TEERTHANKER MAHAVEER UNIVERSITY

Moradabad

Accredited with NAAC A Grade

12-B Status from UGC

SUSTAINABLE DEVELOPMENT GOALS

ANNUAL REPORT - 2025

SDG 3

GOOD HEALTH AND WELL-BEING

Building a healthier tomorrow
for a better world today









PHYSICAL HEALTH | MENTAL WELL-BEING | PREVENTION & CARE | HEALTHY LIFESTIVLE | WELL-BEING FOR ALL

GOOD HEALTH FOR ALL,
BETTER LIVES FOR ALL

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SUSTAINABLE DEVELOPMENT GOALS



SDG-3

At Teerthanker Mahaveer University (TMU), Moradabad, health and well-being are addressed through health education, clinical services, preventive healthcare, community outreach, and professional training. The University brings together Medical College and Hospital to provide healthcare services and conduct activities that respond to the health needs of students, employees, and people in surrounding communities. Through its medical, dental, nursing, pharmacy, physiotherapy, and allied health disciplines, TMU connects classroom learning with clinical practice, public health education, and community-based services. We at TMU encourage our health professionals to collaborate for advance research and academic practices with other institutions in India and abroad

During the reporting period, the University conducted and supported activities addressing several public health concerns, including cancer screening, anaemia detection, immunisation awareness, menstrual hygiene, tuberculosis awareness, oral health, and voluntary blood donation. Health camps and community outreach programmes have provided opportunities

for screening, health education, early identification of health problems, and referral for further medical care. These activities also give students practical experience in healthcare delivery and help extend health-related information and services to people in nearby communities.

The University addresses the mental health and well-being of its students and staff through the Mental Health and Well-Being Policy, Mental Health and Well-Being Monitoring Committee and Mental Health and Well-Being Centre. The University has appointed a Nodal Officer for the monitoring and reporting of the Mental Health and Well-Being cases. These institutional arrangements provide a framework for mental health awareness, early identification of mental health concerns, psychosocial support, referrals, and monitoring. Other health-related measures include sexual and reproductive healthcare services for students, smoke-free campus practices, sports and physical activity, and student health education, which encourage healthier habits within the university community.

TMU's work under SDG-03 therefore covers healthcare services, disease prevention, community health education, and support for physical and mental well-being. By linking its academic programmes with clinical services and outreach activities, the University seeks to improve access to health information and care while addressing the health needs of its students, employees, and surrounding communities.

Teerthanker Mahaveer University has been honoured with the prestigious QS I-GAUGE Institution of Happiness Award for 2025–26. Further strengthening its commitment to mental health and well-being, the University has also secured the Platinum Band in the R-World Mental Health and Well-Being (MHW) Ranking 2025–26. TMU has been awarded ISO 45001:2018 Certification, demonstrating its commitment to maintaining a safe and healthy working environment for students, faculty, staff, and other stakeholders.

These recognitions reflect TMU's sustained commitment, promoting a positive, inclusive, supportive, and holistic campus environment that promotes happiness, mental health and well-being, and overall quality of life.Zero Hunger.

Publications on Various SDG's (2025)		
S.No	**Sustainable Development Goals**	**No of Publications**
1.	No Poverty	**12**
2.	Zero Hunger	**79**
3.	Good Health and Well-Being	**600**
4.	Quality Education	**246**
5.	Gender Equality	**52**
6.	Clean Water and Sanitation	**43**
7.	Affordable and Clean Energy	**62**
8.	Decent Work and Economic Growth	**140**
9.	Industry, Innovation and Infrastructure	**465**
10.	Reduced Inequalities	**20**
11.	Sustainable Cities and Economies	**65**
12.	Responsible Consumption and Production	**170**
13.	Climate Action	**45**
14.	Life Below Water	**9**
15.	Life on Land	**43**
16.	Peace, Justice and Strong Institutions	**59**
17.	Partnership for the Goals	**205**

3.1.3 -GOOD HEALTH AND WELL-BEING: PUBLICATIONS AND IPR

S.No.	Title of Paper	Name of the author	Title of the Journal	ISSN Number	Year of Publication
1	A Cross-Sectional Study of Socio-Demographic Factors and Vaccination Compliance Among Children Under Two in Bhubaneswar, india, With Emphasis On Parental Education	Vishwanath Ghoshal	Cureus	2168-8184	2025
2	A Neonate Presenting With Large Abdominal Mass: A Rare Case of Congenital Leukemia	Bablu Kumar Gaur	Journal of Pediatric Hematology/Oncology	1536-3678	2025
3	Diagnostic Utility of The Neutrophil-Lymphocyte Ratio and Absolute Lymphocyte Count in Distinguishing Thyroiditis Vs Other Benign Causes of Thyroid Enlargement	Ashutosh Kumar	Cureus	2168-8184	2025
4	Refractory Scrotal Oedema in A Child With Nephrotic Syndrome Subsided On Magnesium Sulphate With Glycerine (Su-Mag) Application: A Rare Case Report	Bablu Kumar Gaur	Current Medicine Research and Practice	2352-0817	2025
5	Percutaneous Length of Tibia in Determining The Stature: Importance For Forensic Experts	Abhishek Kumar Varshney	International Journal of Life Sciences, Biotechnology and Pharma Research	2977-0122	2025
6	Shear Wave Elastography (Swe) of Hamstring Muscles and Outcome Measures in Rheumatology (Omeract) Knee Osteoarthritis Ultrasound Scores in Patients With Knee Osteoarthritis With Mri Association: A Cross Sectional Observational Study	Shruti Chandak, Subhasish Panda, Ankur Malhotra, Subhashree Dash, Umme Afifa, Arjit Agarwal	Journal of Clinical Ultrasound: Sonography and Other Imaging Techniques (Jcu)	1097-0096	2025
7	Correlation of Necrotic index and Modified	Amit Saraf	Cureus	2168-8184	2025

	Necrotic index With The Harris Hip Score and Their Reliability in Patients With Osteonecrosis of The Femoral Head				
8	Posterior Reversible Encephalopathy Syndrome Due To Acute Suppurative Thyroiditis: A Case Report	Bablu Kumar Gaur	Journal of Pediatric Critical Care	2349-6592	2025
9	A Study On Synthesis of Azole Derivatives Optimized For Anticancer Activity	Mohit Kumar	Journal of Neonatal Surgery	2226-0439	2025
10	Assessment of Maxillofacial Trauma Using Cbct: A Cross-Sectional Study On Diagnostic Efficiency and Clinical Outcomes	Akansh Datta	Journal of Neonatal Surgery	2226-0439	2025
11	Formulation, Standardization, and in Vitro Pharmacological Assessment of A Polyherbal Blend For The Management of Type 2 Diabetes and Protection Against Cisplatin-induced Nephrotoxicity	Ashutosh Pathak	Journal of Neonatal Surgery	2226-0439	2025
12	Biological Evaluation of Herbal Preparations and Formulation Standardization: A Literature Study	Mohit Kumar	Journal of Neonatal Surgery	2226-0439	2025
13	Pharmacognostic and Biochemical Validation of Albizia Lebbeck (L.) Benth. Bark: A Multifaceted investigation into Its Phenolic Content and Antidiabetic Enzyme inhibitory Potential	Prem Shankar Gupta	Journal of Neonatal Surgery	2226-0439	2025
14	Laurence–Moon–Bardet–Biedl Syndrome With Coexisting Sensorineural Hearing Loss: A Rare Manifestation and Review of The Literature	Bablu Kumar Gaur	Indian Journal of Otology	0971-7749	2025

15	The intricate Relationship of Vitamin-D With Arterial Stiffness: A Case Control Study On Middle-Aged indian Population With An insight From The Mechanistic Pathways Providing Special Reference To Endothelial Dysfunction and Oxygen Sensing Proteins	Amrit Podder, Jayballabh Kumar, Ritu Adhana	Journal of Neonatal Surgery	2226-0439	2025
16	Vascular Ageing influences Arterial Stiffness: A Cross-Sectional Study of Different Age Groups With Special Reference To Blood Pressure and Obesity	Amrit Podder, Jayballabh Kuma	Journal of Neonatal Surgery	2226-0439	2025
17	Volumetric Assessment of The Medulla Oblongata According To Sex Using 1.5T Magnetic Resonances Imaging.	Rajul Rastogi	Journal of Neonatal Surgery	2226-0439	2025
18	Cartilage Regeneration Potential of Platelet-Rich Plasma Versus Plasma Rich in Growth Factors in Knee Osteoarthritis Based On Serum Biomarker of Cartilage Degradation, Coll2-1: A Triple-Blind Randomized Study	Amit Saraf, Sandeep Bishnoi, Naman Kumar Parakh, Abhishek Sharma	Journal of Orthopaedic Case Reports	2250-0685 2321-3817	2025
19	Ultrasonography-Based Prediction of Carotid Artery Atherosclerosis Using Multiple Abdominal Fat indices	Shruti Chandak	Journal of Ultrasonography	2451-070X	2025
20	The Multiple Dosing Effects of Platelet-Rich Plasma On Cartilage Regeneration in Knee Osteoarthritis: Randomised, Placebo-Controlled Trial	Amit Saraf, Vakul Mahipal	Malaysian Orthopedic Journal	1985-2533	2025
21	Prognostic Role of Neutrophil-To-Lymphocyte Ratio in Sepsis	Jain, Harsh; Sharma, Chinky; Haria, Jm;	Int J Acad Med Pharm	2687-5365	2025
22	Artificial Neural Networks in Early Diagnosis of Neurological Disorders: A Review of Models,	Khodke, He; Podder, Amrit; Jegadheesan, C;	International Journal of Environmental Sciences	2229-7359; 0976-4402	2025

	Biomarkers, and Clinical integration	Parmar, Divya; Yashan, Noushad;			
23	The Impact of Virtual and Augmented Reality On Experiential Learning in Higher Education	Sharma, Ruchi; Bawa, Ramandeep; Umesh, Sandhya Yeriyuru; Maitra, Suranjan; Podder, Amrit; Antony, Ajith;	International Journal of Environmental Sciences	2229-7359; 0976-4402	2025
24	Impact of Air Quality index (Aqi) On Pulmonary Function: An 18 Months Cross-Sectional Study On indian Population	Amrit Podder	International Journal of Environmental Sciences	2229-7359; 0976-4402	2025
25	Comparative Analysis of Skull-Stripped Versus Non-Stripped Mri Scans For Cnn-Based Alzheimer'S Disease Classification	Rajul Rastogi	International Journal of Environmental Sciences	2468-4376	2025
26	The Relationship Between Epistaxis and Stages of Hypertension: A Prospective Observational Study of 250 Cases in Emergency Medicine	Amrit Podder	International Journal of Environmental Sciences	2168-8184	2025
27	Role of One Month Yoga Training On Arterial Stiffness in Young Adults With Familial Hypertension: A Prospective interventional Study	Amrit Podder	International Journal of Environmental Sciences	0973-709X	2025
28	A Pilot Study of Breast Cancer Histopathological Image Classification Using Google Teachable Machine: A No-Code Artificial intelligence Approach	Arkajit Dasgupta	International Journal of Environmental Sciences	2168-8184	2025
29	Surgical Management of Chronic Locked Posterior Dislocation of Shoulder Using The Modified Mclaughlin Procedure	Naman Kumar Parakh	International Journal of Environmental Sciences	2321-3817	2025
30	One Year Results of intraarticular Platelet Rich Plasma in Adhesive Capsulitis of Shoulder	Sudhir Singh	International Journal of Environmental Sciences	2773-157X	2025

31	Shear Wave Elastography (Swe) of Hamstring Muscles and Outcome Measures in Rheumatology (Omeract) Knee Osteoarthritis Ultrasound Scores in Patients With Knee Osteoarthritis	Priyam Jain, Shruti Chandak, Subhasish Panda, Ankur Malhotra, Subhashree Dash, Umme Afifa, Arjit Agarwal	International Journal of Environmental Sciences	1097-0096	2025
32	Posterior Reversible Encephalopathy Syndrome Due To Acute Suppurativethyroiditis: A Case Report	Bk Gaur, P Soneja, R Jain, B Chopra	International Journal of Environmental Sciences	2349-6592	2025
33	Mahakumbh 2025 – 'Holy'Grail For Public Health Personnel	Ravindra Nath	International Journal of Environmental Sciences	2248-9509	2025
34	Childhood Granulomatous Periorificial Dermatitis: An Impending Need To Revise The Title	P Goyal, D Meena, M Daroach, P Chauhan	International Journal of Environmental Sciences	0019-5154	2025
35	Nipah Virus in india	Dheeraj Sharma	International Journal of Environmental Sciences	1998-3646	2025
36	Vaccine-Preventable Diseases in Pediatric Age Group in india: Recent Resurgence, Implications and Solutions	Aninda Debnath, Ankit Yadav, Chandrakant Lahariya	International Journal of Environmental Sciences	0973-7693	2025
37	Comparison of Ultrasound Guided Subcostal Transversus Abdominis Plane Block With intraperitoneal instillation of Levobupivacaine For Post-Operative Pain Relief in Laparoscopic	Muazzam Hasan, Nadia Shakil Ahmed, Md Shahbaz Alam, Mukesh Prasad, Ankit Verma, Paramjeet Juneja, Talat Ali	International Journal of Environmental Sciences	2220-5799	2025
38	Knowledge, Awareness, and Practice of Disposal of Unused Medicines Among Medical Undergraduates: A Cross-Sectional Study	Sidhu, Jaspreet Kaur; Gupta, Ashwani Kumar; Matreja, Prithpal Singh; Singh, Amandeep	International Journal of Environmental Sciences	0975-5764	2025
39	Metabolic and Endocrine Dysfunctions in Traumatic Brain injury: Implications For Cognitive Recovery and Therapeutic Strategies	Jigar Manilal Haria, Naveen Kumar Singh, Jayballabh Kumar, Sanjeev Kumar Jain, Dattasai Pamidimarri	International Journal of Environmental Sciences	1872-7549	2025

40	Childhood Granulomatous Periorificial Dermatitis: An Impending Need To Revise The Title	Goyal, Pratika; Meena, Dilip; Daroach, Manju; Chauhan, Payal	International Journal of Environmental Sciences	1998-3611	2025
41	Prevalence of Tobacco Consumption Among Pulmonary Tuberculosis Patients and Its Correlation With Tuberculosis incidence: A Systematic Review and Meta-Analysis in The indian Context	Ravindra Nath	International Journal of Environmental Sciences	2532-5264	2025
42	Comparative Analysis of Full Outline of Unresponsive Score and Glasgowcoma Scale Score For Outcomes Prediction in Children With Impaired Consciousness	Bablu Kumar Gaur, Mohamad Habib F Meman, Shruti Jain	International Journal of Environmental Sciences	0174-304X	2025
43	Telerehabilitation in india: From Awareness To Acceptance	Saurabh Agnihotri, Naveen Kumar Singh, Nalina Gupta	International Journal of Environmental Sciences	0973-2063	2025
44	Time-Since-Death Estimation: A Review of Ai Applications in Forensic Postmortem interval Analysis	Harsh	International l Journal of Environmental Sciences	2229-7359	2025
45	Revolutionizing Justice: How Artificial intelligence Is Transforming Autopsies and Crime Scene investigations	Harsh	International Journal of Environmental Sciences	2229-7359	2025
46	Comparison of 3D-Printed Vs. Traditional Dental Implants: Accuracy, Longevity, and Patient Satisfaction	Amrit Podder	Bulletin of Stomatology and Maxillofacial Surgery	1829-006X	2025
47	Impact of Regular Breathing Exercises On Blood Pressure Phenotypes and Bmi in Young Male individuals: A Narrative Review	Amrit Podder	Cureus	2168-8184	2025
48	Impact of Sleep Deprivation On Cognition and Academic Scores: A Three-Month Longitudinal Study	Muneeb Kosvi	Cureus	2168-8184	2025

	Among indian Medical Students				
49	influence of Vitamin D in Arterial Stiffness: A Systematic Review	Amrit Podder	Vascular and Endovascular Review	2516-3302	2025
50	influence of Vitamin D in Vascular Ageing: A Systematic Review	Amrit Podder	Vascular and Endovascular Review	2516-3302	2025
51	Exhumation: Bridging Doubt and Justice – A Case Series On Postmortem Discoveries in Uttarakhand.	Pramod Dode	Indian Journal of Forensic and Community Medicine.	2394-6768	2025
52	Concha Bullosa Mucopyocele– An Extremely Rare But Significant Differential Diagnosis For Unilateral Nasal Mass	Probal Chatterji	Indian Journal of Otolaryngology and Head & Neck Surgery	2231-3796	2025
53	Clinical and Functional Outcomes of Proximal Humerus internal Locking System Plate Fixation in Proximal Humerus Fractures: A Short-Term Follow-Up	Amit Saraf	Journal of Orthopaedic Case Reports	2321-3817	2025
54	Total Hip Arthroplasty With Cage Application For Complex Posterior Hip Dislocation and Acetabular Fracture in A Patient With Prior Patellectomy: A Case Report	Amit Saraf	Journal of Orthopaedic Case Reports	2321-3817	2025
55	Estimation of Serum C-Terminal Cross-Linked Telopeptide Type Ii Collagen (Ctx Ii) Level To Diagnose Early Knee Osteoarthritis	Sudhir Singh	Malaysian Orthopaedic Journal	1985-2533	2025
56	Comparative Evaluation of Verbal, Printed, and Virtual Reality Approaches For Post-Operative Dental Care instructions: Perspectives of Patients and Dental Students	Amrit Podder	Journal of Pioneering Medical Sciences	2309-7981	2025
57	Lingual Tuberculosis Associated With Abdominal Lymph Node Tuberculosis in A 10-Year-	Bablu Kumar Gaur	Indian Journal of Medical Specialities	0976-2884	2025

	Old Immunocompromised Child: A Rare Entity				
58	Neglected Monteggia Fracture-Dislocation in An 8-Year-Old Child With Posterior interosseous Nerve Palsy: A Case Report	Priti Ranjan Sinha	Journal of Orthopaedic Case Reports	2321-3817	2025
59	Vascular Endothelial Growth Factor and Hypertension: A Systematic Review	Amrit Podder	Vascular and Endovascular Review	2516-3302	2025
60	Pulse Wave Velocity and Vitamin D: A Narrative Review	Ashwani Sharma	Vascular and Endovascular Review	2516-3302	2025
61	Images Download Cite Share Favorites Permissions Differential Radiographic Chest Findings in Covid-19 Positive Patients With and Without Comorbidities	Rajul Rastogi	Advanced Biomedical Research	2277-9175	2025
62	Wolcott–Rallison Syndrome Due To A Novel Homozygous Missense Variation (P.Gly602Val) in The Exon 11 of Eif2Ak3 Gene	Bablu Kumar Gaur	Journal of Pediatric Endocrinology and Metabolism	0334-018X	2025
63	Comparison of The Efficacy and Safety of Bilastine 20 Mg Versus Fexofenadine 180 Mg For Treatment of Perennial Allergic Rhinitis: Randomized Controlled Study	Probal Chatterji	Indian Journal of Otolaryngology and Head & Neck Surgery	2231-3796	2025
64	Mucocele Arising From The Submandibular Gland Presenting As Neck	Probal Chatterji	Journal of indian Association of Pediatic Surgeons	0971-9261	2025

	Swelling: A Rare Case Report				
65	Quality of Life of The Elderly in The Rural Region of Delhi, india	Ankit Yadav	The indonesian Journal of Public Health	1829-7005	2025
66	Evaluation of Tmj Function: A Comparative Study Between Bimaxillary Orthognathic Surgery and Mandibular-Only Surgical Correction	Amrit Podder	Bulletin of Stomatology and Maxillofacial Surgery	1829-006X	2025
67	A Cross Sectional Study of Knowledge, Attitude and Practices of Medical Students Regarding Covid-19 in Northern india	Jayballabh Kumar	Journal of Clinical Medicine of Kazakhstan	1812-2892	2025
68	Role of Magnetic Resonance Imaging in Colorectal Diseases	Rajul Rastogi	Advances in Human Biology	2321-8568	2025
69	Correlation Between Radiographic Parameters and Lordosis in Patients With Chronic Low Back Pain	Sudhir Singh	Journal of Orthopaedic Case Reports	2321-3817	2025
70	Functional and Radiological Outcome of Ilizarov Ring Fixator Versus Limb Reconstruction System in Compound Tibial Diaphyseal Fractures Grade Ii, Iiia, and Iiib	Sandeep Bishnoi	Journal of Orthopaedic Case Reports	2321-3817	2025
71	The Clinico-Radiological Effect of Vitamin D in Treatment of Osteoarthritis of The Knee: A Randomized Control Trial	Amit Saraf	Journal of Orthopaedic Case Reports	2321-3817	2025
72	Brown Tumor of Mandible—A Rare Presenting Complaint of Hyperparathyroidism	Probal Chatterji	Journal of Maxillofacial and Oral Surgery	0974-942X	2025
73	Pierre Robin Sequence Associated With Arthrogryposis Multiplex Congenita	Bablu Kumar Gaur	Indian Journal of Pediatrics	0019-5456	2025
74	Ovotesticular Disorder of Sex Development Presenting As Gynecomastia in A Phenotypic Male	Bablu Kumar Gaur	Hormone Molecular Biology and Clinical investigation	1868-1891	2025

	Adolescent: A Case Report and Literature insights				
75	Long-Term Effect of Pulmonary Rehabilitation in Pulmonary Tuberculosis Patients	Amit Saraf	Thoracic Research and Practice	2979-9139	2025
76	Asymptomatic Early-Onset Neonatal Hypocalcemia, Secondary To Maternal Hypovitaminosis D	N.S.Chithambaram	Perinatology - Journal of Perinatal and Neonatal Care	0972-2408	2025
77	A Rare Case of Abscess and Axillary Neuropathy Following Anti-Rabies Vaccination in A 10-Year-Old Child: A Case Report and Literature Review	Pradeep Pathak	Journal of Orthopaedic Case Reports	2250-0685	2025
78	The Neuropsychology of Chronic Neurological Disorders: A Review of Cognitive and Emotional Impairments	Harsh	Cureus Journal of Medical Science	2168-8184	2025
79	A Comparative Study of Yoga and Structured Exercises On Pain, Muscle Performance, Stress and Quality of Life in Primary Dysmenorrhea	Ankit Yadav	The indonesian Journal of Public Health	2540-8836	2025
80	Adverse Drug Reactions and Drug interactions in Multimorbid Patients: A Review of Current Evidence	Harsh	Cureus Journal of Medical Science	2168-8184	2025
81	Predictors of Cochlear involvement in Patients With Mucosal Type of Chronic Otitis Media: A Cross-Sectional Analysis	Probal Chatterji	The Egyptian Journal of Otolaryngology	2090-8539	2025
82	A Rare Case of Buccal Minor Salivary Gland Pleomorphic Adenoma: A Case Report	Dr. D. S. Gupta, Dr. Saubhagya S. Agrawal, Dr. Nakul Chaudhary	African Journal of Biomedical Research	1119-5096	2025
83	Is Addm Graft Practical? A Comparative Study To Evaluate Addm Graft in Third Molar Surgery	Dr. D. S. Gupta, Dr. Saubhagya S. Agrawal	Oral and Maxillofacial Surgery	1865-1569	2025
84	Is Addm Graft Practical? A Comparative Study To Evaluate Addm Graft in Thrid Molar Surgery	Dr. Nandakishore D	Oral & Maxillofacial Surgery	1865-1569	2025

