction:

Bachelor of Physical Education (B. P. Ed.) two years (Four Semesters Choice Based Credit System) programme is a professional programme meant for preparing teachers of physical education in classes VI to X and for conducting physical education and sports activities in classes XI and XII. B. P. Ed. programme shall be designed to integrate the study of childhood, social context of Physical Education, subject knowledge, pedagogical knowledge, aim of Physical Education and communication skills. The programme comprises of compulsory and optional theory as well as practical courses and compulsory school internship.

B.P.Ed. : Two-Years (4-Semester) CBCS Programme			
Basic Structure: Distribution of Courses			
S.No.	Type of Course	Credit Hours	Total Credits
1.	Core Course (CC)	15 Courses	48
2.	Ability-Enhancement Compulsory Course (AECC)	04 Courses	09
3.	Skill-Enhancement Elective Course (SEC)	05 Courses	11
4.	Discipline Specific Elective Course (DSEC)	11 Courses	26
5.	Value Added Course (VAC)	02 Courses	00
6.	Project	02 Courses	04
Total Credits			98

### B. Choice Based Credit System (CBCS)

Choice Based Credit System (CBCS) is a versatile and flexible option for each student to achieve his target number of credits as specified by the NCTE &UGC and adopted by our University.

The following is the course module designed for the B.P.Ed. program:

**Core Course (CC):** Core courses of B.P.Ed. program will provide a holistic approach to physical education, giving students an overview of the field, a basis to build and specialize upon. These core courses are the strong foundation to establish physical education knowledge and provide broad multi-disciplined knowledge can be studied further in depth during the elective phase.

The core courses will provide more practical-based knowledge, case-based lessons and collaborative learning models. It will train the students to analyse, decide, and lead-rather than merely know-while creating a common student experience that can foster deep understanding, develop decision-making ability, teaching and coaching skills and contribute to the community at large.

The integrated foundation is important for students because it will not only allow them to build upon existing skills, but they can also explore career options in a range of institutes etc., and expand their understanding of various related fields.

We offer core courses in all the semester during the B.P.Ed program.

**Ability Enhancement Compulsory Course (AECC):** As per the guidelines of Choice Based Credit System (CBCS) for all Universities, including the private Universities, the Ability Enhancement Compulsory Course (AECC) is a course designed to develop the ability of students in communication and other related courses where they might find it difficult to communicate at a higher level in their prospective job at a later stage due to lack of practice and exposure in the language, etc. Students are motivated to learn the theories, fundamentals and tools of communication which can help them develop and sustain in the corporate environment and culture. We offer two AECCs in Semester I & one in Semester II of the program.

**Skill Enhancement Course:** These courses are specially designed to develop and enhance the professional skill related to physical education and sports. After the completion of these courses students feel highly motivated and the feeling of fresher will be disappeared.

**Open/Generic Elective Course (GEC):** Open/Generic Elective is an interdisciplinary additional subject the score of Generic Elective is counted in your overall aggregate marks under Choice Based Credit System (CBCS). Core / Discipline Specific Electives will not be offered as Generic Electives.

**Value Added Course (VAC):** A value added course is a non-credit course which is basically meant to enhance general ability of students in soft skills for the overall development of a student and at the same time crucial for future professional demands and requirements. The student possessing these skills will definitely develop acumen to perform well during the recruitment process of any premier organization and will have the desired confidence to face the interview. Moreover, these skills are also essential in day-to-day life of the professional world. The aim is to nurture every student for making effective communication, developing aptitude ability for a better performance, as desired in professional world. There shall be one course each in Semester III & Semester IV and will carry no credit, however, it will be compulsory for every student to pass these courses with minimum 45% marks to be eligible for the certificate. These marks will not be included in the calculation of CGPI. Students have to specifically be registered in the specific course of the respective semesters.

**Discipline Specific Elective Course (DSEC):** The discipline specific elective course is chosen to make students specialist or having specialized knowledge of a specific domain like team games/ combative sports/ racquet sports, etc.