85	A Comparative Study For Assess The Outcome of Alum and Herbal Mouthrinses On Plaque Control Among 9–12-Year-Old Youth: A Randomized Research Trial	Pradeep Tangade, Ankita Jain, Vikas Singh	Journal of indian Association of Public Health Dentistry	2319-5932	2025
86	Relationship Between Pharyngeal Airway Volume, Vital Capacity of Lungs and Spo2 of Blood Among Class I & Class Ii Patients - A Cross Sectional Study	Mukesh Kumar, Sumit Kumar, Ekta Yadav, Malvika Agarwal	Tmu J Dent	2394-2282	2025
87	Evaluation of The Effect of Diode Laser On Healing After Gingivectomy	Dr. Shalabh Mehrotra	Pesquisa Brasileira Em Odontopediatria E Clinica integrada	1519-0501	2025
88	Evaluation of Bond Strength of Porcelain Fused To Metal Copings After Different Pre-Cementation Cleaning Methods	Shalabh Kumar	Journal of Dental College Azamgarh, Purvanchal University	2455-2151	2025
89	investigating The Impact of Denture Cleansers On Color Stability and Surface Texture of Machinable Cad/Cam Polymer (Peek): A Laboratory Study	Shalabh Kumar	Journal of Dental College Azamgarh (official Publication of Purvanchal University)	2455-2151	2025
90	Shaping Tomorrow'S Smiles: A Comparative Analysis of interim Crown and Bridge Materials	Shalabh Kumar	Journal of Dental College Azamgarh (official Publication of Purvanchal University)	2455-2151	2025
91	Prosthodontic Management of Congenitally Missing and Peg-Shaped Maxillary Lateral incisors: A Case Report	Madhurima Sharma, Rohit Sharma, Shalabh Kumar Akash Gopi	Cureus	2168-8184	2025
92	Establishing The Occlusal Plane For Construction of Complete Dentures	Shalabh Kumar Madhurima Sharma Mukesh Kumar	Journal of Neonatal Surgery	2226-0439	2025

93	intraoral Scanner in Dentistry: A Comprehensive Review	Anisha Luthra	Jamdsr	2321-9599	2025
94	Assessment of Retention and Penetration Depth of Different Pit and Fissure Sealants: An in-Vitro Study	Anisha Luthra	Journal of Pharmacy and Bioallied Sciences	0975-7406	2025
95	Comparative Evaluation of Cytotoxicity, Anti-inflammatory, and Drug Release Profiles of Allicin-incorporated Go-Agnp Hydrogel: An in Vitro Study	Saurav Bathla	The Journal of Contemporary Dental Practice	1526-3711	2025
96	Prevalance of The Histological Characteristics in Various Teeth of Different Age Group: An Observation in Vitro Study	Saurav Bathla	The Journal of Contemporary Dental Practic	1526-3711	2025
97	Comparative Evaluation of Canal Transportation and Centring Ratio of Different Ni-Ti Rotary File Systemin Curved Canals Using Cbct: An in Vitro Study	Abhinay Agarwal	The Journal of Contemporary Dental Practic	1526-3711	2025
98	The Effect of Crown Ferrule Design On Fracture Resistance of Endodontically Treated Teeth Restored With Fiber Post, Composite Core, and Crowns: An in Vitro Study	Abhinay Agarwal	Journal of Neonatal Surgery	2226-0439	2025
99	Comparative Evaluation of Osseodensification Vs Conventional Osteotomy Technique On Primary and Secondary Implant Stability in Rabbit Model Split Body Rct	K Vinod Kumar	The Journal of Contemporary Dental Practice	1526-3711	2025
100	Caveolin-1 Expression in Dentigerous Cyst, Odontogenic Keratocyst, and Ameloblastoma.	K Vinod Kumar	African Journal of Biomedical Research	1119-5096	2025
101	Expression of Carbonic Anhydrase -Ix in Oral Submucous Fibrosis and Oral Squamous Cell Carcinoma	K Vinod Kumar	African Journal of Biomedical Research	1119-5096	2025

102	The Emerging Role of Herbal Root Canal Irrigants: A Review of Comparison With Conventional Irrigants in Root Canal Treatment	Shipra Saxena	Tmu J Dent	2394-2282	2025
103	Comparative Evaluation of Canal Transportation and Centering Ratio of Different Nickel–Titanium Rotary File Systems in Curved Canals Using Cone-Beam Computed Tomography: An in Vitro Study	Abhinay Agarwal	Journal of Conservative Dentistry and Endodontics	0972-0707	2025
104	A Comparative Study For Assess The Outcome of Alum and Herbal Mouthrinses On Plaque Control Among 9–12-Year-Old Youth: A Randomized Research Trial	Vikas Singh	Journal of indian Association of Public Health Dentistry	2350-0484	2025
105	Knowledge, Attitude and Practice of Endodontic Radiographic Techniques Among Dentists: A Survey	Vinod Balla, Saurav Bathla, Ravindra Reddy Regalla, Ankit Anand, Kumari Neha, Pratik Agrawal, Anukriti Kumari	International Journal of Environmental Sciences	0973-2063	2025
106	Attitude, Practice and Perceived Barrier For Tobacco Cessation Counseling and Nicotine Replacement Therapy Among Private Dental Practitioners of North india: A Web Based Survey	Dalai, Sasmita; Narang, Ridhi; Aakash, Gupta; Yadav, Jagriti; Singla, Ashish; Aggarwal, Akanksha; Kaur, Komal Preet;	International Journal of Environmental Sciences	2476-762X	2025
107	Challenges in Chemotherapy For Head and Neck Cancer: A Review	Akansh Datta	International Journal of Environmental Sciences	0973-2063	2025
108	Evaluation of Correlation Between C-Reactive Protein (Crp) Levels in Synovial Lavage Fluid and Clinical Staging of Temporomandibular Joint internal Derangement Disorders By Diagnostic	Durga Shankar Gupta	International Journal of Environmental Sciences	2320-4737	2025

	Arthroscopy: A Prospective Study				
109	Correlation Between Tongue Morphology and Dental Arch Dimensions in Skeletal Class I and Class Ii Malocclusions: A Cephalometric Study	Shelly Saxena	International Journal of Environmental Sciences	2168-8184	2025
110	The Sivan Three-Dimensional Cone-Beam Computed Tomography Volumetric Imaging Protocol: A Novel Dual-Mode Rendering Technique For integrated Visualization of Temporomandibular Joint Disc and Osseous Structures To Evaluate Temporomandibular Joint Disorders	S Sathish	International Journal of Environmental Sciences	0911-6028	2025
111	Prevalence of The Histological Characteristics in Various Teeth of Different Age-Groups: An Observational in Vitro Study	Saurav Bathla	International Journal of Environmental Sciences	1526-3711	2025
112	Comparative Evaluation of Cytotoxicity, Anti-inflammatory, and Drug Release Profiles of Allicin-incorporated Go-Agnp Hydrogel: An in Vitro Study	Saurav Bathla	International Journal of Environmental Sciences	1526-3711	2025
113	Three-Dimensional Assessment of Mandibular Canal in Different Sagittal and Growth Patterns For Safe Placement of Temporary Skeletal Anchorage Devices: A Prospective Study	Shelly Saxena	International Journal of Environmental Sciences	0889-5406	2025
114	Periodontal and Microbiological Evaluation in Cleft Lip/Palate Patients Undergoing Orthodontic Treatment: An in Vitro Study	Sweta Yadav, Kalpana Yadav, Vibhuti Madhad, Ajay Kumar, Arpita Saha, Neha Agrawal	International Journal of Environmental Sciences	0973-2063	2025
115	Assessment of Pain Levels in Patients Undergoing	Ashutosh Kumar, Saleem Azhar,	International Journal of Environmental Sciences	0973-2063	2025

	Periodontal Versus Endodontic Treatment: A Cross-Sectional Observational Study	Swati Rai, Mansha Zarabi, Om Suman Bharti, Kafilul Bari Khan			
116	Design and Evaluation of Oral Thin Films of Ondansetron Hydrochloride For Rapid Onset of Action	Mohammad Zanul Abedeen	International l Journal of Environmental Sciences	2229-7359	2025
117	"Prevalence of Oral Precancerous Lesions and Conditions and Their Environmental, Behavioral, and Quality of Life Correlates Among Tobacco Users in Northern india: A Cross-Sectional Study"	Pradeep Tangade	International Journal of Environmental Sciences	2229-7359	2025
118	Association of Maxillary Labial Frenum Attachment and insertion With Midline Diastema in Children With Primary Dentition: A Cross-Sectional Study	Akash Bhatnagar	Cureus	2168-8184	2025
119	Transbuccal With Transoral Versus Transoralonly Approach For Open Reduction and internal Fixation of Mandibular Angle Fractures: A Prospective Study	Akansh Datta	Cureus Journal of Medical Science	2168-8184	2025
120	Correlation of Midpalatal Suture Maturation, Skeletal Age, and Chronological Age Using Likelihood Ratio- A Cone Beam Computed Tomography Study	Shelly Saxena	Clinical and investigative Orthodontics	2770-5781	2025
121	interdisciplinary Approach For The Management of Hypodontia in Orthodontics -A Case Report	Mukesh Kumar	Journal of Contemporary Orthodontics	2582-0478	2025
122	Cox-2 Expression and Its Correlation With Cyst Size in Radicular Cyst, Dentigerous Cyst, and Odontogenic Keratocyst: A Comparative Immunohistochemical Study	Mohammad Zanul Abedeen	Journal of Oral and Maxillofacial Pathology	0973-029X	2025

123	Assessment of Pain Levels in Patients Undergoing Periodontal Versus Endodontic Treatment: A Cross-Sectional Observational Study	Saleem Azhar	Bioinformation	0973-2063	2025
124	Predicting Treatment Pathways in Class Ii Malocclusion Patients Using Machine Learning: A Comparative Study of Four Algorithms For Classifying Camouflage, Growth Modulation, and Surgical Decisions	Ekta Yadav	International Orthodontics	1879-680X	2025
125	Management of Class Ii Division 2 Patient Treated With Carriere Motion Appliance	Ekta Yadav	Journal of Contemporary Orthodontics	2582-0478	2025
126	Comparative Study of Mini Screw Assisted Rapid Palatal Expansion (Marpe) and Surgically Assisted Rapid Palatal Expansion (Sarpe) in Young Adults	Akansh Datta	Bulletin of Stomatology and Maxillofacial Surgery	1829-006X	2025
127	Ameloblastic Fibroodonto Sarcoma – An Extremely Rare Case Report With Clinical and Radiological insights	S Sathish	Acta Marisiensis Seria Medica	2668-7755	2025
128	“Telengiectatic Osteosarcoma” – An Uncommon Rarity in Jaw Bone – A Case Report	Shilpi Srivastava	Journal of indian Academy of Oral Medicine and Radiology	0972-1363	2025
129	Assessment of Craniofacial Implants in Restoring Facial Function and Aesthetics	Akash Gopi	Bioinformation	0973-8894	2025
130	Traumatic Dental injuries: Prevalence and Associated Risk Factors Among School Children Aged 12-15 Years in Western Uttar Pradesh, india	Vikas Singh	Bioinformation	0973-8894	2025
131	Oral Health and Respiratory Disease: A Case-Control Study On Periodontal Status and Quality of Life Among Adults	Pradeep Tangade	Bioinformation	0973-2063	2025

132	An in Vitro Comparison and Evaluation of Silver Nanoparticles incorporated Poly Methyl Methacrylate Acrylic Denture Resin Against Candida Albicans	Vikas Singh	Journal of Pharmacy & Bioallied Sciences.	0975-7406	2025
133	Assessing The Efficacy of Garlic Pearls Combined With Lycopene Capsules On Mouth Opening in Oral Submucous Fibrosis Patients	Vikas Singh	Journal of Pharmacy & Bioallied Sciences.	0975-7406	2025
134	Effectiveness of Topical Ajwain Oil in Reducing Pain During Local Anaesthesia Administration in Paediatric Dental Patients: A Randomized Controlled Trial	Akash Bhatnagar	Journal of Oral Biology and Craniofacial Research	2212-4268	2025
135	Traumatic Dental injuries: Prevalence and Associated Risk Factors Among School Children Aged 12–15 Years in Western Uttar Pradesh, india	Vikas Singh	Bioinformation	0973-2063	2025
136	Comparative Analysis of Root Canal Curvature Measurement Methods For Permanent Mandibular Molars Distal Root: An Observational Study	Saurav Bathla	The Journal of Contemporary Dental Practice	1526-3711	2025
137	Digital Impression Making in Dentistry: A Review	Anjali Sharma	Bioinformation	0973-2063	2025
138	Curcumin Versus Triamcinolone Acetonide Gel in Treating Minor Recurrent Aphthous Stomatitis: A Randomized Trial	Ankita Jain	Bioinformation	0973-2063	2025
139	Kinesio Taping For Managing Postoperative Sequelae of Mandibular Third Molar Impaction: A Prospective Clinical Study	Durga Shankar Gupta	The Cureus Journal of Medical Science	2168-8184	2025
140	Thermal Field Management in Thyroid Ablation For Papillary Thyroid Carcinoma: Advancing	S Sathish	World Journal of Radiology	1949-8470	2025

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141	A Study To Assess The Effectiveness of Educational Package On Knowledge Regarding Anorexia Nervosa Among Adolescent Girls of Selected College of Moradabad	Basavaraj Mudhol	Cuestiones De Fisioterapia	1135-8599	2025
142	Rise of Netholicism: A Comprehensive Review of internet Addiction Among Today'S Youth	Yogesh Kumar	Journal of Education and Health Promotion	2277-9531	2025
143	The Alarming Rise of Lifestyle Diseases and Their Impact On Public Health: A Comprehensive Overview and Strategies For Overcoming The Epidemic	Ram Kumar Garg	Journal of Research in Medical Sciences	1735-7136	2025
144	The Impact of Organised Educational Campaigns On Understanding of Needle Sticks injuries and Related Post-Exposure Hiv/Aids Prophylaxis	Ram Kumar Garg, Yogesh Kumar	Journal of Family Medicine and Primary Care	2249-4863	2025
145	How Nursing Theory informs Implementation Science: A Systemic Review of Evidence-Based Practice and Nurse-Led initiatives For Sustainable Healthcare	Senthil T	International Journal of integrated Healthcare	1568-4156	2025
146	The Alarming Rise of Lifestyle Diseases and Their Impact On Public Health: A Comprehensive Overview and Strategies For Overcoming The Epidemic.	Ram Kumar Garg	Journal of Research in Medical Sciences	1735-1995 1735-7136	2025
147	Musqan initiative: Challenges and Opportunities	Ram Kumar Garg	International Journal of Preventive Medicine	2008-7802 2008-8213	2025
148	Describe The Various Aspects of Climate Change, including Temperature Fluctuations, Changes in	Ram Kumar Garg	Journal of Neonatal Surgery	2226-0439	2025

	Precipitation Patterns, and increased Frequency of Extreme Weather Events.				
149	Digital Transformation For Patient Safety: Narrative Review	Ram Kumar Garg	International Research Journal of Management Science & Technology	2250-1959 2348-9367	2025
150	Effects of Firecrackers: Adverse Impacts and Approaches For Eco-Friendly Alternatives	Ram Kumar Garg	Mukt Shabd Journal	2347-3150	2025
151	Safe Workspaces: Preventing Occupational Hazards Among Factory Workers	Ram Kumar Garg	Mukt Shabd Journal	2347-3150	2025
152	The Uptake of Lamaze Technique in Antenatal Care	Ram Kumar Garg	Iranian Journal of Nursing and Midwifery Research	1735-9066 2228-5504	2025
153	A Cross-Sectional Study To Assess The Level of Stress and Procrastination Among B.Sc. Nursing Students At Cimsr, Dehradun, Uttarakhand	Suman	Journal of Neonatal Surgery	2226-0439	2025
154	The Impact of Organised Educational Campaigns On Understanding of Needle Sticks injuries and Related Post-Exposure Hiv/Aids Prophylaxis	Yogesh Kumar	Journal of Family Medicine and Primary Care	2278-7135 2249-4863	2025
155	A Review of Convolutional Neural Networks For Medical Image Analysis: Trends and Future Directions	Lincy Joseph	Journal of Neonatal Surgery	2226-0439	2025
156	Effectiveness of An Educational Program On Knowledge Regarding Cardiac Rehabilitation Among Post-Myocardial infarction Patients Who Are Admitted To The Cardiac inpatient Department At A Selected Cardiac Hospital	Dildar, Mohamad; Vashist, Suman; Ahmed, Nafees; Massey, Julia; Negi, Heena; Cherian, Blessy;	International Journal of Environmental Sciences	2226-0439	2025
157	Impact of Technology Based Educational Programme On Mothers' Knowledge Regarding	Sharma, Kanika; Jeganathan, Joseph; Vashist, Suman; Khan,	International Journal of Environmental Sciences	2226-0439	2025

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159	Describe The Various Aspects of Climate Change, including Temperature Fluctuations, Changes in Precipitation Patterns, and increased Frequency of Extreme Weather Events	Ram Kumar Garg	International Journal of Environmental Sciences	2226-0439	2025
160	Mody: Strategies For A Unique Form of Diabetes	Ram Kumar Garg	International Journal of Environmental Sciences	2319-6440	2025
161	Emotional Consequences For Nurses involved in Medication Errors: A Review	Lincy Joseph	International Journal of Environmental Sciences	2229-7359	2025
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163	Nursing Strategies To Encourage Healthy Snacking Habits in Early Childhood Care Settings	Sapna Singh	International Journal of Environmental Sciences	2229-7359	2025
164	Strengthening Nurses' influence in Health Policy Decision-Making in india: A Nursing Perspective	Lincy Joseph	International Journal of Environmental Sciences	2229-7359	2025
165	Impact of Lifestyle Modifications On Menstrual Irregularities	Basavaraj Mudhol	International Journal of Environmental Sciences	2229-7359	2025
166	Sound-Reducing Pavement Solutions For Combating Urban Noise Pollution	Ram Kumar Garg	International Journal of Environmental Sciences	2229-7359	2025
167	Bridging The Gap: Ensuring Equitable Access To Healthcare Services For Cardiovascular Diseases Prevention	Ram Kumar Garg	Journal of The Practice of Cardiovascular Sciences	2454-2830	2025
168	integrating Traditional Healing With Modern Clinical Therapies: A Bioanalytical investigation	Basavaraj Mudhol	Journal of Applied Bioanalysis	2405-710X	2025

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169	Bioanalytical and Laboratory innovations in Physical Therapy Diagnostics: Advancing Detection and Monitoring of Musculoskeletal Disorders	Pooja Jha	Journal of Applied Bioanalysis	2405-710X	2025
170	Chlorophyll indexing Via Smartphones For Early Nutrient Stress Detection in Root Crops	Ram Kumar Garg	Musik in Bayern	0937-583X	2025
171	Non-invasive Prenatal Testing (Nipt): A Paradigm Shift in Prenatal Care	Ram Garg	International Journal of Preventive Medicine	2008-8213	2025
172	Comparative Analysis of Secondary Metabolites and Anxiolytic Effects in Hydroponic and Soil-Grown Basil (Ocimum Basilicum)	Mayur Porwal, Mukesh Singh Sikarwar	Journal of Young Pharmacist	0975-1483 0975-1505	2025
173	Cell Signalling Dynamics in The Human Body Pertaining To Cancer	Phool Chandra	Indian Drugs	0019-462X	2025
174	A Narrative Review On The Use of Green Synthesized Metallic Nanoparticles For Targeted Cancer Therapy	Himanshu Sharma, Prashant Kumar	Bioorganic Chemistry	1090-2120	2025
175	Breakthrough Opportunities of Nanotheranostics in Psoriasis: From Pathogenesis To Management Strategy	Himanshu Sharma	Infectious Disorders - Drug Targets	2212-3989	2025
176	Evaluation of Antiallergic Conjunctivitis Effects of Extract of Nelumbo Nucifera Rhizome and Its Isolated Constituents Against Chemical-induced Allergic Conjunctivitis in Experimental Rats	Phool Chandra	Journal of Chemistry	2090-9071	2025
177	Niosomal Gel Containing Dipivefrin Hydrochloride For Glaucoma Treatment: Development, Characterization and in Vitro-in Vivo Assessment	Vaibhav Rastogi	Food & Pharma international	2456-4192	2025

178	Correlation Between Cognitive Impairment and Peripheral Biomarkers - Significance of Phosphorylated Tau and Amyloid-B in Alzheimer'S Disease: A New insight	H Sharma	Current Psychiatry Research and Reviews	2666-0822	2025
179	Antioxidant Nutraceuticals: Their Adjunct Role in The Management of Covid-19 infections and Post-Covid Syndrome	H Sharma	Infectious Disorders Drug Targets	2212-3989	2025
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182	Formulation and Evaluation of Temperature Sensitive in Situ Ocular Gel Drug Delivery System of Acetazolamide For The Treatment of Glaucoma	Sumit Durgapal	Indian Journal of Pharmaceutical Education and Research	0019-5464	2025
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184	Development and Optimization of Roflumilast-Loaded Nanostructured Lipid Carrier (Nlcs) Formulation For Topical Delivery	Abhishek Singh	Oriental Journal of Chemistry	2231-5039	2025
185	An Overview of Unlocking The Power of Non-Coding	H Sharma	Current Drug Discovery Technologies	1570-1638	2025

	Rnas in Revolutionizing Cancer Therapy				
186	Protective Effect of Medicago Sativa L. Against Excision and incision Wound Models in Diabetic Rats	Phool Chandra	Current Diabetes Reviews	1573-3998	2025
187	Targeted Management: Unlocking The Crucial Role of Protacs in Cancer Treatment	Prashant Kumar	Current Drug Discovery Technologies	1570-1638	2025
188	intravaginal Delivery of Herbal Pharmaceutical interventions For Uncomplicated Utis in Women	Bhavna Singh	Current Women'S Health Reviews	1573-4048	2025
189	Phytochemistry and Ethnopharmacology of andrographis Paniculata and Adhatoda Vasaka	Prashant Kumar	Seejph South Eastern European Journal of Public Health	2197-5248	2025
190	A Simple, Cost-Efficient Stability-indicating Rp-Hplc Method For Simultaneous Estimation of Embelin and Piperine For Routine Analysis of Marketed Polyherbal Capsules and Tablets	H Sharma	Natural Product Research	1478-6419	2025
191	Recent Advances in Targeted Nanocomposite-Based Therapeutics For Cancer Therapy	R Pathak, P Halagali, Vk Tippavajhala, J Dodakallanavar, Et Al.	Current Drug Research Reviews	2589-9775	2025
192	A Comprehensive Study On The Cytotoxic Action of Bioactive Compounds of Three Himalayan Herbs	Rajesh Sharma	Pharmacognosy Reviews	0973-7847	2025
193	Decoding The Molecular Mechanisms of Mirnas: Protein interactions in Schizophrenia Pathogenesis	H Sharma	Current Protein & Peptide Science	1389-2037	2025
194	Next-Generation Whole-Exome Pattern: Advanced Methods and Clinical Significance	H Sharma	Current Gene Therapy	1566-5232	2025
195	Progresses in Wound Healing: integrating Nutrition, Physical Therapy, Traditional and	Phool Chandra	Current Diabetes Reviews	1573-3998	2025

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196	The Role of Epigenetics in Cognitive Aging: Mechanisms, interventions, and Future Directions	H Sharma	Aging Pathobiology and Therapeutics	2690-1803	2025
197	Unlocking The Role of Ph-Sensitive Nanoparticles in The Targeted Management of Different Types of Ulcers	Prashant Kumar	Drug Delivery Letters	2210-3031	2025
198	Systems Biology-Driven Discovery of Host-Targeted Therapeutics For Oropouche Virus	H Sharma	Pharmaceuticals	1424-8247	2025
199	The Potential of Coenzyme Q10 in Alzheimer'S Disease: Reducing Il-17 induced inflammation and Oxidative Stress For Neuroprotection	H Sharma	Current Drug Research Reviews	2589-9775	2025
200	Unravelling Lrrk2 Pathways in Parkinson'S Disease: Mechanisms and intricacies	H Sharma	Current Signal Transduction Therapy	1574-3624	2025
201	Advances in Anti-inflammatory Therapies For Cardiovascular Disease and Atherosclerosis	H Sharma	Current Signal Transduction Therapy	1574-3624	2025
202	Exploring The involvement of New Members of The interleukin Family in Cardiovascular Disease	H Sharma	Current Cardiology Reviews	1573-403X	2025
203	Development and Optimization of Mefenamic Acid Microspheres Utilizing Hydrophilic Polymers For Enhanced Drug Delivery	H Sharma	Recent innovations in Chemical Engineering	2405-5204	2025
204	Isolation and Characterization of Phytoconstituents From Lepidium Meyenii Roots, Antioxidant Activity and Molecular Docking Analysis For Alzheimer'S Disease	H Sharma, P Chandra	Current Bioactive Compounds	1573-4072	2025
205	Evaluation of Hepatoprotective and	Ashutosh Pathak	Cuestiones De Fisioterapia	1135-8599	2025

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206	Preparation and Evaluation of N-Acetyl D-Glucosamine Ethosomal Gel For The Treatment of Hyperpigmentation	Prashant Kumar	Journal of Pharmaceutical innovation	1872-5120	2025
207	Ludwigia Adscendens: Exploring The Botanical and Pharmacological Aspects	Sonika Gupta*1 , Rajesh Kumar Sharma	African Journal of Biological Sciences	2663-2187	2025
208	Plants As Medicine For Autism: Reviewing The Evidence For Phytopharmaceuticals For Asd	H Sharma	Current Bioactive Compounds	1573-4072	2025
209	Phytopharmacological insights into Ricinus Communis: A Comprehensive Overview	Surya Nath Pandey	Pharmacognosy Research	0976-4836	2025
210	A Review On The Therapeutic Potential of Herbal Remedies For Asthma	Mayur Porwal, Vaibhav Rastogi	Current Traditional Medicine	2215-0838	2025
211	Chip and Aging: A Key Regulator of Proteostasis and Cellular Senescence	Surya Nath Pandey	Biogerontology	1389-5729	2025
212	Atm and P53 in Aging and Cancer: A Double-Edged Sword in Genomic integrity	Surya Nath Pandey	Biogerontology	1389-5729	2025
213	Phyto-Nanotechnology For Cancer Therapy: A Review of Plant-Mediated Organic Nanoparticles For Targeted Drug Delivery	Ramineni Haribabu	Journal of Chemical Reviews	2676-6868	2025
214	Overcoming Drug Delivery Challenges With Lipid-Based Nanofibers For Enhanced Wound Repair	Krishana Kumar Sharma, Prakhar Varshney, Anurag Verma	Biomaterials Science	2047-4830	2025
215	Creatine Kinase in Prostate Cancer: A Biosensor-Driven Diagnostic Paradigm	Surya Nath Pandey	Clinica Chimica Acta	1873-3492	2025

216	Nanotechnology-Based Approaches For Targeted Drug Delivery To The Small intestine: Advancements and Challenges	Mayur Porwal, Phool Chandra, Anurag Verma	Current Pharmaceutical Design	1381-6128	2025
217	Quantum Dot Biosensors For Glioblastoma: Merging Nanotechnology With Precision Oncology	Surya Nath Pandey	Inorganic Chemistry Communications	1387-7003	2025
218	Synthesis of Some Thiazolyl and Oxazolyl Quinazoline Derivatives As Potential Anti-Microbial Agents	Krishana Kumar Sharma	Current Organic Synthesis	1570-1794	2025
219	Method Development and Validation For The Simultaneous Estimation of Ciprofloxacin and Tinidazole in Tablet Dosage Form By in – Vitro Dissolution Profile and Rp-Hplc	Ashutosh Pathak	Journal of Neonatal Surgery	2226-0439	2025
220	Green Nanotechnology Approach For Synthesizing Silver Nanoparticles From Ocimum Sanctum: Characterization and Antimicrobial Evaluation Against Common Waterborne Bacteria	Shaikh, Afzal; Mewara, Durga Kanwar; Mohapatra, Rashmi; Gupta, Prem Shankar; Mani, Binumol; Pathak, Ashutosh; Pagore, Ramesh R;	International Journal of Environmental Sciences	2229-7359; 0976-4402	2025
221	Pharmacokinetic and Stability Studies of Lipid-Based Nanoformulations of Antidiabetic Drugs	Patil, Anasuya; Bhise, Manish R; Rajput, Rekha Tarasingh; Kumar, Mohit; Somwanshi, Sachin Balkrishna; Kumar, Pramod;	International Journal of Environmental Sciences	2229-7359; 0976-4402	2025
222	Synthesis and Characterization of Copper Oxide Nanoparticles Using Epipremnum Aureum Extract : Biological Activities, and Environmental Applications	Prem Shankar Gupta	International Journal of Environmental Sciences	2229-7359; 0976-4402	2025

223	Box-Behnken Statistical Approach For Development and Characterization of Buoyant Oral Levofloxacin Tablets Using Natural and Synthetic Polymers	Mohit Kumar	International Journal of Environmental Sciences	2229-7359; 0976-4402	2025
224	Development and Evaluation of A Phytosomal Cream Containing Green Synthesized Gold Nanoparticles For The Management of Air Pollution-induced inflammatory Skin Disorders	Ashutosh Pathak	International Journal of Environmental Sciences	2229-7359; 0976-4402	2025
225	Pharmacognostic Evaluation and Standardization of androsace Globifera: Exploring Multifaceted Protocols and Parameters For Herbal Medicine Standardization	Pushpendra Kumar Shukla	International Journal of Environmental Sciences	2226-0439	2025
226	Synthesis, Characterization, and Bioactivity Studies of Triazolothiadiazines As Potential Antifungal Agents	Rajesh Kumar Sharma	International Journal of Environmental Sciences	2229-7359; 0976-4402	2025
227	Muc1 As A Diagnostic Biomarker and Sirna-Based Therapeutic Target in Breast Cancer: A Clinical Chemistry Perspective	Surya Nath Pandey	international Journal of Environmental Sciences	1873-3492	2025
228	Nano-Formulation of Phytochemicals To increase Antifungal Effectiveness Against Pathogens Resistant To Drugs	Deepak Singh	International Journal of Environmental Sciences	2226-0439	2025
229	From Egfr Mutations To Stat30-Driven Resistance in Nsclc: Biomarkers and Multi-Modal Treatment Approach	Surya Nath Pandey	International Journal of Environmental Sciences	1618-0631	2025
230	Exploring The Prevalence and Patterns of Herbal Medicine Use Among Patients With Chronic Diseases in Malaysia	Mohit Kumar	International Journal of Environmental Sciences	2229-7359; 0976-4402	2025
231	Phytogenic Fabrication and Characterization of Silver	Ashutosh Pathak	International Journal of Environmental Sciences	2229-7359;	2025

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232	Antioxidant and Anticancer Activity of Tamarix indica Aerial Extracts Against Dmba/Croton Oil-induced Skin Carcinogenesis in Mice	Aniruddh Dev Singh	International Journal of Environmental Sciences	2476-762X	2025
233	Comprehensive Computational Screening of 2-(2-(5-Phenyl-1H-Tetrazol-1-Yl)Ethyl)-1,2-Thiazetidine 1,1-Dioxide Derivatives As Potential Agents For Next-Generation Antibiotic Combating Drug-Resistant Community-Acquired Bacterial Pneumonia (Cabp)	Prem Shankar Gupta	International Journal of Environmental Sciences	2645-5676	2025
234	Exploring Gpr120/Ffar4 Pharmacology: Unveiling Novel Therapeutic Avenues Through Molecular Signaling Pathways For Alzheimer'S Disease intervention	Akash Verma	International Journal of Environmental Sciences	2666-3546	2025
235	Design and Evaluation of Gastroprotective Effervescent Granules incorporating Hydrotalcite and Deglycyrrhizinated Licorice	Mohit Kumar	International Journal of Environmental Sciences	2229-7359	2025
236	Design, Formulation, and Evaluation of A Herbal Nanoemulsion-Based Topical Gel Containing Neem (Azadirachta indica) and Vitamin E For Targeted Acne Treatment and Skin inflammation Control	Akash Verma	International Journal of Environmental Sciences	2229-7359	2025
237	investigation of Phytochemical and Anti-Ulcer Activity of Musa Sapientum (Banana)	Prem Shankar Gupta	International Journal of Environmental Sciences	2229-7359	2025

238	Synthesis and Pharmacological Evaluation of Novel Imidazole Derivatives As Antifungal Agents	Ramineni Haribabu	International Journal of Environmental Sciences	2229-7359	2025
239	Experimental investigation of Cynodon Dactylon Ethanolic Extract Against Allergic Conjunctivitis in Rats	Phool Chandra	International Journal of Environmental Sciences	2957-0468	2025
240	Anti-Diabetic Effects of Celosia Argentea Root in Diabetic Rats induced By Streptozotocin	Prem Shankar Gupta	International Journal of Environmental Sciences	2229-7359; 0976-4402	2025
241	Microbiome-Derived Bile Acids As Endogenous Regenerative Mediators in Liver Repair	Surya Nath Pandey	International Journal of Environmental Sciences	2352-3204	2025
242	Pulsatile Delivery of Modified-Release Esomeprazole Tablets Via Press Coating Technique For Enhanced Chronotherapeutic Efficacy	Prem Shankar Gupta	International Journal of Environmental Sciences	2229-7359	2025
243	Design and Evaluation of Nanocarrier-integrated Transdermal Patch For Glimepiride in Type 2 Diabetes	Rajesh Kumar Sharma	International Journal of Environmental Sciences	2229-7359	2025
244	Design, Synthesis and Characterization of Some Chalcone Pyrazole Analgues and Their Evaluation For Plant Growth Regulators	Ramineni Haribabu	International Journal of Environmental Sciences	2229-7359	2025
245	A Comprehensive Approach To Method Development and Validation For Simultaneous Quantification of Dapagliflozin, Vildagliptin, and Metformin in Tablet Formulation Using Hplc	Harishchandra Verma	International Journal of Environmental Sciences	0974-3618	2025
246	Design, Formulation, and Evaluation of andrographolide-Loaded Mucoadhesive Microspheres For Targeted	Ashutosh Pathak	International Journal of Environmental Sciences	2229-7359	2025

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247	Pharmacokinetic Evaluation of Chronomodulated Esomeprazole Delivery For Improved Night-Time Gerd Managements	Ashutosh Pathak	International Journal of Environmental Sciences	2229-7359	2025
248	Novel Benzothiazole-Based Cholinesterase inhibitors With Amyloid Beta Disaggregation and Antioxidant Activity Against Alzheimer'S Disease	Akash Verma	International Journal of Environmental Sciences	1768-3254	2025
249	Design and Synthesis of Tetrazole Tethered Quinazoline Derivatives Via Azide-Isocyanide Cross-Coupling Reaction: Exploring The Utility As Anticancer Agents Via The Src Kinase inhibition in Breast Cancer	Akash Verma	International Journal of Environmental Sciences	1090-2120	2025
250	A Phytoconstituents and Pharmacological Activities Guided Review On Nelumbo Nucifera Gaertn	Phool Chandra	International Journal of Environmental Sciences	2215-0838	2025
251	Stability-indicating Rp-Hplc Method For The Quantitative Determination of Amlodipine Besylate and Lisinopril in Combined Antihypertensive Formulations	Krishana Kumar Sharma	International Journal of Environmental Sciences	2229-7359	2025
252	Revolutionizing Enterprise Decision-Making: Leveraging Ai For Strategic Efficiency and Agility	Mohit Kumar	International Journal of Environmental Sciences	3079-1766	2025
253	innovative Design and Organizational Models For Future Pharmacy Management Services	Krishana Kumar Sharma	International Journal of Environmental Sciences	1581-5374 1855-363X	2025
254	inclusive Challenges in Education Policy: Nep 2020 Era: Promises, Practices, and Pitfalls	Prem Shankar Gupta	International Journal of Environmental Sciences	1581-5374 1855-363X	2025
255	Development and in Vitro Evaluation of Hydrophilic	Ramineni Haribabu	International Journal of Environmental Sciences	2229-7359	2025

	and Hydrophobic Polymer-Based Sustained Release Matrix Tablets of Fosfomycin For The Prolonged Management of Recurrent Urinary Tract infections				
256	Formulation and Optimization of Chrysin Emulgel Using 32 Factorial Design of Emulsifying and Gelling Agent For Enhanced Topical Delivery	Neha Singh, Phool Chandra	International Journal of Environmental Sciences	1568-5624	2025
257	Advancements in Nanosuspension Technology For Drug Delivery	Rm Hanwate, Rh Babu, Aa Wadhave, V Mishra	International Journal of Environmental Sciences	2731-4820	2025
258	Antioxidant and Molecular Docking insights of Bioactive Compounds Isolated From Ficus Palmata: Targeting H+K+ -Atpase Enzyme and H2 Receptor	Rashmi Pathak, Phool Chandra	International Journal of Environmental Sciences	1875-6662	2025
259	Bridging Mind and Gut: The Molecular Mechanisms of Microrna, Microbiota, and Cytokine interactions in Depression	Himanshu Sharma, Abdullah Al Noman, Iftakhar Ahmad, Susmita Deb Tonni, Tasmia Jahin Mim, Fahmida Afrose, Pranab Dev Sharma, Anwar Parvez, Samanta Tamanna, Md Al Azad, Rashmi Pathak	International Journal of Environmental Sciences	1875-5631	2025
260	Unravelling The Potential of Essential Oils For The Management of Dementia: Current insights	Sumit Durgapal, Prashant Kumar, Aanchal Loshali, Minky Mukhija, Bhupendra Singh, Abhishek Singh, Sushmita Uniyal & Bhuwan Chandra Joshi	International Journal of Environmental Sciences	3004-9261	2025
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S. No	Title of the Publication	Authors	Year	Reference
1	Research Methodology	Saumya Tripathi	2025	9789348460004
2	Advanced Forensic Science: Interdisciplinary Synergy From Crime Scene To Judicial Reform	Ravi Kumar	2025	9789371832861
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13	Luminous Innovations : The Role Of Laser Technology In Modern Dentistry	Anisha Luthra	2025	978-81-985969
14	Application Of Platelet Rich Fibrin In Oral And Maxillofacial Surgery	D S Gupta	2025	978-6208435127

15	Recent Advances In Local Anesthesia	D S Gupta	2025	978-6208441432
16	Fluid And Electrolyte Balance In Post- Operative Surgical Patients	Nimish Agrawal	2025	978-6208439644
17	Management Of Mandibular Third Molar	Nimish Agrawal	2025	978-620-8-43587-5
18	Current Trends In Wound Closure	Saubhagya Agarwal	2025	978-620-8-44210-1
19	Pulpotomy Agents Used In Pediatric Dentistry	Zainab Khan	2025	978-93-6554-131-1
20	Mobile Dental Unit	Vikas Singh, Ankita Jain	2025	9789348332653

Book Chapters Published (2025)

S. No	Title of the Publication	Authors	Year	Reference
1	Predictive Forensic Technologies:Digital Profiling ,Ai And Crime Prevention	Ravi Kumar	2025	978-9349566385
2	Photon-Counting Detector Ct Scan: Revolutionizing Medical Imaging	Deepak Katiyar	2025	978-93-6233-634-7
3	Radiographic Contrast Media: Safety And Complications	Deepak Katiyar	2025	978-93-6135-468-7
4	Employment Of Quantum Dots In Diagnostic And Therapeutic Approaches For Breast Cancer	Amit Bisht	2025	978-93-5834-913-9
5	Advancement In Photoacoustic Imaging: Principles And Applications	Deepak Katiyar	2025	978-93-7150-608-3
6	Forensic Science In The Prosecution Of Rape Cases In India: A Review Of Key Developments	Ravi Kumar	2025	978-93-49566-83-5
7	Advanced Trends In Medical Sciences	Amit Bisht	2025	978-93-6233-634-7
8	Cyber Forensics And Electronic Evidence	Ravi Kumar	2025	978-93-7183-359-2

9	Blockchain And Crime Prevention Strategies	Ravi Kumar	2025	978-93-7183-359-2
10	Ballistics And Firearms Examination: Scientific Analysis And Legal Application	Akash Chauhan	2025	978-93-49566-55-2
11	Dna Technology In Criminal Investigation: Legal Challenges	Yogesh Kumar	2025	978-93-7183-359-2
12	Digital And Cyber Forensics: Legal Norms And Evidentiary Complexities	Ravi Kumar	2025	978-9349566552
13	Narcotic Drugs And Psychotropic Substances Act: A Critical Review	Yogesh Kumar	2025	978-93-7183-359-2
14	The Linguistics Of Expert Testimony: Communicating Complex Forensic Concepts To Triers Of Fact	Saumya Tripathi	2025	978-9-371-83286-1
15	Terminal Ballistics	Ravi Kumar	2025	978-8-198-65908-8
16	Shotgun Ballistics	Akash Chauhan	2025	978-8-198-65908-8
17	Forensic Linguistics: Language Analysis In Indian Criminal Investigations Under New Criminal Laws	Anshika Srivastava	2025	978-9-349-56655-2
18	Next Gen Wound Care Innovations And Future Perspectives	Amit Bisht	2025	978-9-362-33634-7
19	Advanced Imaging Techniques In Neurology	Deepak Katiyar	2025	978-9-358-34912-2
20	External Ballistics	Anshika Srivastava	2025	978-8-198-65908-8
21	Alzheimer'S Disease: An Overview	Phool Chandra	2025	979-8-89530-143-2
22	Oxidative Stress And Neuroinflammation In Alzheimer'S Disease	Phool Chandra, Vaibhav Rastogi	2025	979-8-89530-143-2
23	Nanotherapeutics In Leishmaniasis	Vaibhav Rastogi, Urvashi Saxena	2025	978-0-443-28836-4
24	Explainable And Responsible Ai In Neuroscience	Himanshu Sharma	2025	9781394302444
25	Modified Starch In Food Packaging	Himanshu Sharma	2025	9781003455356
26	Edible Biopolymers For Food Applications	Himanshu Sharma	2025	9781003455356

27	Inulin As A Natural Ingredient In Cosmetics And Personal Care Products	Himanshu Sharma	2025	978-981-97-9056-2
28	Inulin As A Prebiotic And Its Effect On Gut Microbiota	Himanshu Sharma	2025	978-981-97-9056-2
29	Synergizing Sustainable Green Nanotechnology And Ai/Ml For Advanced Nanocarriers: A Paradigm Shift In The Treatment Of Neurodegenerative Diseases	Himanshu Sharma	2025	978-0-443-28822-7
30	Navigating The Nanoscopic Frontier: Ethical Dimensions In Developing Nanocarriers For Neurodegenerative Diseases	Himanshu Sharma	2025	978-0-443-28822-7
31	Reactive Oxygen Species In Neurodegenerative Disorders: Mechanisms And Therapeutics	Himanshu Sharma	2025	9798369379196
32	Advances In Natural Dyes For Environmental Protection	S Ashique, K Anand, P Kumar, K Dua, Dk Chellappan, N Fatima	2025	eBook ISBN97810034734 66
33	Machine Learning Techniques For Neuroimaging Analysis	Bhavana Singh, Amrish Chandra, Hema Arya Vandana, Gautam Kumar,	2025	9781032661025
34	Bioactive-Based Nanocarriers For Cosmeceuticals	B Singh, G Kumar, Vandana, H Arya, D Joshi, U Saxena, S Singh	2025	978-13-9428-734-5
35	Bioactive-Based Nanocarriers For Gastrointestinal System Disease	P Chandra, R Pathak, N Sachan, Ak Gupta, A Verma	2025	978-13-9428-734-5
36	Regulatory Frameworks And Intellectual Property Rights (Ipr) For Aptamer-Based Cancer Diagnosis And Therapy	Praveen Halagali, Shreya R. Naik, Vamshi Krishna Tippavajhala,	2025	978-981-96-8387-1
37	Grafted Polysaccharide As An Excipient For The Formulation Of Solid Dosage Form	P Chandra, Z Ali, N Sachan, N Fatma, A Verma	2025	978-10-0359-774-2
38	Cardiovascular Impacts Of Foodborne Toxins	V Sadashivanavar, M Madalageri, Ksr Pai, H Sharma, P Halagali	2025	978-3-031-94582-3

39	Probiotics And Their Potential Effects On Cancer Management	Garima Sahu, Alok Mukerjee, Sumel Ashique, Himanshu Sharma	2025	978-1-003-61074-8
40	Correlation Between Gut Microbiota And Cancer	Rashmi Pathak, Himanshu Sharma	2025	978-1-003-61074-8
41	Transport Models In Drug Absorption	Prem Shankar Gupta	2025	978-81-985724-7-9
42	Valorization Of Citrus Waste For The Synthesis Of Value Added Products	Himanshu Sharma	2025	978-3-031-77999-2
43	Biowaste From Citrus Reticulata Peels As An Effective Antiepileptic	Himanshu Sharma	2025	978-3-031-77999-2
44	Explainable And Responsible Ai In Neuroscience: Cognitive Neurostimulation	Phool Chandra, Himanshu Sharma, Neetu Sachan	2025	9781394302444
45	Machine Learning Techniques For Neuroimaging Analysis And Interpretation	Bhavana Singh, Amrish Chandra, Vandana, Hema Arya,	2025	9781032661025
46	Supplementation Of Nutrients For Weight Loss	Anurag Verma, Piyush Mittal, Priyansha Jain, Poorvi Jain	2025	9781003557883
47	Free Radicals And Tuberculosis	Phool Chandra, Prashant Kumar, Surya Nath Pandey, Manoj Bisht	2025	9781003560579
48	Proteins As Biocompatible Material For Biomedical Applications	Phool Chandra, Rashmi Pathak, Neetu Sachan, Anurag Verma	2025	978-3-031-79062-1
49	Dyes From Natural Products: Characterization, Chemical And Biochemical Analysis, And Their Importance	Sumel Ashique, Krishnan Anand, Prashant Kumar, Kamal Dua, Dinesh Kumar Chellappan, And Neda Fatima	2025	9781003473466
50	Experimental Animal Models And In-Vitro Models For Gastrointestinal Inflammation	Phool Chandra, Zeeshan Ali, Nishat Fatma, Neetu Sachan	2025	978-1-00349-314-3
51	Social, Economic, And Environmental Justifications For 3D Printing Of Pharmaceutical Products	Himanshu Sharma, Siddhant Jai Tyagi, Neha Pathak, Adarsh Keshari, Prakhar	2025	978-1-00343-950-9

		Varshney, Rashmi Pathak		
52	Impact Of Nutraceuticals On Gut Microbiota For The Management Of Inflammatory Bowel Disease	Ushasi Das, Monika Kaushik, Neeraj Mishra, Himanshu Sharma, Subhajit Mandal, Popat,	2025	978-1-00359-833-6
53	Exploring The State-Of-Art Of Lipid Nanomedicines For Obstructive Pulmonary Diseases	H Sharma, M Kaushik, S Ashique, A Islam, S Mandal, N Mojgani	2025	978-0-44322-375-4
54	Role Of The Immune System In Wound Healing And Strategies To Modulate Immune Responses To Promote Wound Healing	Phool Chandra, Shahjad, Anurag Verma, Neetu Sachan	2025	978-1-00360-596-6
55	Classes/Types Of Polymers Used In Oral Delivery (Natural, Semisynthetic, Synthetic), Their Chemical Structure And General Functionalities	Deepanjan Datta, Viola Colaco, Sony Priyanka Bandi, Himanshu Sharma, Namdev Dhas, Prabhanjan S. Giram	2025	978-0-443-13774-7
56	Emerging Trends In Medical Research And Practice	Abhishek Anand	2025	978-81-986895-9-7
57	Evans Syndrome: A Rare Case Of Concurrent Autoimmune Haemolytic Anaemia And Immune Thrombocytopenia	Mithul V. Mammen	2025	2578-501X
58	Unveiling Haloperidol'S Impact: A Case Report On Induced Parkinsonism And Extrapyramidal Symptoms	Abhishek Anand	2025	978-81-958975-3-7
59	Skin And Nanotoxicity: An Overview	Phool Chandra	2025	978-0-443-36326-9
60	Steroid-Induced Superficial Fungal Infections: A Case Of Prednisone-Associated Tinea Corporis And Tinea Cruris	Abhishek Anand	2025	978-8-195-89750-6
61	Parental Expectations And Academic Performance: A Comparative Study Of Mothers' And Fathers' Perspectives Among School Children	Sapna Singh	2025	978-93-49473-11-9
62	Gender Equality And Woman'S Empowerment	Yogesh Kumar, Ram Kumar Garg	2025	978-81-986038-3-8

63	Media, Culture And Communication	Ram Kumar Garg, Pooja Jha	2025	978-81-986863-2-9
64	Sociology And Social Work	Ram Kumar Garg	2025	978-81-986863-2-9
65	Role Of Artificial Intelligence In Climate Adaptation	Ram Kumar Garg	2025	978-93-48791-23-8
66	Global Perspectives On Smart City Initiatives	Ram Kumar Garg	2025	978-93-48791-23-8
67	Cooperative Learning	Chetna Vashishth	2025	978-81-982529-2-0
68	Revolutionizing Learning: How Digital Transformation Is Reshaping Education	Yogesh Kumar	2025	978-81-986038-3-8
69	Peer Teaching	Bibha Kumari	2025	978-81-982529-2-0
70	Open Educational Resources	Gaurav Kumar	2025	978-81-982529-2-0
71	Nursing As A Profession	Bibha Kumari	2025	978-88909673-3-8
72	Comprehensive Guide To Cardiovascular, Respiratory And Renal Disorders	Shailendra Verma	2025	978-81-985724-1-7
73	Parental Expectations And Academic Performance: A Comparative Study Of Mothers' And Fathers' Perspectives Among School Children	Sapna Singh	2025	978-93-49473-50-8
74	Gender Equality And Women'S Empowerment	Ram Kumar Garg	2025	978-81-986038-3-8
75	Global Health: Public Health Topics, Including Infectious Diseases, Healthcare Access, And Health Disparities	Ram Kumar Garg	2025	978-81-989828-2-7
76	Mental Health And Well-Being: Research On Mental Health Issues, Psychological Well-Being, And Strategies For Improving Mental Health Support	Ram Kumar Garg	2025	978-81-989828-2-7
77	Emotional Challenges And Coping Responses Of Parents Of Intellectually Challenged Children	Sapna Singh	2025	978-93-88417-71-6

78	Psychological Approaches In Chronic Pain Management	Nand Kishor Sah, Himani Rathi	2025	978-93-49686+-83-0
79	Physiotherapy And Occupational Health: Reducing Workplace Injuries Through Interdisciplinary Design	Nand Kishor Sah, Himani Rathi	2025	978-81-986735-8-9
80	Role Of Applied Psychology In Physiotherapy Students' Professional Development	Samarpita Senapati, Kanchan Kholiya	2025	978-93-6135-554-7 978-93-6135-220-0
81	Assistive Technologies And Artificial Intelligence Tools In Classroom	Neelam Chauhan	2025	978-93-7032-770-2
82	Understanding The Concept Of Ecology And Sustainable Development	Neelam Chauhan	2025	978-93-7032-932-4

Patents Granted (2025)

S.No	Patent Title	Faculty Name	Year	Status	Application/ Registration No.
1	Corticosteroid-Based Interventions to Enhance Recovery and Quality of Life After Third Molar Extraction	Dr DS Gupta, Dr. Shilpi Srivastava, Dr. Tabiha Khan, Dr Saubhagya Agarwal	2025	Granted	202411092877 A

3.2.1-GRADUATES IN HEALTH PROFESSION

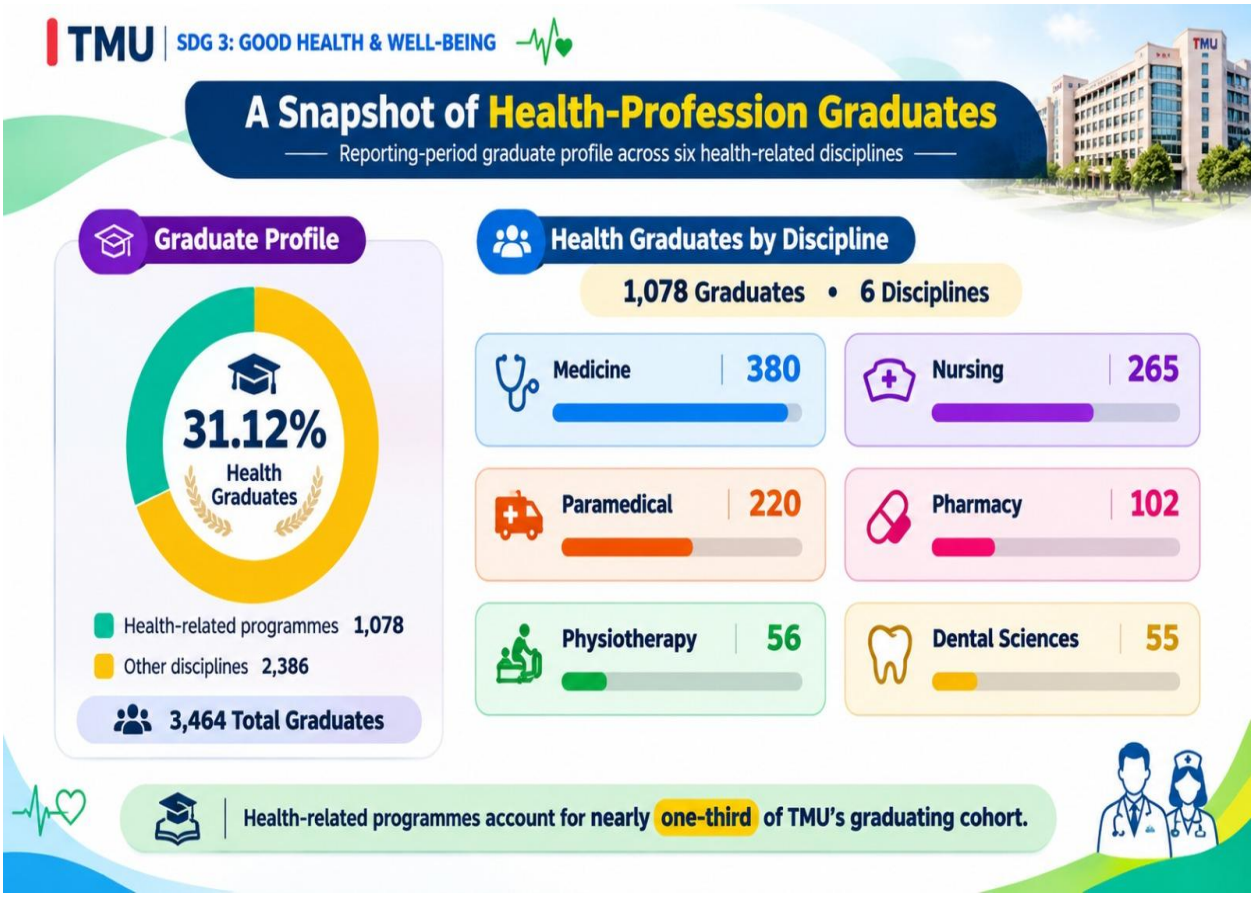
Teerthanker Mahaveer University (TMU), offers academic programmes in medicine, dentistry, nursing, physiotherapy, pharmacy, and paramedical sciences under medical discipline to prepare students for professional roles in the healthcare sector. These programmes equip graduates with the knowledge and practical skills required for patient care, disease prevention, rehabilitation, diagnostic services, pharmaceutical practice, and community health. The development of a skilled healthcare workforce is an important part of Sustainable Development Goal 3 (Good Health and Well-being).

During this period, TMU awarded degrees to 3,464 graduates across all academic disciplines, of whom 1,078 completed programmes under medcial diciplines. Health graduates accounted for 31.12% of the total graduating cohort, while the remaining 2,386 graduates came from other disciplines. This distribution shows that health sciences form a substantial part of the University's academic programmes.

Among the medical disciplines, Medicine recorded the highest number of graduates, with 380, followed by Nursing with 265 and Paramedical Sciences with 220. Pharmacy recorded 102 graduates, while Physiotherapy and Dental Sciences recorded 56 and 55 graduates, respectively. Together, these six disciplines prepare graduates for different responsibilities within the healthcare system.

Medical graduates are trained for the diagnosis and treatment of illnesses, while nursing graduates prepare for patient care, clinical support, and health education. Dental graduates focus on oral healthcare and preventive dentistry. Physiotherapy graduates work in rehabilitation and the restoration of physical function, while pharmacy graduates receive training in medicines and their appropriate use. Paramedical graduates develop skills relevant to diagnostic procedures and allied healthcare services. These professional roles are important for the delivery of coordinated and effective healthcare.

The number of graduates across these disciplines reflects the range of health-related education available at TMU. By preparing students for clinical practice, rehabilitation, diagnostics, medication-related services, and community health, the University helps meet the varied workforce requirements of the healthcare sector. This work is relevant to SDG 3, which seeks to improve health and well-being and strengthen the availability of trained health professionals. The figures presented below provide an overview of TMU's graduating cohort and the distribution of graduates across its health-related programmes.



3.3.1-COLLABORATIONS WITH HEALTH INSTITUTIONS

S.No	Name of Collaborating organization	Duration of MoU		Link to MoU
		Starting Date	Ending Date	
1	Indian Association of Oral Implantologists	10/04/26	09/04/31	View_MoU
2	Silver Line Laboratories	01/04/26	01/04/31	View_MoU
3	IVOCLAR	21/11/24	11/11/25	View_MoU
4	SASAKAWA India Leprosy Foundation	13/06/24	06/12/26	View_MoU
5	NIIMS	11/03/24	11/03/25	View_MoU
6	Mibiz Cyber Forensic Lab, Kerala	28/02/24	27/02/29	View_MoU
7	CARL ZEISS, Bangalore	28/02/24	27/02/27	View_MoU
8	Atharva Lab, Noida	28/02/24	27/02/29	View_MoU
9	GINRA Foundation	07/08/23	06/08/26	View_MoU
10	DAPMRV Dental College	05/04/23	05/04/28	View_MoU
11	Pioneer Centre of Biosciences	28/02/23	27/02/25	View_MoU
12	IDST, MODINAGAR	16/05/22	16/05/27	View_MoU
13	Hawkeye Eye Forensic Noida	30/04/22	29/04/27	View_MoU
14	Jeevan Jyoti Hospital Moradabad	30/03/22	Life Time Agreement	View_MoU
15	Atal Incubation Centre-BAMU	18/08/21	17/08/26	View_MoU
16	Jupitar Life Line Hospital, Mumbai	28/06/21	One Time Agreement	View_MoU

17	Sumandeep Vidyapeeth Deemed to be University	04/03/21	03/03/31	View MoU
18	Health Care at Home India Pvt. Ltd (HCAH)	24/06/19	One Time Agreement	View MoU

Indian Association of Oral Implantologists (IAOI) Selects TMU as Exclusive Academic Partner in Oral Implantology Evidence

The institution continues to strengthen academic and professional collaborations with reputed national organizations to enhance educational quality, clinical exposure, research opportunities, and professional development for students and faculty. Such collaborations are aligned with SDG 3: Good Health and Well-Being by promoting evidence-based healthcare education, capacity building, and improved clinical practices.



MoU Exchange between IAOI and TMU

During the current academic year, the institution entered into a national-level Memorandum of Understanding (MoU) with the Indian Association of Oral Implantologists (IAOI). This collaboration is aimed at strengthening academic interaction and professional exposure in the field of oral implantology.

The MoU facilitates opportunities for academic exchange, expert lectures, continuing dental education programmes, workshops, hands-on training, clinical skill enhancement, and professional development activities involving faculty members and students. The association with a national professional body also supports greater exposure to contemporary concepts, emerging technologies, evidence-based implant practices, and advancements in implant dentistry. Through this collaboration, the institution seeks to promote interaction between academicians and experienced clinicians, encourage knowledge sharing, support research-oriented activities, and enhance the competency of students and faculty in implant-related clinical practice. The partnership further contributes to the institution's commitment to providing quality education, strengthening industry-professional linkages, and improving healthcare services through continuous academic and clinical advancement.



Signing of the MoU between IAOI and TMU

Impact of Collaboration

- **Enhanced Clinical Training & Exposure** – Expanded observerships, specialty exposure, and quicker referral pathways for complex cases.
- **Continuous Professional Development** – CDE programs and joint training standardize protocols and upskill practitioners.
- **Integration of Advanced Technologies** – Access to global restorative materials, workflows, and mentorship accelerates adoption of best practices.
- **Multi-Centre Research & Knowledge Exchange** – Collaborative studies and product evaluations strengthen evidence-based care.
- **Global Alignment & Community Outreach** – Partnerships ensure world-class standards, preventive services, and broader impact.

3.3.2-HEALTH OUTREACH PROGRAMMES

TMU Hospital: Clinical Infrastructure Supporting Healthcare Access and Community Outreach

TMU Hospital provides a clinical foundation for healthcare access and health outreach through its 24-hour services, more than 1,000 beds, emergency care, diagnostic facilities, inpatient services and a wide range of specialist departments. Its facilities cover primary, secondary and tertiary care, including cardiology, neurology, nephrology, orthopaedics, obstetrics and gynaecology, paediatrics, psychiatry, ophthalmology, dental care and physiotherapy. The hospital also offers critical care, specialist surgery, dialysis and advanced diagnostic services, enabling people to access different levels of medical assessment and treatment within the university's healthcare system.



Teerthanker Mahaveer University Hospital, Moradabad, India

These clinical facilities provide a base for TMU's health-related activities, including health education, preventive care, screening and referral for further treatment. The hospital also supports the practical training of medical, nursing and allied-health students through supervised exposure to clinical and diagnostic services. The focus of the Instituion extends beyond the availability of hospital facilities to documented health outreach programmes, the communities reached, screening and awareness activities conducted, and evidence of participation and services delivered during the reporting period.

Community Health Outreach through Urban and Rural Health Training Centres

TMU's Department of Community Medicine extends health education and field-based learning through its Urban Health and Training Centre (UHTC) at Manjhauli and Rural Health and Training Centre (RHTC) at Amroha. These centres provide outpatient services, laboratory facilities and specialist clinics, with the RHTC also offering inpatient care, a labour room and immunisation services. The UHTC provides several services free of charge. Together, these facilities support community-based healthcare and help medical students understand the health needs, household conditions and socio-cultural factors affecting urban and rural populations.



Urban Health Centre of Teerthanker Mahaveer University, Moradabad

The department also conducts health camps, school-health activities and family-health services, connecting clinical learning with community-level health needs. These activities provide a basis for documenting health education, preventive services, screening and referral beyond the hospital setting. While the available information confirms TMU's urban and rural field-practice centres, the proposed 75-km service radius and the total population reached require further verification through approved catchment maps, service registers, camp reports and beneficiary records. Such documentation will help establish the geographical reach and scale of TMU's health outreach programmes during the reporting period.



Rural Health Centre of Teerthanker Mahaveer University, Moradabad

Mobile Dental Van: Taking Oral Healthcare to the Community Evidence

In 2026, Teerthanker Mahaveer Dental College and Research Centre introduced a mobile dental van to extend oral healthcare beyond conventional clinical settings and make preventive dental services more accessible. The van was deployed during the "Wheels of Care: Reaching Women with Essential Oral Health Services" programme conducted on 15 April 2026 at the College of Nursing campus under Mission Shakti. The initiative provided on-site oral examinations, screening for dental caries and gum diseases, basic dental treatment, and guidance on oral hygiene, brushing

techniques and diet. Participants requiring further care were issued referral cards for treatment at the dental college. The programme benefited female nursing students by bringing screening and preventive care directly to their campus, while supervised participation by postgraduate students and interns provided practical clinical exposure. The mobile dental service also supports TMU's wider community-health outreach model, through which dental services and health education can be taken to urban and rural populations.



Inaugural of Teerthanker Mahaveer University Dental Van

Community Health Camps and Preventive Healthcare Services

Building on the services provided through TMU Hospital, its Urban and Rural Health Training Centres, and the mobile dental van, Teerthanker Mahaveer University (TMU) extends health outreach to communities through screening camps, preventive healthcare activities, health education, and referral services. These initiatives are undertaken by departments such as Community Medicine, Dentistry, Nursing, and Physiotherapy, with faculty members and students participating in supervised community-based activities. The programmes address a range of health needs, including oral health, non-communicable diseases, maternal and child health, and physical

rehabilitation, while helping community members access health information and preliminary care closer to their places of residence.

TMU's outreach activities include dental and physiotherapy camps in villages and other community settings, blood pressure and blood glucose screening, maternal and child health services, vaccination awareness, and village-level health education. Student participation through clinical postings and National Service Scheme (NSS) activities provides practical exposure to public health practice while supporting the delivery of community-based services. The university's dental outreach records document more than 52 oral health camps conducted across schools and villages, involving services such as dental screening, fluoride application, and oral hygiene education. The available report also records approximately 4,246 individuals reached through these activities and nearly 766 referrals to TMU Hospital for follow-up care. Together, these programmes demonstrate how TMU extends healthcare beyond its hospital and campus through preventive services, early identification of health concerns, health awareness, and referral for further treatment.

Breast Cancer awareness in The Community area Khothikhidmatpur Amroha Evidence

B.Sc. Nursing students conducted a Breast Cancer Awareness Programme in the community area of Khothikhidmatpur, Amroha, with the objective of educating women about breast cancer and promoting early detection. The students carried out door-to-door visits and interacted with women to provide information about breast cancer, its risk factors, common warning signs, and the importance of timely diagnosis. They educated the women about recognising unusual changes in the breasts, such as lumps, changes in breast shape, and abnormal nipple discharge. The students also emphasised the importance of breast self-awareness, seeking timely medical consultation, and undergoing appropriate screening as recommended by healthcare professionals. The programme encouraged women to clarify their doubts and actively participate in maintaining their health.



.Spreading awareness on Breast Cancer among the Participants

TMU Organises Menstrual Hygiene Awareness Programme in Amroha Under Mission Shakti 5.0 Evidence

TMU organised a Menstrual Hygiene Awareness Programme under Mission Shakti 5.0 (Second Stage) at Rasoolpur Gurjur, Amroha, Uttar Pradesh. The programme involved 30 participants, including 15 students, two faculty members, and 13 community members. The initiative aimed to promote menstrual health awareness, personal hygiene, women's health, dignity, and empowerment. Students conducted educational activities on menstruation, menstrual hygiene practices, sanitary pad use and disposal, personal cleanliness, and recognising menstrual health concerns requiring medical attention. Participants also received guidance on balanced nutrition, iron-rich foods, hydration, adequate rest, and healthy lifestyle habits. Mission Shakti 5.0 (Second Stage), the programme encouraged open discussions and helped address misconceptions

surrounding menstruation by promoting menstrual health education, informed self-care, and women's dignity and empowerment.



Participants of the Mission Shakti 5.0

Clean Air Awareness Rally – International Day of Clean Air for Blue Skies-View_Rally

On the occasion of the International Day of Clean Air for Blue Skies, students actively participated in a Clean Air Awareness Rally in the community to promote awareness about air pollution and its impact on human health and the environment. During the rally, students interacted with community members and disseminated information about the harmful effects of air pollution, including respiratory problems and other health concerns. They emphasised the importance of adopting eco-friendly practices, reducing vehicular emissions, avoiding the burning of waste, planting trees, and maintaining a clean and healthy environment. The rally encouraged community members to take collective responsibility for reducing pollution and protecting natural resources. This awareness activity promoted environmental responsibility and highlighted the importance of collective efforts towards ensuring clean air, healthy living, and a sustainable future for all.



Students at the Rally Spreading Awareness on Clean Air

NSS Activity: Solid Waste Management and Plastic-Free Community Evidence

The National Service Scheme (NSS) organised an awareness and cleanliness drive on Solid Waste Management and the promotion of a Plastic-Free Community at Namittula Nagar, with active participation from B.Sc. Nursing students. The activity aimed to educate community members about the importance of proper waste disposal, waste segregation, recycling, and maintaining a clean and hygienic environment. The nursing students interacted with residents and spread awareness about the harmful effects of single-use plastics on human health and the environment. They encouraged community members to adopt eco-friendly practices, minimise plastic consumption, use reusable bags, and dispose of waste responsibly. The cleanliness drive promoted community participation and highlighted the importance of individual responsibility in maintaining environmental hygiene. The activity helped reinforce the role of nursing students in community health promotion, environmental protection, and the development of a cleaner, healthier, and plastic-free community



Student Volunteers at the School for the Awareness on Waste Management

Nutrition Awareness Rally – "Discover the Power of Nutrition" Evidence

A Nutrition Awareness Rally was organised in the community area of Kothi Khidmatpur, with the theme "Discover the Power of Nutrition." Nursing students actively participated in the rally to promote awareness among community members about the importance of balanced nutrition and healthy dietary practices. During the rally, students disseminated information about the benefits of consuming a balanced diet rich in essential nutrients, including proteins, vitamins, minerals, and dietary fibre. They highlighted the importance of incorporating fresh fruits, vegetables, whole grains, and adequate water into daily meals. The students also educated community members about the consequences of malnutrition, unhealthy eating habits, and nutritional deficiencies, particularly among women and children. The rally encouraged people to adopt healthy food choices and follow appropriate dietary practices to maintain overall health and well-being. The activity contributed to strengthening community awareness about the role of nutrition in disease prevention, health promotion, and the development of a healthy lifestyle.



Students Rallying through the Streets of Shahidpur

TMU Hospital Successfully Manages a Rare High-Risk Quadruplet Pregnancy Evidence

Teerthanker Mahaveer University (TMU) Hospital, Moradabad, achieved a significant medical milestone by successfully managing a rare and highly complicated quadruplet pregnancy involving a woman, Amina, from Obri village in Sambhal District. The pregnancy was particularly challenging as all four babies developed in separate sacs, while the mother also experienced liver-related complications and high blood pressure. After identifying the quadruplet pregnancy during the second month, the hospital's medical team initiated regular monitoring, medical evaluation and specialised care. Despite the initial recommendation of fetal reduction due to the associated risks, the family decided to continue the pregnancy under the supervision of the hospital's specialists. On 8th May, Amina developed labour pain and was admitted to TMU Hospital. The first baby, a boy weighing approximately 710 grams, was delivered through normal vaginal delivery on 9th May.



Doctors with Quadruplet Pregnancy MotherConsidering the early gestational age of approximately six and a half to seven months, the doctors carefully monitored the mother and remaining babies before proceeding with the subsequent deliveries. Within the following few days, three more babies—one boy and two girls—were successfully delivered through normal vaginal delivery. All four newborns were placed under medical supervision, with specialised neonatal care provided according to their individual clinical requirements.The case was managed under the supervision of Dr. Shubhra Agrawal, Dr. Purti, Dr. Roli and Dr. Monica, along with the hospital's multidisciplinary medical and nursing teams. Continuous monitoring, timely clinical decisions, coordinated obstetric care and neonatal support played important roles in managing this complex pregnancy. The family expressed gratitude to the doctors and hospital staff for their medical care, guidance and support throughout the treatment.

The successful management of this high-risk pregnancy demonstrates TMU Hospital's capacity to handle complex maternal and neonatal cases through coordinated specialist care. The achievement highlights the importance of access to advanced obstetric services, timely medical intervention and specialised newborn care. It aligns with SDG 3 – Good Health and Well-being, particularly the objectives of improving maternal health, ensuring safe childbirth and strengthening newborn healthcare services.

Distribution of 126 Nutrition Kits to TB Patients and Launch of Free Maternity Delivery Initiative Evidence

Teerthanker Mahaveer University (TMU), Moradabad, organised a special community health initiative under the Ni-Kshay Mitra Programme, the National Tuberculosis Elimination Programme (NTEP) and Poshan Maah 2025. During the programme, 126 tuberculosis (TB) patients received nutrition kits to support their nutritional needs during treatment. The kits contained protein-rich and nutritious food items, including soybeans, jaggery, roasted gram, porridge, pulses, dry fruits and biscuits. The University also announced that monthly nutrition kits would continue to be provided to the identified TB patients until their recovery, as part of its support under the Ni-Kshay Mitra initiative.



Beneficiaries of Nutrition Kit during the Distribution

Alongside the TB nutrition support programme, TMU Medical College & Research Centre announced a year-long initiative to provide 300 free maternity deliveries every month, from 17 September 2025 to 17 September 2026, under the campaign ‘Swasth Nari, Sashakt Parivar’. The

initiative aimed to improve access to maternity services and promote safe childbirth and women's health. The relevance of these efforts to national healthcare priorities, were addressed during the event along with the emphasis on the importance of women's health for family and community well-being.



Distribution of Nutrition Kits

The event included awareness sessions on nutrition, hygiene and preventive healthcare, followed by a pledge to support the vision of a TB-free India. TMU also announced a forthcoming Mega Health and Cleanliness Drive on 2 October 2025, coinciding with Gandhi Jayanti, featuring free medical check-ups, nutritional guidance and health awareness activities for women and underserved families. Through these initiatives, TMU extended nutritional support to people undergoing TB treatment while promoting accessible maternal healthcare and preventive health awareness.

The programme aligns with SDG 3 – Good Health and Well-being, particularly through nutritional support for TB patients, prevention and control of communicable diseases, and improved access to maternal healthcare. It also supports SDG 2 – Zero Hunger through the distribution of nutritious food kits and SDG 5 – Gender Equality through initiatives aimed at improving women's access to maternity care and health services.

Week-Long Breastfeeding Awareness Campaign under World Breastfeeding Week Evidence

Teerthanker Mahaveer Medical College & Research Centre (TMMC&RC), Teerthanker Mahaveer University, Moradabad, organised a week-long breastfeeding awareness campaign to mark World Breastfeeding Week, under the global theme “Prioritise Breastfeeding: Create Sustainable Support Systems.” Spearheaded by the Department of Community Medicine, the campaign began with a community awareness programme at Bagadpur village and concluded at Hasanpur village. It focused on educating pregnant women, breastfeeding mothers and caregivers about the importance of breastfeeding, appropriate feeding practices and its benefits for maternal and child health.



Participants in the Breastfeeding Awareness Programme

The campaign featured audio-visual demonstrations, interactive counselling sessions and discussions addressing common myths and misconceptions about breastfeeding. Faculty members conducted awareness sessions covering the nutritional and immunity-related benefits of breastfeeding, correct feeding positions and practical ways to overcome common breastfeeding challenges. The Department of Paediatrics also organised activities throughout the week to engage mothers, students and community members in breastfeeding education.

As part of the student engagement activities, a poster-making competition was organised for medical students to communicate the benefits of breastfeeding and address prevalent myths. The posters were displayed in the maternal and child healthcare wards, allowing patients and visitors to access the information, and prizes were awarded to the best entries. MD Community Medicine students and MBBS interns also conducted household visits and health talks, extending breastfeeding awareness directly to families in the community.

Through community outreach, counselling, household visits and student-led awareness activities, the campaign strengthened access to breastfeeding-related health education among women and families in rural and hospital settings.

Skit-Based Awareness Programme on the Importance of ORS in Childhood Diarrhoea Evidence

The Department of Paediatrics, Teerthanker Mahaveer Medical College and Research Centre (TMMCRC), Moradabad, organised a skit-based health awareness programme to educate parents of young children about the importance of Oral Rehydration Solution (ORS) in preventing and managing dehydration associated with diarrhoea. During the programme, Prof. (Dr.) Rupa Rajbhandari Singh, Head of the Department of Paediatrics, explained the health risks associated with childhood diarrhoea and highlighted the role of timely ORS administration in replenishing lost fluids. Parents were guided on the correct preparation, administration and storage of ORS, along with alternative home-based preparation methods when ready-made ORS packets are unavailable.

The main attraction was a street play titled “Dast Dilemma – Tale of Two Families”, performed by fourth-year MBBS students under the guidance of Paediatric Resident Dr. Ishita. The performance illustrated the difference between families that follow appropriate medical advice and administer ORS promptly and those that rely on superstitious practices, potentially delaying treatment and worsening a child's condition. The cast included Harsh Tyagi, Devanshi Mehndiratta, Vimrashi Shukla, Divyanshi Jain and Divya Jain, with Hitesh Kumar as narrator and Gauri Dhyani as scriptwriter. Musical chair and dance activities were also organised for paediatric inpatients, with prizes distributed to participating children. Dr. Shruti Jain, Dr. B.K. Gaur and Dr. Fatima Afreen attended the programme, while Dr. N.S. Chidambaram coordinated and hosted the event.



Children with Pediatricians (TMU Hospital)

Through interactive storytelling, expert guidance and recreational activities, the programme strengthened awareness among parents about childhood diarrhoea, dehydration prevention and the timely use of ORS. It also created an engaging and supportive environment for young patients during their hospital stay. The initiative aligns with SDG 3 – Good Health and Well-being,

particularly the promotion of child health, preventive healthcare, health education and improved awareness of measures to prevent avoidable complications associated with childhood diarrhoea.

Series of Community Health Initiatives under 'Swasth Nari, Sashakt Parivar Abhiyaan' Evidence

Teerthanker Mahaveer Medical College & Research Centre (TMMC&RC), Teerthanker Mahaveer University, Moradabad, organised a series of community health initiatives during September and October 2025 under the 'Swasth Nari, Sashakt Parivar Abhiyaan'. The activities focused on preventive healthcare, early disease detection, maternal and child health, nutritional awareness, menstrual hygiene and voluntary blood donation. Through these initiatives, different clinical departments engaged with women, children, adolescents and other community members to improve health awareness and promote timely access to healthcare services.



Screening of Community Women

1. Breast and Oral Cancer Screening Camp – 19 September 2025: The Department of Surgery organised a Breast and Oral Cancer Screening Camp to promote early detection and awareness of cancer. Women participants received guidance on breast self-examination, while oral screening was conducted to identify suspected precancerous lesions. Participants were also counselled on the harmful effects of tobacco consumption and the importance of preventive lifestyle practices. More than **150 individuals** underwent screening during the camp. The programme concluded with positive community feedback and plans for regular follow-up camps.

2. Anaemia Screening Drive – 23 September 2025: The Department of Paediatrics organised an Anaemia Screening Drive under the 'Swasth Nari, Sashakt Parivar Abhiyaan' and 'Anemia Mukt Bharat' initiatives, focusing on children and adolescent girls. Participants underwent free haemoglobin testing to identify anaemia. Those diagnosed with anaemia received iron and folic acid supplementation, along with dietary counselling on iron-rich foods and nutritional practices. Hindi awareness posters were also displayed to educate parents about anaemia screening, prevention and the importance of nutritional health.



Immunization Camp under the Series of Community Health Initiatives

3. Immunisation Camp – 25 September 2025: The Department of Paediatrics conducted an Immunisation Camp at the Paediatrics OPD under the Sashakt Bharat Initiative. Vaccines administered included BCG, Hepatitis B, OPV, Pentavalent, Rotavirus, MR and DPT booster doses. Parents were counselled about the importance of completing the recommended immunisation schedule and recognising adverse events following immunisation (AEFI). The activity supported childhood disease prevention and encouraged parents to maintain timely vaccination of their children.

4. Menstrual Hygiene Awareness Campaign – 27 September 2025: The Department of Community Medicine, TMMC&RC, organised a Menstrual Hygiene Awareness Campaign at R.K. School and Guretha Village, Moradabad. The programme was led by Dr. Sadhna Singh, Head of the Department, with the participation of faculty members, postgraduate students and interns. Adolescent girls and women were educated about menstrual physiology, personal hygiene, nutrition, and the proper use and disposal of sanitary products. Intern doctors presented a skit addressing menstrual myths and social taboos, making the session interactive and informative. Sanitary pads were distributed to more than **150 participants**, encouraging hygienic menstrual practices and greater openness in discussing menstrual health.

5. Voluntary Blood Donation Camp – 1 October 2025: The Blood Centre, TMMC&RC, in collaboration with the Faculty of Engineering, TMU, organised a voluntary Blood Donation Camp at the TMMC&RC Blood Centre. The programme was conducted as part of the campaign and in accordance with the stated directives of the Ministry of Health and Family Welfare and the National Medical Commission (NMC). Students and staff voluntarily donated **33 units of blood,** while **118 new donors registered on the eRaktKosh portal** for future blood donation. Dr. Seema Awasthi, Head of the Department of Pathology; Dr. Ashutosh Kumar, In-charge, Blood Bank; and Dr. Shyamoli Dutta, Blood Bank Officer, appreciated the donors and volunteers for their participation.



Blood Donation by University Students

TMU Hospital Successfully Treats Complex Heart Attack Patient Through Advanced Angioplasty Without Bypass Surgery Evidence

Teerthanker Mahaveer University (TMU) Hospital, Moradabad, achieved a significant clinical milestone by successfully treating a 45-year-old patient, Mohammad Nasir, who presented with an acute inferior wall myocardial infarction (heart attack). The patient had initially been taken to a hospital in Delhi, where bypass surgery was recommended. Seeking an alternative treatment option, his family approached TMU Hospital for further evaluation and care. Cardiac investigations, including coronary angiography, revealed complete blockages in two major coronary arteries: the Left Anterior Descending (LAD) and Left Circumflex (LCX) arteries, making the case clinically challenging.

Under the leadership of Dr. Alok Singhal, Senior Cardiologist and Head of the Department of Cardiology, the cardiology team undertook a high-risk, minimally invasive angioplasty procedure. Using specialised angioplasty wires, balloons and bifurcation stenting techniques, the team successfully placed two stents in the LAD artery and one stent in the LCX artery, restoring blood flow to the heart and avoiding the need for bypass surgery. Dr. Faizan Ahmad and Dr. Shrey Singh were also part of the medical team involved in the procedure. Dr. Singhal, who holds DM in Cardiology and MD in Medicine and has performed more than 5,000 cardiac procedures, has been associated with TMU Hospital since 2008.



Cardiology Team with Patient

A significant aspect of this case was the provision of treatment under the Ayushman Bharat Health Scheme, through which the patient received the advertised high-end cardiac treatment without financial expenditure. The case demonstrates the role of advanced interventional cardiology, timely diagnosis and specialised medical expertise in managing complex cardiac emergencies. It also highlights the importance of accessible tertiary healthcare services for patients who may otherwise face financial barriers to life-saving treatment.

This achievement aligns with SDG 3 – Good Health and Well-being, particularly through access to quality emergency and specialised healthcare, treatment of cardiovascular diseases, and financial protection for patients requiring advanced medical intervention. The successful management of this case reflects TMU Hospital's capacity to provide complex cardiac care through modern technology and multidisciplinary clinical expertise.

TMU's Director-CTLD, Prof. (Dr.) Pankaj Kumar Singh Delivers Expert Talk on Stress Prevention to UP Police Evidence

On 22 August 2025, under the aegis of the Police Training Directorate, Uttar Pradesh, Lucknow, Prof. (Dr.) Pankaj Kumar Singh, Director, Centre for Teaching, Learning and Development (CTLD), Teerthanker Mahaveer University (TMU), delivered a lecture on **"Prevention of Emotional and Mental Stress"** at the RTC Reserve Police Line, Moradabad. The session was attended by senior officials, traffic police personnel, and over 1,000 trainee constables. It focused on developing mental resilience, maintaining emotional balance, and adopting effective stress-management practices to support police personnel in managing the demands of their professional responsibilities.



Expert Talk for Police Personnel by Director-CTLD

During the session, Prof. Singh discussed emotional regulation, deep breathing, meditation, positive thinking, time management, peer support, physical fitness, self-control, and continuous learning as practical approaches to managing stress. He encouraged participants to develop a positive mindset and seek support when facing emotional challenges. Senior police officials acknowledged his contribution by presenting him with a bouquet and memento. The programme highlighted TMU's role in extending mental health awareness and professional development beyond the university campus.

Role Play on Heart Health Awareness at Village Guretha, Moradabad Evidence

Teerthanker Mahaveer College of Nursing, Teerthanker Mahaveer University, Moradabad, organised a Heart Health Awareness Programme at Village Guretha, Moradabad, on 29 September 2026. The programme was organised by the Department of Medical-Surgical Nursing in collaboration with the Student Nurses Association of India to promote awareness about cardiovascular health and the prevention of heart diseases. The programme focused on educating



Health Education via Role Play for School Children

community members about the warning signs of a heart attack, major risk factors, preventive measures, healthy lifestyle practices, and the importance of seeking immediate medical attention during a cardiac emergency. Nursing students presented an informative role play and conducted a health education session to communicate essential information in an engaging and accessible manner. An interactive question-and-answer session was also organised to clarify participants' doubts and encourage active involvement. The programme concluded with a Heart Health Pledge, motivating participants to adopt healthier lifestyles and take responsibility for maintaining their cardiovascular health. A total of 130 participants, including 50 nursing students and 80 community members, actively participated in the programme. The activity strengthened community awareness regarding heart health and highlighted the role of nursing professionals in health promotion and disease prevention.

Old Age Home Visit and CPR Training Programme Eveidence

An Old Age Home Visit and CPR Training Programme was organised at an old age home in Moradabad by B.Sc. Nursing, Teerthanker Mahaveer University (TMU). During the visit,



CPR Demonstration for Old Age Home Residents

students interacted with elderly residents and learned about their healthcare needs, nutritional requirements, age-related health problems, and emotional well-being. A CPR training session was conducted by Mr. Nafees Ahmed and the students, demonstrating chest compressions, emergency response, and the importance of seeking immediate medical assistance. The programme also included friendly interactions to promote companionship and emotional support for the residents. The activity enhanced students' practical understanding of geriatric care, emergency preparedness, empathy, and compassionate community service.

Street Play on Sanitation and Personal Hygiene at Rasoolpur, Amroha Evidence

The Department of Community Health Nursing, TMCON, Teerthanker Mahaveer University, Moradabad, organised an awareness programme through stret play on sanitation and personal hygiene at Rasoolpur Goojar, Amroha, Uttar Pradesh. The programme was conducted by P.B.B.Sc. Nursing Second-Year students targeting the village community. The programme aimed to promote healthy living through awareness of personal and environmental hygiene and the prevention of



Students Demonstrating Hand Washing Technique to Community Children

communicable diseases. Key areas covered included proper handwashing techniques, safe drinking water, waste disposal, sanitation, and the prevention of water-borne and vector-borne diseases. The initiative encouraged community members to adopt healthy hygiene practices in their daily lives.

Promotion of Healthy Lifestyle Practices and Awareness of NCD Prevention Evidence

The Department of Community Health Nursing, TMCON, Moradabad, organised an awareness programme on "Healthy Lifestyle and Prevention of Non-Communicable Diseases" at Farhaspur Village, Amroha, Uttar Pradesh. The programme aimed to promote healthy lifestyle practices and awareness of NCD prevention among community members. Post Basic B.Sc. Nursing Second-Year students actively participated in the programme. Health education sessions highlighted common NCDs, their risk factors, and preventive measures. Students presented a role play demonstrating unhealthy lifestyle practices and their consequences. The programme emphasised



Faculty and Student Interacting with Rural Community

balanced nutrition, regular physical activity, and avoidance of tobacco and alcohol. Interactive discussions encouraged community participation and highlighted the importance of early detection and timely medical care. The initiative promoted awareness of healthier lifestyle choices and preventive healthcare practices within the community.

Preventive Nutrition for Cardiovascular Health: World Hypertension Day Rural Screening and Dietetics Camp

Rural Screening and Dietetics Camp was organised in the field practice area of Moda Tayya, Pakwada, to promote cardiovascular health and raise awareness about the role of preventive nutrition in managing hypertension. The camp was conducted by postgraduate residents and nursing students who actively participated in the initiative, which benefited approximately 80 rural residents. The students assisted in vital sign screening, recording patient measurements, and providing individualised nutritional and dietary counselling. Special emphasis was placed on reducing salt intake, avoiding processed foods high in sodium, incorporating fresh fruits, vegetables, and whole grains into daily meals, and maintaining appropriate portion sizes. Community members were also educated about the importance of medication adherence, regular



Screening Camp for Rural Community People

blood pressure monitoring, physical activity, and healthy lifestyle practices in preventing cardiovascular complications. Dedicated dietary counselling counters were established alongside the free medicine distribution desks to integrate nutritional guidance with medical care. The programme contributed to improving awareness of hypertension prevention and highlighted the role of nutrition in promoting long-term cardiovascular health among rural communities.

Malaria Eradication and Creative Health Messaging

For World Malaria Day, the University organized a large-scale health communication campaign wherein medical students prepared posters on themes like "Breeding places of mosquitoes," "Symptoms of Malaria," and "Malaria Prevention Measures". These hand-drawn and digital posters, created exclusively in Hindi, served as accessible visual aids for rural patient education. The core highlight of this event was the creation of highly informative, localized visual posters focusing heavily on practical strategies for prevention from mosquito bites.



Awareness Rally by Students on Malaria



Awareness on Prevention of malaria in the Community

Women's Health, Cancer Screening and Anaemia Prevention

Teerthanker Mahaveer University (TMU), Moradabad, conducted a series of preventive healthcare activities under the Swasth Nari, Sashakt Parivar Abhiyaan at R.K. School and Guretha Village, Moradabad. The activities included breast and oral cancer screening, anaemia screening, an immunisation camp and menstrual hygiene awareness. The cancer screening camp provided breast self-examination guidance, oral screening, and counselling on tobacco-related risks and cancer prevention. The anemia screening initiative offered free haemoglobin testing, iron and folic acid supplementation for identified cases, and dietary counselling. The immunization camp provided routine childhood vaccinations and guidance to parents regarding the importance of timely immunization. The menstrual hygiene awareness programme educated adolescent girls and women about menstrual physiology, personal hygiene, nutrition, and the safe use and disposal of sanitary products. A skit was presented to address common myths and social taboos surrounding menstruation, and sanitary pads were distributed among participants. Faculty members, postgraduate students, interns, and other healthcare personnel contributed to the activities.



Screening Camp for Community Women



Distribution of Supplements (Iron and Folic Acid)

The university reported that more than 150 people were screened during the breast and oral cancer awareness activity, while more than 150 participants received sanitary pads through the menstrual hygiene campaign. These initiatives aimed to promote early identification of health concerns, strengthen preventive healthcare practices, encourage childhood immunization, and improve access to essential health information for women, adolescent girls, children, and other community members. Overall, the activities reinforced TMU's commitment to community health promotion, disease prevention, and women's and family health.

Acute Neuro Care 2025 – National Academic Programme Evidence

Teerthanker Mahaveer Medical College & Research Centre (TMMC&RC) successfully organized Acute Neuro Care 2025, bringing together leading national experts in neurological emergency management. The programme focused on critical aspects of neuro-emergency management and the importance of timely intervention during the golden hour of neurological care. Through expert-led sessions and academic discussions, participants gained valuable insights into managing acute neurological emergencies. The programme witnessed participation from over 70 delegates, strengthening clinical knowledge and professional learning.



Demonstration of Neuro Emergency Management

Robotic Knee Replacement Awareness Walkathon Evidence

TMU Hospital organized a special Robotic Knee Replacement Awareness Walkathon to promote awareness of advanced knee treatment options and the importance of knee health. The programme was inaugurated by the University Chancellor, Shri Suresh Jain, who flagged off the walkathon. The initiative aimed to familiarize the public with modern orthopedic treatment, particularly robotic-assisted knee replacement technology, and encourage awareness of available treatment options for people experiencing knee-related problems.

As part of the programme, a 50-metre walking race was organized to encourage participation and highlight the importance of mobility and physical activity. Kapil from Sambhal secured first place in the race. The event brought together health awareness and public participation, providing an opportunity to communicate information about advancements in orthopedic care. The initiative aligns with SDG 3 – Good Health and Well-being, particularly by promoting health awareness, mobility and access to information about modern healthcare services.



Robotic Knee Replacement Awareness Walkathon

Details of the Oral Health Camp Conducted:

S. No.	Location / Institution	Type of Activity	No. of Participant	Key Highlights
1	Guretha, Moradabad	Dental Check-up & Oral Health Awareness Camp	21	Dental screening, oral-health education, brushing instruction and fluoride application for children.
2	Vedic Vanprashth Ashram (NSS), Moradabad	Dental Check-up & Oral Health Awareness Camp	20	Dental screening, oral-health education, brushing instruction and oral prophylaxis for patients in need.
3	Rasoolpur Gurjar	Dental Check-up & Oral Health Awareness Camp	30	Dental screening, oral-health education, brushing instruction and fluoride application for children.
4	Majholi	Dental Check-up & Oral Health Awareness Camp	50	Dental screening, health talk, brushing instruction and fluoride application for children vulnerable to dental caries.
5	RKITI, Nanpur Chandosi Road	Dental Check-up & Oral Health Awareness Camp	44	Dental screening, oral-health education, correct brushing demonstration and fluoride application for children.
6	Mithanpur – NSS Camp	Dental Check-up & Oral Health Awareness Camp	18	Dental screening, oral-health awareness talk, brushing instruction and fluoride application.
7	Guretha – NSS Dental Camp	Dental Check-up & Oral Health Awareness Camp	37	Screening, oral-health education, brushing instruction and fluoride application for children.
8	Padarthpur	Dental Check-up & Oral Health Awareness Camp	31	Dental screening and health talk on oral care, importance of brushing and correct brushing technique.
9	Shahpur	Dental Check-up & Oral Health Awareness Camp	28	Dental screening and health education regarding oral care and proper brushing techniques.
10	Sivaoura	Dental Check-up & Oral Health Awareness Camp	44	Screening, oral-health education, brushing instruction and fluoride application for children.

11	Hakimpur	Dental Check-up & Oral Health Awareness Camp	26	Screening, health talk, brushing instruction and fluoride application for children vulnerable to caries.
12	Manoharpur	Dental Check-up & Oral Health Awareness Camp	37	Dental screening and oral-health education regarding tooth care and correct brushing technique.
13	Parshavnat h Pratibha Society	Dental Check-up & Oral Health Awareness Camp	22	Dental screening, oral-health education, brushing instruction and fluoride application for children.
14	Didauri	Dental Check-up & Oral Health Awareness Camp	27	Dental screening and health education on oral hygiene and proper brushing technique.
15	Yusufpur Nagliya	Dental Check-up & Oral Health Awareness Camp	24	Screening, health talk, correct brushing instruction and fluoride application for children.
16	College of Nursing, TMU Moradabad	Dental Check-up & Treatment Camp	31	Screening and oral-health education along with scaling, restorations, extractions, pit-and-fissure procedures and fluoride application.
17	Ratanpur, Moradabad	Dental Check-up & Oral Health Awareness Camp	9	Dental screening, oral-health education, brushing instruction and fluoride application for children.
18	College of Law, TMU Moradabad	Dental Check-up & Treatment Camp	28	Oral screening and education along with scaling, restorations, extractions, pit-and-fissure procedures and fluoride application.
19	Umri Kala	Dental Check-up & Treatment Camp	8	Screening and health education with scaling, restorations, extractions, pit-and-fissure procedures and fluoride application.
20	Jatpura, Moradabad	Dental Check-up & Oral Health Awareness Camp	20	Dental screening, health talk, brushing instruction and fluoride application for children.
21	Mauda Taiya – NSS Camp	Dental Check-up & Oral Health Awareness Camp	12	Screening, oral-health education, correct brushing instruction and fluoride application.
22	Mangupura, Moradabad	Dental Check-up & Oral Health Awareness Camp	21	Screening, oral-health education, brushing instruction and fluoride application for children.
23	Chaudharpur	Dental Check-up & Treatment Camp	23	Screening, oral-health education, scaling, restorations, extractions,

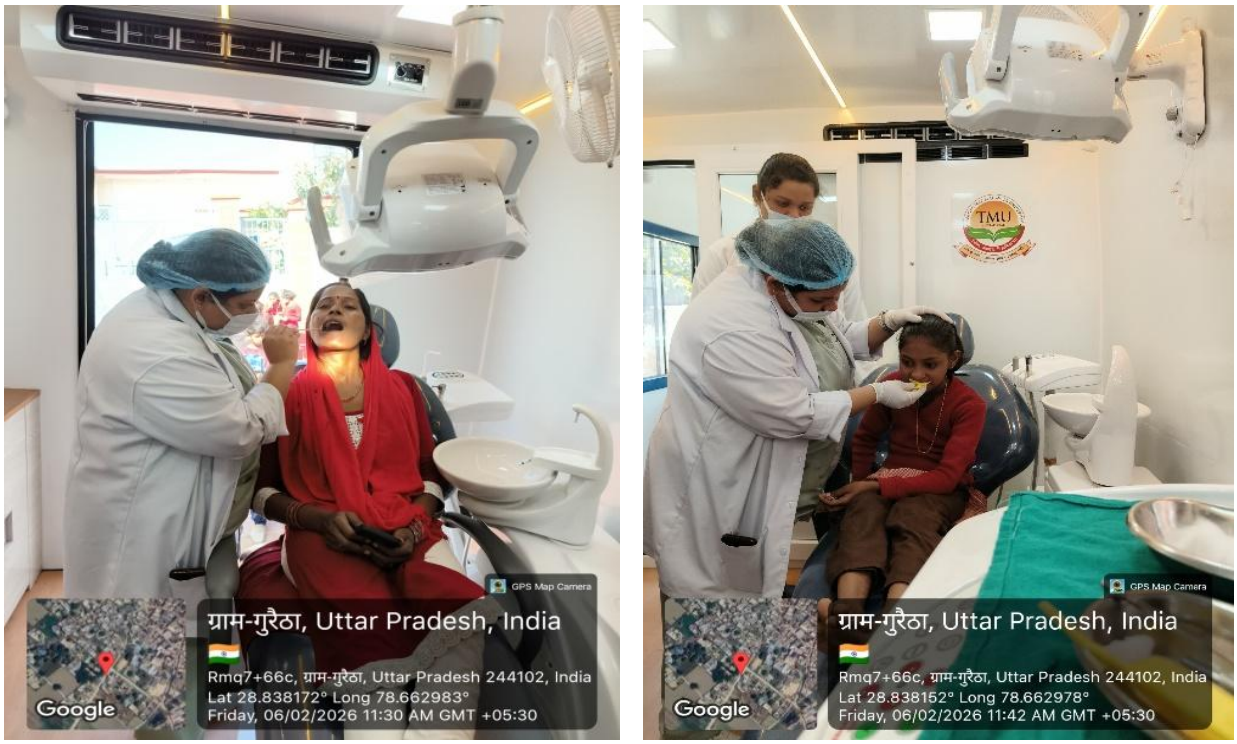
				pit-and-fissure procedures and fluoride application.
24	Husanpur	Dental Check-up & Treatment Camp	13	Screening and health education with scaling, restorations, extractions, pit-and-fissure procedures and fluoride application.
25	Green Orchid Dental Check-up &	Dental Check-up & Treatment Camp	15	Dental screening, oral-health education, scaling, restorations, extractions, pit-and-fissure procedures and fluoride application.
26	Gannaur Deyamafi, Moradabad	Dental Check-up & Oral Health Awareness Camp	12	Screening, oral-health education, brushing instruction and fluoride application for children.
27	Manoharpur – NSS Camp	Dental Check-up & Oral Health Awareness Camp	11	Screening, health education, correct brushing instruction and fluoride application for children
28	Guretha, Moradabad	Dental Check-up & Oral Health Awareness Camp	22	Dental screening, health talk, brushing instruction and fluoride application for children.
29	Bakeniya	Dental Check-up & Treatment Camp	27	Screening and oral-health education with scaling, restorations, extractions, pit-and-fissure procedures and fluoride application.
30	Lodhipur, Moradabad	Dental Check-up & Oral Health Awareness Camp	8	Dental screening, oral-health education, brushing instruction and fluoride application for children.
31	Kakrali Mafi	Dental Check-up & Treatment Camp	36	Screening, oral-health education, scaling, restorations, extractions, pit-and-fissure procedures and fluoride application.
32	Bhandari	Dental Check-up & Treatment Camp	16	Screening, health education, scaling, restorations, extractions, pit-and-fissure procedures and fluoride application.
33	Majhola Thana	Dental Check-up & Oral Health Awareness Camp	21	Dental screening, oral-health education, brushing instruction and fluoride application for children.

34	Bhilwari	Dental Check-up & Treatment Camp	25	Dental screening, oral-health education, scaling, restorations, extractions, pit-and-fissure procedures and fluoride application.
35	Bagadpur	Dental Check-up & Treatment Camp	22	Screening and health education with scaling, restorations, extractions, pit-and-fissure procedures and fluoride application.
36	Mubarakpur Noori	Dental Check-up & Oral Health Awarenes s Camp	22	Screening, oral-health education, brushing instruction and fluoride application for children.
37	Painti Kala	Dental Check-up & Treatment Camp	34	Screening, oral-health education, scaling, restorations, extractions, pit-and-fissure procedures and fluoride application.
38	Chajlet	Dental Check-up & Treatment Camp	20	Dental screening and education with scaling, restorations, extractions, pit-and-fissure procedures and fluoride application.
39	Lajpatnagar, Moradabad	Dental Check-up & Oral Health Awarenes	8	Dental screening, health education, brushing instruction and fluoride application for children.
40	Umri, Moradabad	Dental Check-up & Oral Health Awarenes	8	Screening, oral-health education, brushing instruction and fluoride application for children.
41	Dilari	Dental Check-up & Treatment Camp	15	Screening and oral-health education with scaling, restorations, extractions, pit-and-fissure procedures and fluoride application.
42	Ratanpur Kalan	Dental Check-up & Oral Health Awarenes s Camp	26	Dental screening, oral-health education, correct brushing instruction and fluoride application for children.
43	Umri, Moradabad	Dental Check-up & Oral Health Awareness Camp	8	Dental screening, oral-health education, brushing instruction and fluoride application for children.

44	Dilauri	Dental Check-up & Treatment Camp	22	Screening, oral-health education, scaling, restorations, extractions, pit-and-fissure procedures and fluoride application.
45	Malakpur	Dental Check-up & Treatment Camp	21	Screening and health education with scaling, restorations, extractions, pit-and-fissure procedures and fluoride application.
46	Chaudharpur	Dental Check-up & Treatment Camp	16	Dental screening, oral-health education, scaling, restorations, extractions, pit-and-fissure procedures and fluoride application.

Dental Check-up Camp at Guretha , Moradabad

Department of Public Health Dentistry, Teerthanker Mahaveer Dental College & Research Centre, conducted a dental check-up camp at Guretha, Moradabad, with the objective of promoting oral health awareness, demonstrating proper brushing techniques, and providing dental screening, oral hygiene education, and dietary counselling. A total of 21 participants underwent dental examinations. The camp was facilitated by Dr. Pradeep Tangade, Dr. Vikas Singh, Dr. Ankita Jain, Dr. Rupali Malik, and Dr. Harshita Pandey, with the support of postgraduate students and intern Chanki Gupta. Along with dental screening, an oral health awareness talk was delivered to explain the importance of proper brushing and maintaining oral hygiene. Fluoride application was provided to children vulnerable to dental caries. Participants requiring further dental care were referred to the Department of Public Health Dentistry for appropriate treatment. The camp supported early identification of dental concerns, promoted preventive oral healthcare practices, and improved participants' awareness of oral hygiene and dental care.



Dental Check-up and Fluoride Application of the Participants

Dental Check-up Camp at Vedic Vanprashth Ashram, Moradabad

On 20 February 2025, the Department of Public Health Dentistry, Teerthanker Mahaveer Dental College & Research Centre, conducted a dental check-up camp at Vedic Vanprashth Ashram (NSS), Moradabad, to promote oral health awareness, demonstrate proper brushing techniques, and provide dental screening, oral hygiene education, and dietary counselling. A total of 20 participants underwent dental examinations. The camp was facilitated by Dr. Pradeep Tangade, Dr. Vikas Singh, and Dr. Ankita Jain, with the support of postgraduate students, an intern, and undergraduate students. Along with dental screening, an oral health awareness talk was delivered to educate participants about the importance of regular brushing, correct brushing techniques, and maintaining oral hygiene. Oral prophylaxis was performed for patients who required the procedure, and participants with dental findings were referred to the Department of Public Health Dentistry for further treatment. The camp supported the identification of dental concerns, promoted preventive oral healthcare practices, and enhanced participants' awareness of proper oral hygiene.





Senior Citizen Dental Screening Camp

Dental Check-up Camp at Rasoolpur, Gurjar Moradabad

The Department of Public Health Dentistry, Teerthanker Mahaveer Dental College & Research Centre, organised a community dental health camp at Rasoolpur Gurjar, with the aim of improving oral health awareness and promoting preventive dental care. The programme focused on dental examinations, oral hygiene education, demonstrations of correct brushing techniques, and dietary counselling. A total of 30 participants received dental check-ups under the supervision of Dr. Pradeep Tangade, Dr. Vikas Singh, Dr. Ankita Jain, Dr. Rupali Malik, and Dr. Harshita Pandey, supported by postgraduate students and intern Sunidhi. An oral health education session was conducted alongside the examinations to explain the importance of regular brushing and appropriate oral care practices. Fluoride application was provided to children considered vulnerable to dental caries. Participants with identified dental concerns were referred to the Department of Public Health Dentistry for further treatment. The camp facilitated the identification of dental problems, reinforced preventive oral health practices, and increased awareness of appropriate dental hygiene among the participants.



Oral Screening Camp (Rasoolpur Village, Moradabad)

Dental Check-up Camp at Kushalpur, Haryana

To provide oral healthcare services and promote preventive dental practices among community members the Department of Public Health Dentistry, Teerthanker Mahaveer Dental College & Research Centre, conducted a dental health camp at Kushalpur. The camp aimed to raise awareness of oral hygiene, demonstrate correct brushing techniques, and provide dental examinations and dietary counselling. A total of 50 participants underwent dental check-ups. An oral health education session was conducted alongside the examinations to explain the importance of regular brushing and proper oral care. Fluoride application was provided to children vulnerable to dental caries. Participants with identified dental concerns were referred to the Department of Public Health Dentistry for further treatment. The camp supported the early identification of dental problems, promoted awareness of preventive oral healthcare, and helped participants understand the importance of maintaining good oral hygiene.



Dental Team in a Camp at Majholi

Report on Dental Check-up Camp and Oral Health Awareness Programme

A total of 44 participants underwent dental examinations during a Dental Check-up Camp conducted to promote oral health awareness and encourage proper dental hygiene practices among community members of RKITI, Nanpur Chandosi Road The activities included oral health screening, a health education session on the importance of regular brushing, demonstrations of proper brushing techniques, and counselling on oral hygiene and healthy dietary practices. Fluoride application was also provided to children to help prevent dental caries. Participants requiring further dental care were referred to the Department of Public Health Dentistry for appropriate treatment. The camp contributed to enhancing oral health awareness and promoting preventive dental care among the participants.



Oral Screening Camp at RKITI Nanpur

Dental Examination Camp at Mithanpur NSS Camp

The Department of Public Health Dentistry, Teerthanker Mahaveer Dental College & Research Centre, organised a Dental Check-up Camp at Mithanpur as part of the NSS Camp activities. A total of 18 participants underwent dental examinations. The programme aimed to promote oral health awareness and encourage preventive dental care among community members. The activities included oral health screening, an educational session on the importance of regular brushing, demonstrations of proper brushing techniques, and counselling on oral hygiene and healthy dietary practices. Fluoride application was also provided to children to help prevent dental caries and improve oral health. Participants requiring further dental care were referred to the Department of Public Health Dentistry for appropriate treatment. The camp helped strengthen community awareness about oral hygiene and highlighted the importance of regular dental check-ups and preventive oral healthcare.



Dental Post Graduates Examining in the Camp

Dental Health Check-up Camp at Padarthpur

To promote oral health awareness and encourage preventive dental care among community members a Dental Check-up Camp at Padarthpur was conducted by the Department of Public Health Dentistry, Teerthanker Mahaveer Dental College & Research Centre. A total of 31 participants underwent dental examinations. Postgraduate students from various dental specialities actively participated in the programme. The activities included oral health screening and a health education session on proper dental care, the importance of regular brushing, and correct brushing techniques. Participants were also educated about maintaining good oral hygiene and adopting healthy dietary practices. Individuals requiring further dental care were referred to the Department of Public Health Dentistry for appropriate treatment. The camp contributed to improving community awareness about oral health and emphasised the importance of regular dental check-ups and timely treatment of dental problems.



PG Students at the Padarthpur Camp

Camp on Oral Health and Hygiene at Shahpur

The Department of Public Health Dentistry, Teerthanker Mahaveer Dental College & Research Centre, organised a Dental Check-up Camp at Shahpur to promote oral health awareness and encourage preventive dental care among community members. A total of 28 participants underwent dental examinations. Postgraduate students from various dental specialities and interns Nikhil and Meenakshi actively participated in the programme. The activities included oral health screening and a health education session on proper dental care, the importance of regular brushing, and correct brushing techniques. Participants were also counselled on maintaining good oral hygiene and adopting healthy dietary practices to prevent dental problems. Individuals requiring further dental care were referred to the Department of Public Health Dentistry for appropriate treatment. The camp helped enhance community awareness about oral health and highlighted the importance of regular dental check-ups and timely treatment.



Dental Experts with Villagers in a Pledge

Promoting Oral Health and Preventive Dental Care in Sivaoura

Promoting healthy smiles and encouraging preventive dental care, a community dental health outreach programme was conducted at Sivaoura on 1 April 2026. The camp reached 44 participants and focused on early identification of dental problems and improving awareness of oral hygiene practices. Participants underwent dental examinations and attended an educational session highlighting the importance of regular brushing, correct brushing techniques, proper oral hygiene, and healthy dietary choices. Fluoride application was provided to children as a preventive measure against dental caries. Individuals requiring additional dental attention were referred to the Department of Public Health Dentistry for further evaluation and treatment. The programme strengthened community awareness of preventive oral healthcare while providing students with valuable experience in delivering dental health education and services at the community level.



Dental Health Promotion by PG Students

Community-Based Dental Screening and Preventive Care at Hakimpur

With the objective of promoting better oral health and encouraging preventive dental practices, a dental screening and awareness camp was conducted at Hakimpur. The initiative provided dental check-up services to 26 participants and emphasised the importance of early identification and prevention of common dental problems. During the camp, participants received dental examinations and attended an oral health education session covering effective brushing techniques, regular oral hygiene practices, and the influence of dietary habits on dental health. Fluoride application was provided to children at risk of developing dental caries to support cavity prevention. Participants requiring specialised dental care were referred to the Department of Public Health Dentistry, Teerthanker Mahaveer Dental College & Research Centre, for further assessment and treatment. The programme served as a community outreach initiative to improve oral health awareness and reinforce the importance of regular dental check-ups and timely intervention.



Oral Examination of Participant in the Community Based Dental Screening

Promoting Oral Hygiene Awareness among School Students at Manoharpur

A school-based dental health awareness and screening camp was organised at Manoharpur to promote oral hygiene and encourage healthy dental habits among school students from the local community. A total of 37 students underwent dental examinations as part of the initiative. During the camp, students were educated about the importance of maintaining clean teeth, brushing twice daily, following proper brushing techniques, and adopting healthy dietary habits to prevent dental problems. The dental team screened the students to identify potential oral health concerns and provided guidance on appropriate dental care. Students requiring further evaluation or treatment were referred to the Department of Public Health Dentistry, Teerthanker Mahaveer Dental College & Research Centre. The initiative helped strengthen oral health awareness among schoolchildren and emphasised the importance of developing good dental hygiene practices from an early age.

Oral Examination of Students During the Camp





Geriatric Oral Health Outreach Programme at Parshavnath Pratibha Society

An oral health screening and awareness programme was conducted at Parshavnath Pratibha Society, focusing on the dental care needs of elderly community members. A total of 22 elderly participants underwent dental examinations to identify oral health concerns and promote appropriate preventive care. The elderly participants received guidance on maintaining oral hygiene, using proper brushing techniques, and adopting suitable dietary practices to support dental health. Special emphasis was placed on the importance of regular dental check-ups and seeking timely treatment for age-related oral health problems. Fluoride application was provided to children, where applicable, as part of the preventive dental care activities. Elderly participants requiring further evaluation or treatment were referred to the Department of Public Health Dentistry for appropriate dental care. The programme promoted awareness of geriatric oral health and highlighted the importance of accessible, preventive, and age-appropriate dental services for senior citizens.



Elderly Undergoing Dental Check-up During the Camp

Promoting Oral Health among Women and Children in Didaura

A community-based dental health screening and awareness camp was conducted in Didaura on 7 April 2026, focusing on improving oral hygiene practices among women and children. A total of 27 participants underwent dental examinations as part of the initiative organised by the Department of Public Health Dentistry, Teerthanker Mahaveer Dental College & Research Centre. The programme included dental screening and an interactive health education session on proper oral care, the importance of regular brushing, correct brushing techniques, and healthy dietary habits. Special emphasis was placed on encouraging mothers to promote good oral hygiene among children and establish healthy dental care routines from an early age. Participants were also advised to seek timely dental consultation for any identified oral health concerns. Individuals requiring further evaluation or treatment were referred to the Department of Public Health Dentistry. The initiative contributed to enhancing oral health awareness among women and children and reinforced the importance of preventive dental care at the community level.



Student Participants at the Camp Site at Didaura

Community Oral Health Promotion and Dental Screening at Yusufpur Nagliya

A community dental health camp was conducted at Yusufpur Nagliya to promote oral hygiene awareness and provide preventive dental care to local residents. The initiative was organised by the Department of Public Health Dentistry, Teerthanker Mahaveer Dental College & Research Centre, and benefited 24 participants through dental examinations and health education. Along with dental screening, an educational session was conducted to explain the importance of regular brushing, correct brushing techniques, and appropriate oral hygiene and dietary practices. Fluoride application was provided to children to help prevent dental caries and strengthen their teeth. Participants requiring further dental evaluation or treatment were referred to the Department of Public Health Dentistry for appropriate care. The camp strengthened community awareness of preventive dentistry and encouraged residents to adopt healthy oral hygiene habits for better long-term dental health.



Demonstration of Brushing technique to the Children of the Community

Community Dental Health Outreach at Lalwara, Moradabad

A dental health outreach camp was conducted at Lalwara, Moradabad, to promote oral hygiene awareness and provide preventive dental care to community members. Organised by the Department of Public Health Dentistry, Teerthanker Mahaveer Dental College & Research Centre, the camp provided dental examinations to nine participants. The camp included oral health screening and an educational session on proper dental care, the importance of regular brushing, and correct brushing techniques. Participants were also counselled on maintaining good oral hygiene and adopting healthy dietary habits. Fluoride application was provided to children to help prevent dental caries and support better oral health. Participants requiring further dental evaluation or treatment were referred to the Department of Public Health Dentistry for appropriate care. The initiative helped reinforce the importance of preventive dentistry, regular dental check-ups, and timely treatment among community members.



Oral Health Inspection of the participants in the Camp

School-Based Oral Health Awareness and Dental Screening at Faizganj, Moradabad

A school-based dental health awareness and screening camp was conducted at a school in Faizganj, Moradabad, to promote oral hygiene and encourage healthy dental habits among schoolchildren from the local community. The initiative was organised by the Department of Public Health Dentistry, Teerthanker Mahaveer Dental College & Research Centre, and provided dental examinations to 20 participants. The activities included dental screening and an educational session on the importance of regular brushing, correct brushing techniques, proper oral hygiene, and healthy dietary practices. Special emphasis was placed on helping children develop good dental care habits from an early age to prevent common oral health problems. Fluoride application was provided to children to help prevent dental caries. Participants requiring further dental evaluation or treatment were referred to the Department of Public Health Dentistry for appropriate care. The programme contributed to improving oral health awareness among schoolchildren and reinforced the importance of preventive dental care within the community.



Dental Health Analysis of the School Child

Advancing Community Oral Health through Dental Screening at Mangupura, Moradabad

A community dental screening and awareness camp was conducted at Mangupura, Moradabad, on 22 April 2026 to encourage preventive dental care and improve awareness of oral hygiene practices among local residents. Organised by the Department of Public Health Dentistry, Teerthanker Mahaveer Dental College & Research Centre, the camp provided dental examinations to 21 participants. In addition to dental screening, an oral health education session was organised to explain the importance of regular brushing, demonstrate correct brushing techniques, and provide guidance on maintaining oral hygiene and adopting healthy dietary habits. Fluoride application was provided to children to help prevent dental caries and support better dental health. Participants requiring further dental evaluation or treatment were referred to the Department of Public Health Dentistry for appropriate care. The camp helped promote preventive oral healthcare and encouraged community members to adopt healthier dental hygiene practices.



People of the Mangupura Community Being Examined in the Camp

Empowering Schoolgirls through Oral Health Education and Preventive Dental Care at Chaudharpur

Promoting oral health awareness and encouraging healthy dental hygiene practices among young girls, a comprehensive Dental Screening and Treatment Camp was organised at a girls' school in Chaudharpur on 23 April 2026. The initiative was conducted by the Department of Public Health Dentistry, Teerthanker Mahaveer Dental College & Research Centre, benefiting 23 participants through dental examinations, preventive interventions, and oral health education. The students received practical demonstrations of correct brushing techniques and guidance on maintaining oral hygiene, adopting healthy dietary habits, and preventing common dental problems. In addition to screening, essential dental treatments, including scaling, restorations, extractions, and pit and fissure procedures, were performed as required. Fluoride application was also provided to children to strengthen dental protection against cavities. Students requiring further specialised dental care were referred to the Department of Public Health Dentistry for continued evaluation and treatment. The initiative promoted oral health awareness among schoolgirls, facilitated access to preventive and therapeutic dental services, and reinforced the importance of establishing lifelong oral hygiene habits from an early age.





School Girl Oral Health Inspection

Extending Preventive Dental Care to the Community of Mohra, Moradabad

A community dental screening and oral health awareness camp was conducted at Mohra, Moradabad, to promote oral hygiene and improve access to preventive dental services. Organised by the Department of Public Health Dentistry, Teerthanker Mahaveer Dental College & Research Centre, the camp provided dental examinations to 12 participants. The activities included oral health screening and an educational session on proper dental care, the importance of regular brushing, correct brushing techniques, and healthy dietary practices. Fluoride application was provided to children to help prevent dental caries and support better oral health. Participants were also advised on the importance of routine dental check-ups and seeking timely treatment for dental problems. Individuals requiring further evaluation or specialised dental care were referred to the Department of Public Health Dentistry for appropriate treatment. The initiative contributed to raising community awareness about preventive dentistry and encouraged the adoption of healthy oral hygiene practices.



Oral Inspection During the Mohra NSS Dental Camp

Preventive Fluoride Therapy at Manoharpur, Moradabad:

A Preventive Fluoride Therapy camp was organized by the dental health professionals of TMU at Manoharpur, Moradabad, to promote oral health among children. During the camp, Acidulated Phosphate Fluoride (APF) gel was applied to the teeth of children to strengthen their enamel and protect against cavities. The session aimed to raise awareness about the importance of fluoride in maintaining strong and healthy teeth. Dental experts explained how fluoride acts as a protective barrier against decay and supports long-term oral hygiene. Children were educated on correct brushing techniques and encouraged to brush twice daily with fluoride toothpaste. Interactive demonstrations helped them understand the value of regular dental check-ups and preventive care. Parents were also guided on the significance of maintaining oral health from an early age. The camp saw enthusiastic participation from children and families from the surrounding areas. The initiative highlighted TMU's commitment to promoting community dental health and preventive awareness. Overall, the event successfully reinforced healthy oral hygiene practices and preventive dental care among young participants.





APF Fluoride Gel Application During Camp at Civil Lines

Promoting Healthy Smiles through School-Based Dental Care at Patai Khalsa.

A school-based dental screening and treatment camp was conducted at Patai Khlasa to promote oral health awareness and encourage healthy dental habits among schoolchildren. The initiative provided dental examinations to 27 children and focused on the early identification and prevention of common dental problems. The schoolchildren attended an oral health education session highlighting the importance of regular brushing, correct brushing techniques, proper oral hygiene, and healthy dietary choices. Dental procedures, including scaling, restorations, extractions, and pit and fissure sealant applications, were performed as required. Fluoride application was also provided to help prevent dental caries and protect children's teeth. Children requiring further evaluation or specialised dental treatment were referred to the Department of Public Health Dentistry for appropriate care. The programme helped strengthen oral health awareness among schoolchildren and encouraged the development of healthy dental practices from an early age.



Demonstration of Brushing Techniques to School Students

Oral Screening Camp at Police Academy, Civil Lines, Moradabad.

An Oral Screening Camp was organized by the dental health team of TMU at the Police Academy, Civil Lines, Moradabad. The camp aimed to promote oral health awareness among police personnel and trainees. Comprehensive dental examinations were conducted to check for cavities, gum diseases, and other oral issues. Participants received individualized advice based on their oral health assessments. The team provided preventive instructions emphasizing the importance of regular dental check-ups. Demonstrations on correct brushing techniques and oral hygiene maintenance were conducted. The significance of a balanced diet and reduced sugar intake in preventing dental problems was highlighted. Informative leaflets on oral hygiene and preventive care were distributed among attendees. The participants appreciated the initiative and actively engaged in interactive discussions. Overall, the camp effectively promoted awareness of preventive oral health care and the value of routine dental visits.



Police Personnel Being Inspected During the Oral Health Camp at Police Academy

Oral Screening Camp at Lodhipur School, Moradabad

An Oral Screening Camp was conducted at a Lodhipur School, Moradabad by the dental health team of TMU. The camp aimed to promote oral hygiene awareness and preventive care among schoolchildren. Students underwent routine dental examinations to identify cavities, gum diseases, and malocclusion. Each child received personalized dental advice to maintain healthy teeth and gums. The dental professionals demonstrated proper brushing techniques and discussed healthy oral habits. Teachers were counseled on the importance of early detection and timely referrals for dental issues. They were also encouraged to supervise daily brushing practices among students at school. The camp fostered a positive attitude toward preventive oral health and hygiene. Children actively participated and showed keen interest in learning good oral care habits. Overall, the initiative successfully emphasized the importance of early dental care and regular check-ups for children's long-term oral health.



Dental Health Examination of School Child

Promoting Oral Health and Preventive Dental Care among Police Personnel at Majhola Thana

A dental health screening and awareness camp was conducted at Majhola Police Station to promote oral hygiene and encourage preventive dental care among police personnel. The activities included oral health screening and an educational session on proper dental care, the importance of regular brushing, correct brushing techniques, and healthy dietary practices. The programme emphasised the importance of maintaining oral hygiene despite demanding work schedules and seeking timely dental consultation to prevent complications. Fluoride application was provided to children, where applicable, as part of preventive dental care. Police personnel requiring further dental evaluation or treatment were referred to the Department of Public Health Dentistry for appropriate care. The camp helped promote awareness of preventive oral healthcare and highlighted the importance of regular dental check-ups in maintaining overall health and well-being.



Oral Treatment of the Police Personnel during the Camp

Nurturing Healthy Smiles through Community Dental Care for Children at Lohar Pura.

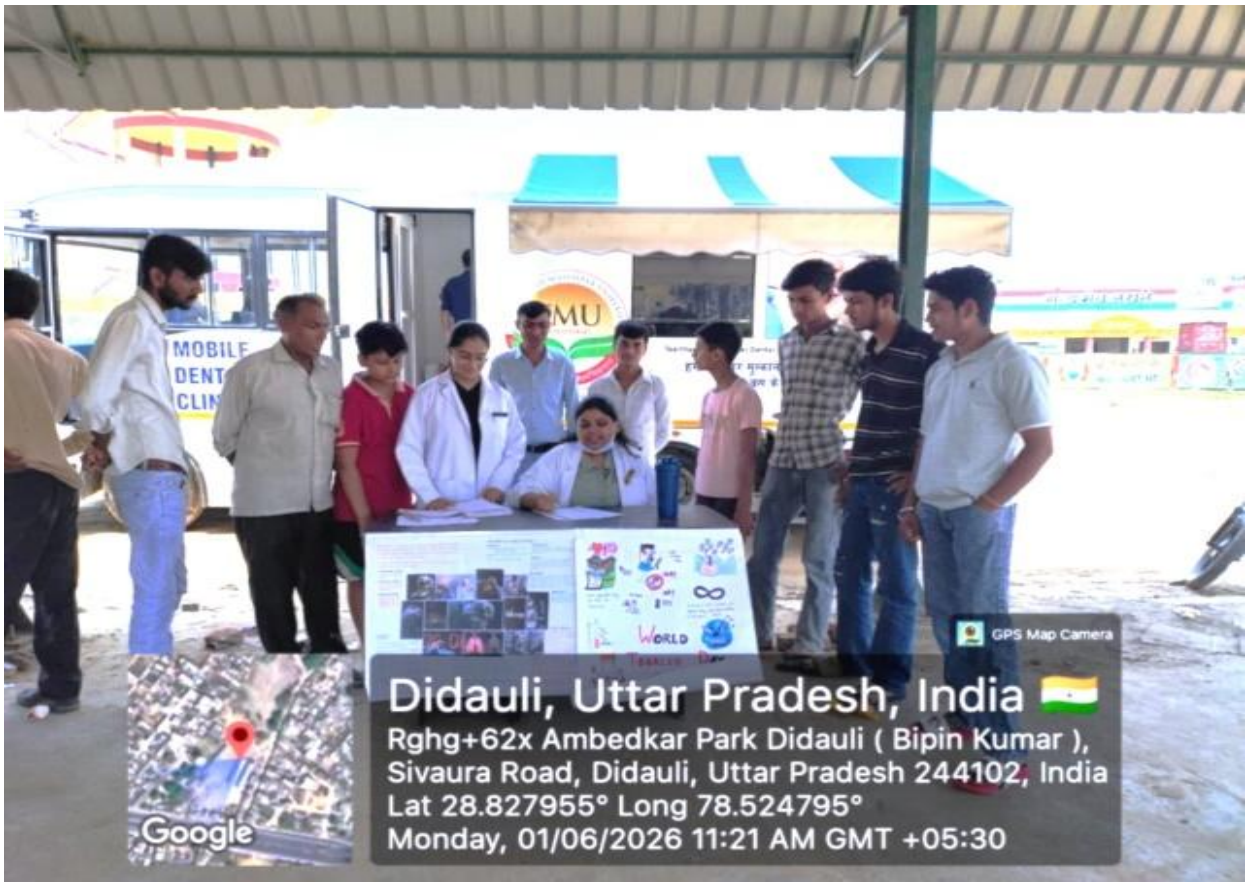
A community-based dental screening and treatment camp was conducted at Lohar Pura to promote oral health awareness and encourage healthy dental habits among children. Organised by the Department of Public Health Dentistry, Teerthanker Mahaveer Dental College & Research Centre, the camp provided dental examinations and preventive care to community children. The children received oral health education on the importance of regular brushing, correct brushing techniques, maintaining oral hygiene, and adopting healthy dietary practices to prevent dental problems. Dental screening was conducted to identify oral health concerns, and necessary procedures, including scaling, restorations, extractions, and pit and fissure sealant applications, were performed as required. Fluoride application was also provided to help prevent dental caries and protect children's teeth. Children requiring further evaluation or specialised treatment were referred to the Department of Public Health Dentistry for appropriate care. The camp helped improve awareness of preventive dental care among children and encouraged the development of healthy oral hygiene practices from an early age.



Spreading Awareness among the Children

Community Dental Health Screening and Treatment Camp at Dilauri

A community dental health camp was conducted to promote oral health awareness and provide preventive and therapeutic dental services to local residents. The camp provided dental examinations to 22 participants. Participants received oral health education on the importance of regular brushing, correct brushing techniques, maintaining proper oral hygiene, and adopting healthy dietary practices. Following dental screening, necessary procedures, including scaling, restorations, extractions, and pit and fissure sealant applications, were performed as indicated. Fluoride application was also provided to children to help prevent dental caries and protect their teeth. Participants requiring additional dental evaluation or specialised treatment were referred to the Department of Public Health Dentistry for further care. The camp helped strengthen community awareness of preventive dentistry and improved access to essential dental screening, treatment, and oral health education.



Participants during the Camp

Oral Screening Camp at Civil Lines School, Moradabad.

An Oral Screening Camp was organized at Civil Lines School, Moradabad by the postgraduate students from the Dental College of TMU. The initiative aimed to promote oral health awareness and preventive care among young schoolchildren. Children underwent basic dental screenings to identify cavities, gum issues, and other oral conditions. Fluoride application was carried out to strengthen teeth and prevent dental caries. Postgraduate students provided interactive oral health education sessions suited to the children's understanding. Engaging tooth brushing demonstrations were conducted to teach proper brushing techniques. Students were encouraged to maintain regular brushing habits and visit dentists periodically. Teachers were also guided on monitoring children's oral hygiene at school. The session was lively, informative, and well-received by both students and staff. Overall, the camp successfully instilled the importance of early oral care and preventive dental practices among young learners.



Oral Screening of School Children During at Civil Lines School

Oral Screening Camp at Inter College, Katghar.

An Oral Screening Camp was conducted at PDK Inter College, Katghar, Moradabad by the dental health team of TMU. The camp aimed to promote oral hygiene awareness and preventive dental care among school students. Comprehensive dental screenings were performed to detect cavities, gum problems, and malocclusion. Fluoride application was carried out to strengthen tooth enamel and prevent decay. Students received individualized oral health advice for maintaining proper dental hygiene. Interactive tooth brushing demonstrations helped children learn correct brushing techniques. The dental team emphasized the importance of regular dental check-ups and healthy eating habits. Teachers were guided on encouraging and monitoring oral hygiene among students. Children actively participated and showed enthusiasm in learning about dental health. Overall, the camp successfully fostered awareness of preventive oral care and the importance of lifelong dental hygiene practices.



PDK Inter College Students During the Oral Screening Camp

SHE SMILES – A Women's Oral Health Care Camp Evidence

Teerthanker Mahaveer University (TMU), organized "SHE SMILES – A Women's Oral Health Care Camp" at Himgiri Colony, Moradabad, under Mission Shakti. The camp reached 78 participants, including 57 girls and women, 18 boys and men, and three faculty members and staff. Using a mobile dental van, the team provided oral health screening, scaling, restorative treatment, extractions where clinically indicated, and preventive oral health education. Individuals requiring advanced care were referred to the dental college for further evaluation and treatment. The programme focused on women's oral health, highlighting the effects of pregnancy, hormonal changes, menopause, and nutrition on oral well-being. Participants received guidance on proper brushing, balanced nutrition, regular dental check-ups, and timely treatment.



Children and Women Participants in the Oral Health Care Camp

RURAL COMMUNITY MEDICAL CAMPS

S. No.	Place of Medical Camp	Type of Camp	Number of Patients Screened	Images during the Camp activities	
1.	Naroda	DBCS Camp	42		
2.	Mohmadpur Mafi	General Camp	71		
3.	Gendajud	General Camp	75		
4.	Norpur	General Camp	118		
5.	Gohawar	General Camp	83		
6.	Kashiram	General Camp	82		
7.	Sirsi Sambhal	General Camp	40		
8.	Ruppura	DBCS Camp	42		

9.	Bagi Goverdhanpur	DBCS Camp	85		
10.	Saray Agwanpur	General Camp	94		
11.	Dhampur	General Camp	317		
12.	Jama Masjid	DBCS Camp	40		
13.	Agwanpur	General Camp	107		
14.	Rehmat Nagar	DBCS Camp	105		
15.	Manpur Muzzafarpur	General Camp	86		
16.	Faradhi	General Camp	52		

17.	Gadapur	General Camp	110		
18.	Lalwara	General Camp	44		
19.	Lakri Fazalpur	General Camp	72		
20.	Shaspur	General Camp	99		
21.	Hussainpur Hameer	General Camp	49		
22.	Khanpur Agwanpur	General Camp	91		
23.	Suhagpur	General Camp	76		
24.	Sahunagla	General Camp	42		

25.	Seohara	General Camp	64		
26.	Dhimri	General Camp	91		
27.	Payati Kalan	Community Meeting	34		
28.	Shaspur	General Camp	73		
29.	Kishanpur	General Camp	86		
30.	Mugalpura	General Camp	59		
31.	Khushalpur	General Camp	75		
32.	Jama Masjid Moradabad	General Camp	70		

33.	Ladawali	General Camp	73		
34.	Mangupura	General Camp	44		
35.	Anyari	General Camp	131		
36.	Baretha	DBCS Camp	47		
37.	Om Enterpriese	General Camp	58		
38.	Shashpur	General Camp	97		
39.	Ratanpur Kala	General Camp	56		
40.	Shashpur Dehat	General Camp	71		

41.	Bhikanpur Kulwara	DBCS Camp	74		
42.	Kuda Merpur	General Camp	122		
43.	Madapur Bichola	DBCS Camp	47		
44.	Lodhipur Bishanpur	General Camp	51		
45.	Dulhepur	General Camp	81		
46.	Dadupur	DBCS Camp	56		
47.	Shashpur	General Camp	61		
48.	Sukla	General Camp	115		

49.	Pakwara	General Camp	80		
50.	Hariyana	General Camp	200		
51.	Noha Ark Moradabad	General Camp	62		
52.	Sukla Ki Mandiyon	General Camp	156		
53.	Hariyana	General Camp	99		
54.	Gajroula	General Camp	467		
55.	Lal Nagri	General Camo	93		
56.	Tahesil School	General Camp	74		

57.	Shashpur	General Camp	71		
58.	Moradabad Thathera	General Camp	109		
59.	Begumpur	General Camp	200		
60.	Saray	General Camp	142		
61.	Sabjipur	General Camp	51		
62.	Seohara	General Camp	80		
63.	Chandoshi	General Camp	78		
64.	Misripur	General Camp	120		

65.	Azad Nagar	General Camp	126		
66.	Gadipur	DBCS Camp	40		
67.	Bhola Singh Ki Milak	General Camp	109		
68.	Tanda	General Camp	97		
69.	Chakkar Ki Milak	General Camp	40		
70.	Mustafapur	General Camp	118		
71.	Milak Bahapur	DBCS Camp	59		
72.	Salempur	General Camp	97		

73.	Sidalu Nazarpur	DBCS Camp	50		
74.	Sambhal	General Camp	143		
75.	Misripur	General Camp	56		
76.	Bijna	DBCS Camp	59		
77.	Dhampur	General Camp	32		
78.	Phulpura Khalilpur	General Camp	127		

Special Camp for Safe and Free Delivery Services

The Department of Obstetrics and Gynaecology, Teerthanker Mahaveer University (TMU) Hospital, Moradabad, announced a special camp for pregnant women and women requiring maternity care from 1 May to 31 May 2025. The initiative offered free medical consultation, surgical procedures, diagnostic investigations, ultrasound examinations and medicines. The services covered normal and caesarean deliveries, antenatal check-ups, pregnancy-related investigations, and specialised treatment for maternal and reproductive health conditions. The camp also highlighted services for conditions such as ovarian cysts, fibroids, hysterectomy-related needs and other gynaecological concerns.



Clip of Newspaper Advertising the Maternity Safety Scheme

The advertisement further highlighted free diagnostic and treatment facilities for eligible patients, subject to the stated hospital admission conditions, along with discounts on MRI and CT scans. A special provision of ₹4,000 in financial assistance for post-delivery nutritional support and infant care was also announced. Through this initiative, TMU Hospital aimed to improve access to

maternity services, promote safe childbirth and support maternal and newborn health. The programme aligns with SDG 3 – Good Health and Well-being, particularly targets related to maternal health, access to quality healthcare and improved health services for women and children.

Mega Free Surgery Camp in Moradabad Announcement

Teerthanker Mahaveer University (TMU) Hospital, Moradabad, organised a Mega Free Surgery Camp from 1 May to 31 May 2025, marking the first initiative of its kind in the Moradabad division, as announced in the hospital advertisement. The camp offered free medical consultations, diagnostic investigations, surgical procedures and medicines to patients. It covered several specialties, including general surgery, orthopaedics, oncology and urology, with services addressing conditions such as hernia, appendicitis, breast cancer, oral cancer, eye-related conditions, kidney stones, urinary tract disorders, piles, fissures and other surgical problems.



Clip of Newspaper Advertising the Free Surgical Camp

The advertisement also highlighted free ICU and ventilator facilities, along with free medicines and investigations for eligible patients under the stated camp conditions. OPD consultations were scheduled from Monday to Saturday, between 9:00 AM and 4:30 PM. Through this initiative, TMU Hospital aimed to improve access to specialised surgical care and reduce financial barriers for patients requiring medical intervention. The programme aligns with SDG 3 – Good Health and Well-being, particularly by supporting accessible healthcare, early diagnosis and timely treatment of surgical and other health conditions.

Free Mega Health Camps

Teerthanker Mahaveer University (TMU) Hospital, Moradabad, organised a special free medical camp, providing an opportunity for patients to access consultation and healthcare services across multiple medical specialities. The camp covered departments including General Medicine, Surgery, Orthopaedics, Paediatrics, ENT, Obstetrics and Gynaecology, Skin and other specialised services. OPD consultations were scheduled from 9:00 AM to 4:00 PM, with diagnostic and treatment facilities advertised as part of the initiative.



Clip of Newspaper Advertising the Free Mega Camp

A special provision under the Obstetrics and Gynaecology Department offered financial assistance of ₹4,000 for nutritional support and infant care after childbirth, as mentioned in the newspaper advertisement. The notice also highlighted free treatment facilities for Ayushman Bharat cardholders, subject to the applicable scheme provisions. Through this initiative, TMU Hospital extended access to medical consultation and specialised healthcare services to the community, with particular attention to maternal and child health. The programme aligns with SDG 3 – Good Health and Well-being, supporting access to healthcare services and maternal and child health support.

Free Liver FibroScan Test Camp

The Department of Gastroenterology, Teerthanker Mahaveer University (TMU) Hospital, Moradabad, organised a Free Liver FibroScan Test Camp on 27 June 2025, from 9:00 AM to 2:00 PM. The initiative aimed to promote awareness of liver health and facilitate the early assessment of liver-related conditions through non-invasive FibroScan technology. The camp was particularly



Clip of Newspaper Advertising the Free Liver BioScan Test

relevant for individuals with risk factors or concerns related to fatty liver disease, alcoholic liver disease, high cholesterol, liver cirrhosis, diabetes, hepatitis B and C, and obesity.

The camp was conducted under the guidance of Dr. Rajendra Bhati, MD, DM (Gastroenterology). As announced in the hospital advertisement, the FibroScan test was offered free of cost, with the regular price of ₹2,500 waived for the camp. The initiative provided an opportunity for community members to access specialised liver assessment and expert guidance at TMU Hospital. It aligns with SDG 3 – Good Health and Well-being, particularly through preventive healthcare, awareness of non-communicable diseases, early identification of health risks, and improved access to specialised medical services.

Special Dental Health Camp

Teerthanker Mahaveer Dental College and Research Centre (TMDCRC), Teerthanker Mahaveer University, organised a special dental health camp from 24 October to 27 October 2025 to promote



Clip of Newspaper Advertising the Free Dental Check-up

oral hygiene and improve access to dental care. The camp offered free OPD consultations and special discounts on selected dental treatments. The services highlighted in the camp advertisement included dental scaling and polishing, tooth fillings, root canal treatment, extraction of teeth, treatment of gum diseases, management of dental sensitivity, dentures, crowns and bridges, orthodontic treatment, paediatric dental care, and other specialised dental procedures.

The camp also highlighted the availability of modern dental facilities, including CBCT imaging for advanced assessment of oral and facial conditions. Through this initiative, community members were encouraged to seek timely dental consultation, understand the importance of preventive oral healthcare, and access specialised treatment at affordable rates. The programme aligns with SDG 3 – Good Health and Well-being, particularly through oral health promotion, preventive care, early identification of dental problems, and improved access to quality dental services.

Robotic-Assisted Knee Replacement Services in Moradabad

Teerthanker Mahaveer University (TMU) Hospital, Moradabad, has been featured in a newspaper report highlighting the availability of advanced robotic-assisted knee replacement technology in the region. The report informs the public that patients suffering from chronic knee pain and requiring knee replacement surgery can now access specialised orthopaedic treatment at TMU Hospital without travelling to Delhi or other metropolitan cities. The facility uses modern robotic technology to support precision in surgical planning and knee replacement procedures, expanding access to advanced orthopaedic healthcare in western Uttar Pradesh.

The newspaper coverage also highlights the hospital's initiative to make treatment more accessible to economically disadvantaged patients through the Ayushman Bharat scheme. Eligible Ayushman cardholders are offered the facility of robotic-assisted knee replacement surgery under the advertised scheme, along with free OPD consultation. The initiative reflects TMU Hospital's role in strengthening access to specialised healthcare, promoting the use of advanced medical technology, and reducing geographical and financial barriers to treatment.



Clip of Newspaper Advertising the Robotic Surgery Services to the Community

3.3.3-SHARED SPORTS FACILITIES

Teerthanker Mahaveer University (TMU) recognises access to sports and physical activity as an important component of health promotion, disease prevention and overall well-being. The University provides a range of indoor and outdoor sports facilities, including an indoor stadium, cricket ground, football field, indoor courts and gymnasium. These facilities support regular physical activity, sports training, recreational programmes and competitive events, providing students from different academic disciplines with opportunities to maintain physical fitness and develop healthy lifestyle habits. The University's sports infrastructure also serves as a platform for inter-college competitions, tournaments and engagement with the wider community, extending the benefits of organised sports beyond individual academic departments.

TMU has developed a strong sporting environment through its association with distinguished national and international sports personalities. Renowned Indian cricketers, including Mohammed Shami, Piyush Chawla, Amit Mishra, Praveen Kumar, Kuldeep Yadav, Naman Ojha, Avesh Khan and Rajat Patidar, have visited or participated in sporting activities at the University. Their presence, interactions and engagement with the University's sporting environment have encouraged aspiring athletes and strengthened interest in professional sports. In volleyball, the University has welcomed internationally recognised players, including Tom Joseph, an Arjuna Award recipient, along with other accomplished players such as K. J. Kapil Dev and Subbarao. The participation of eminent sports administrators, including Rajeev Shukla, Vice President of the BCCI, in major sporting ceremonies has further strengthened the University's sporting profile.

Beyond hosting prominent sporting personalities, TMU organises inter-college and inter-school competitions, coaching activities, fitness programmes and recreational sporting events that encourage participation across different age groups and institutions. The University's Grassroot Nurturing Program 2025, featuring volleyball, kabaddi, cricket and kho-kho competitions for boys and girls, provided school students from Uttar Pradesh and Uttarakhand with opportunities to participate in organised sports. Such initiatives promote teamwork, discipline, confidence, social interaction and equal opportunities in sports.

Through its sports infrastructure, organised competitions, athlete interactions and community-oriented sporting initiatives, TMU seeks to make physical activity an accessible and regular part of campus and community life.

Grassroot Nurturing Program 2025: Promoting Community Sports Participation and Healthy Lifestyles

1. Introduction

Teerthanker Mahaveer University (TMU) organised a series of inter-school sporting competitions under its Grassroot Nurturing Program 2025, providing school students from Uttar Pradesh and Uttarakhand with opportunities to participate in organised sports and demonstrate their athletic abilities. The programme featured competitions in volleyball, kabaddi, cricket and kho-kho, covering both boys' and girls' categories. Through these events, TMU encouraged young people to participate in physical activities, develop sporting skills, experience healthy competition and build an interest in regular sports participation.

The programme brought together schools from different districts and towns, creating opportunities for interaction among students, sports teachers and educational institutions. By providing an organised platform for school-level sporting competitions, the initiative supported the development of physical fitness, teamwork, discipline, leadership and sportsmanship among young participants. It also strengthened the relationship between the University and schools in the surrounding regions through sports-based engagement.

2. Objectives of the Programme

The Grassroot Nurturing Program was organised with the following objectives:

- To promote physical fitness and healthy lifestyles among school students through organised sports.
- To provide young athletes with opportunities to demonstrate and develop their sporting abilities.

- To encourage participation in sports among both boys and girls.
- To promote teamwork, discipline, leadership, mutual respect and sportsmanship.
- To provide an inter-school platform for interaction and healthy competition among institutions from Uttar Pradesh and Uttarakhand.
- To strengthen university–school engagement through sporting activities and grassroots-level talent development.
- To encourage the adoption of regular physical activity as part of students' overall health and well-being.

3. Sporting Events and Participation

During 2025, five major sporting events were organised under the programme. The details of each event, participating schools and winning institutions are presented below.

Event 1: Inter-School Volleyball Championship – Boys

Date: 8–10 September 2025
Participating schools: 44 from Uttar Pradesh and Uttarakhand.

The boys' volleyball competition provided school teams with an opportunity to demonstrate their coordination, physical fitness, tactical understanding and team spirit. Participation from 44 schools reflected the programme's reach across the two states.

Results:

- First Position – J. P. Public School, Chandpur
- Second Position – Genesis International School, Jaspur
- Third Position – Pioneer Academy, Jaspur



Volley Ball Event Match (Boys)

Event 2: Inter-School Kabaddi Championship – Boys

Date: 16–18 October 2025
Participating schools: 18 from Uttar Pradesh and Uttarakhand.

The boys' kabaddi competition promoted physical endurance, agility, strength, strategic thinking and coordination. The event offered school students a competitive platform to demonstrate their sporting abilities while developing discipline and team coordination.

Results:

- First Position – Sai International School, Bijnor
- Second Position – Ghanshyam Das Tandon Saraswati Vidya Mandir, Amroha
- Third Position – Shanti Devi Memorial School, Dhanaura



Kabaddi Event (Boys)

Event 3: Inter-School Cricket Championship – Boys

Date: 21–24 November 2025

Participating schools: 21 from Uttar Pradesh and Uttarakhand.

The boys' cricket competition encouraged participation in team-based physical activity and provided opportunities for students to develop coordination, concentration, decision-making and sporting discipline. Teams competed in a structured tournament, demonstrating their cricketing skills and competitive spirit.

Results:

- First Position – Little Scholars Academy, Amroha
- Second Position – Dasmesh Public School, Bilaspur
- Third Position – RSD Academy, Civil Lines, Moradabad



Cricket Event (Boys)

Event 4: Inter-School Cricket Championship – Girls

Dates: 18–19 and 24 November 2025
Participating schools: 18 from Uttar Pradesh and Uttarakhand.

The girls' cricket competition provided female school students with an organised platform for active participation in sports. The event encouraged physical fitness, confidence, teamwork and equal opportunities for girls to participate in competitive sporting activities.

Results:

- First Position – Green Meadows School, Moradabad
- Second Position – Sant Mary Convent School, Moradabad
- Third Position – PMS Public School, Moradabad



Cricket Event (Girls)

Event 5: Inter-School Kho-Kho Championship – Boys and Girls

Date: 3–4 December 2025

Participating schools: 20 boys' schools and 15 girls' schools from Uttar Pradesh and Uttarakhand.

The kho-kho championship included separate competitions for boys and girls, ensuring participation across both categories. The sport encouraged speed, agility, alertness, coordination and quick decision-making. The event also provided an opportunity for girls to participate in an organised inter-school sporting competition alongside boys.

Boys' Results:

- First Position – Green Meadows School, Moradabad
- Second Position – RK School, Moradabad
- Third Position – Rainbow Public School, Moradabad

Girls' Results:

- First Position – St. Mira Academy, Moradabad
- Second Position – PMS Public School, Moradabad
- Third Position – Green Meadows School, Moradabad



Kho Kho Event (Boys)



Kho Kho Event (Girls)

4. Programme Participation and Outreach

Sporting Event	Category	Participating Schools
Volleyball	Boys	44
Kabaddi	Boys	18
Cricket	Boys	21
Cricket	Girls	18
Kho-Kho	Boys	20
Kho-Kho	Girls	15
Total	**6 Event Categories**	**136**

The programme recorded 136 school participations across the five events, representing participation from Uttar Pradesh and Uttarakhand. This figure represents the cumulative number of school entries across the tournaments and should not be interpreted as 136 unique schools, since an institution may have participated in more than one event.

The inclusion of boys' and girls' competitions in cricket and kho-kho provided opportunities for female students to participate in organised sports. The programme also brought together school-level athletes from different locations, encouraging interaction, healthy competition and wider participation in physical activities.

5. Contribution to Health and Well-being

The programme supported the objectives of SDG 3 by encouraging school students to engage in structured physical activities and develop healthy lifestyle habits. Participation in volleyball, kabaddi, cricket and kho-kho provided opportunities for physical exertion, movement, coordination and the development of fitness-related skills.

Beyond physical activity, team sports provided a setting for students to develop cooperation, discipline, communication, leadership and emotional resilience. Competitive participation also encouraged students to respect opponents, follow rules and appreciate collective achievement. The inclusion of girls' competitions further supported equitable participation in sports and promoted confidence among young female athletes.

6. Alignment with SDG 3 – Good Health and Well-being

The Grassroot Nurturing Program 2025 aligns with SDG 3: Good Health and Well-being, particularly the broader objective of promoting health and preventing lifestyle-related health risks through physical activity. The programme also supports the development of healthy habits among school-age children and strengthens the role of educational institutions in encouraging active lifestyles.

Under THE Sustainability Impact Ratings Metric 3.3.3 – Shared Sports Facilities, the initiative demonstrates TMU's engagement with school communities through organised sporting opportunities. Where supported by venue and facility-use records, the programme can also demonstrate the University's sharing of its sports infrastructure with external educational institutions, enabling school students to access organised sports facilities and participate in competitive events.

7. Conclusion

The Grassroot Nurturing Program 2025 provided an inter-school sporting platform through five major tournaments covering volleyball, kabaddi, cricket and kho-kho. With 136 cumulative school participations from Uttar Pradesh and Uttarakhand, the programme encouraged physical activity, sporting talent, teamwork and participation among boys and girls. Through continued engagement with schools and the provision of organised sporting opportunities, TMU can strengthen its role in promoting community health, grassroots sports development and healthy lifestyles, in alignment with SDG 3.

SPORTS FACILITIES MADE ACCESSIBLE

Sports	Ground / Venue	Timings
Cricket	TMU Cricket Ground	5:00 PM – 8:00 PM
Football	University Football Field	5:00 PM – 8:00 PM
Basketball	Indoor Sports Complex	5:00 PM – 8:00 PM
Volleyball	Indoor Sports Complex	5:00 PM – 8:00 PM
Badminton	Indoor Sports Complex	5:00 PM – 8:00 PM
Table Tennis	Indoor Sports Complex	5:00 PM – 8:00 PM
Athletics / Track Events	University Athletic Track	5:00 PM – 8:00 PM
Gym / Fitness Zone	University Gymnasium	5:00 PM – 8:00 PM
Chess & Indoor Games	Indoor Sports Complex	5:00 PM – 8:00 PM

3.3.4-SEXUAL & REPRODUCTIVE HEALTH SERVICES FOR STUDENTS

Teerthanker Mahaveer University (TMU) is committed to promoting the overall well-being of its students by ensuring access to comprehensive sexual and reproductive health services, aligning with the objectives of Sustainable Development Goal 3 (Good Health and Well-being). The University prioritizes preventive, promotive, and curative health care through its state-of-the-art Medical College and Hospital, where students can access confidential consultations, counseling, and treatment related to reproductive health issues.

TMU regularly conducts awareness programs, workshops, and interactive sessions focusing on menstrual hygiene, sexually transmitted infections (STIs), contraceptive methods, and the importance of emotional well-being in relationships. The College of Nursing, in collaboration with the Internal Complaints Committee (ICC) and Mission Shakti initiatives, organizes campaigns to empower students, particularly female students, with accurate knowledge about reproductive rights, menstrual hygiene management, and gender sensitivity.

Dedicated health care professionals, gynecologists, and counselors are available to provide guidance and address students' queries in a safe and supportive environment. Free health check-ups, vaccination drives, and menstrual hygiene product distributions are also carried out regularly to promote healthy practices.

TMU ensures strict confidentiality and non-judgmental care, fostering a culture where students feel comfortable seeking advice and assistance. Through these sustained efforts, the University not only upholds students' physical and mental well-being but also strengthens its commitment to the national and global vision of sustainable health for all under SDG 3 – Ensure healthy lives and promote well-being for all at all ages.

TMDCRC offers students comprehensive sexual and reproductive health services, providing free access to essential care, guidance, and reliable information. The institution regularly organizes awareness programs, seminars, and educational sessions covering topics such as sexual health, safe practices, contraception, reproductive rights, and menstrual hygiene. As part of these initiatives, free sanitary napkins are distributed during special campaigns, along with guidance on

the proper use of pads, selection of safe and chemical-free materials, and environmentally responsible disposal practices. Together, these efforts create informed decision-making, promote healthy behaviors, and support overall well-being, within a stigma-free and supportive environment that encourages students to seek care and advice confidently.



Seminar on Reproductive Health and Influence on Oral Structure

<u>International Womens Day</u>

On the occasion of International Women's Day, Teerthanker Mahaveer University (TMU) organized an enlightening and socially impactful program titled "Discussion on Maintenance of Women's Health and Sexual Hygiene", followed by the distribution of sanitary napkins among the participants. The event was conducted at the TMU Dental College, and the participants included members of the general public attending the Outpatient Department (OPD). A total of 86 women participants took part in this awareness discussion, making the initiative both educational and community-oriented.

The program aimed to raise awareness about the importance of maintaining good reproductive and sexual health, with a special focus on menstrual hygiene management. The session began with a warm welcome by the faculty members of the Dental College, who highlighted the significance of celebrating women's health and empowerment on International Women's Day. The event was graced by healthcare professionals, dental surgeons, and nursing faculty who shared valuable insights into the preventive and promotive aspects of women's health.

The discussion covered crucial topics such as personal hygiene practices, menstrual cycle management, prevention of infections, awareness about reproductive tract infections (RTIs), and the importance of balanced nutrition for maintaining hormonal and reproductive health. Experts emphasized the need for regular health check-ups and the role of hygiene in preventing diseases such as urinary tract infections and cervical infections. Participants were also educated on the safe disposal of sanitary napkins and eco-friendly menstrual products.



Discussion on maintenance of women health and sexual hygiene

The interactive session allowed the participants to freely express their doubts and misconceptions regarding menstrual and sexual health. The facilitators addressed these queries with sensitivity, ensuring that the discussion promoted openness and awareness rather than stigma or discomfort. The event also included short demonstrations on the correct use of sanitary products and personal hygiene practices during menstruation.

Following the discussion, sanitary napkins were distributed among all the participants as part of the university's commitment to promoting menstrual hygiene and empowering women through accessibility and education. The gesture aimed to encourage hygienic menstrual practices, especially among women from rural and underserved backgrounds attending the OPD.

The initiative reflected TMU's continuous efforts to advance Sustainable Development Goal 3 (Good Health and Well-being) and SDG 5 (Gender Equality) by promoting equitable access to health education and essential resources for women. The program not only enhanced health literacy among participants but also encouraged them to adopt healthy practices and share this knowledge within their communities.

The event concluded with an expression of gratitude to the organizing team, healthcare professionals, and faculty members for their dedicated efforts. Feedback from participants indicated that the session was both informative and motivating, creating awareness about issues often overlooked in everyday life.

Through such initiatives, Teerthanker Mahaveer University continues to reaffirm its commitment to women's health, empowerment, and community welfare, ensuring that awareness and access to reproductive health services reach every segment of society. The event served as a meaningful step toward building a healthier, informed, and empowered community of women.

Awareness Programme On Cervical Cancer

An Awareness Programme on Cervical Cancer followed by a Human Papillomavirus (HPV) Vaccination Camp was organized at Teerthanker Mahaveer University (TMU) Hospital with the objective of promoting awareness about cervical cancer prevention and the importance of early

vaccination. The event witnessed the enthusiastic participation of around 250 students, faculty members, and healthcare professionals, reflecting the university's strong commitment to advancing public health and preventive healthcare practices.

The program began with a formal inaugural session where the importance of cervical cancer awareness was emphasized by senior faculty and medical experts from TMU Hospital. The speakers highlighted that cervical cancer is one of the most preventable forms of cancer among women, primarily caused by persistent infection with high-risk strains of the Human



HPV Vaccination of Students

Papillomavirus (HPV). Despite being largely preventable, it remains a significant public health challenge due to lack of awareness and screening, especially in developing regions. During the awareness session, specialists from the Department of Obstetrics and Gynaecology delivered informative talks on causes, symptoms, early detection, and prevention of cervical cancer. Students were educated about the role of regular Pap smear screening, safe sexual practices, and vaccination

in reducing the incidence of the disease. Emphasis was also placed on lifestyle factors, nutrition, and hygiene that play a crucial role in maintaining reproductive health.

A key highlight of the event was the administration of the HPV vaccine, a scientifically proven preventive measure against cervical cancer. The vaccination camp was organized under the supervision of trained healthcare professionals and nursing staff. Participants were informed about the benefits, dosage schedule, and safety of the vaccine. The medical team ensured proper counseling prior to vaccination, addressing any doubts and misconceptions among the students.



Participants with HPV Vaccine

The interactive format of the session encouraged open discussion, allowing students to seek clarification about HPV infection, vaccination age, and long-term protection. Faculty members underscored that vaccination, combined with routine screening, provides a strong defense against cervical cancer and can significantly reduce mortality rates among women. The program also aimed to instill a sense of social responsibility among the students, encouraging them to act as health ambassadors by spreading awareness about cervical cancer prevention within their families and communities.

The event concluded with a vote of thanks delivered by the organizing committee, expressing appreciation for the collaborative efforts of TMU Hospital, medical faculty, nursing staff, and the participating students. The success of the program was evident from the positive feedback received, as participants found the session highly educational, practical, and impactful.

Through this initiative, Teerthanker Mahaveer University reaffirmed its dedication to promoting Sustainable Development Goal 3 – Good Health and Well-being, by integrating education, prevention, and healthcare delivery. The awareness programme and vaccination camp not only enhanced students' knowledge about cervical cancer but also demonstrated TMU's proactive role in protecting and improving the health of its academic community and society at large.

Zoom Session Conducted on the Occasion of National Girl Child Day

On the occasion of National Girl Child Day, the Department of Obstetrics and Gynaecology (OBG), Teerthanker Mahaveer University (TMU) Hospital, organized an insightful and inspiring Zoom session aimed at promoting awareness about the rights, health, and empowerment of the girl child. The session was organized under the leadership of the Head of the Department of OBG, who also serves as the Chairperson of the Indian Medical Association (KSB).

The session began with a warm welcome and a brief introduction highlighting the importance of National Girl Child Day, which is observed every year to promote gender equality, safeguard the rights of girls, and emphasize the need for their education and health care. The HoD, in her address, shed light on the various challenges faced by girl children in society, including gender discrimination, lack of educational opportunities, and poor access to healthcare services.

She emphasized the pivotal role of healthcare professionals and educators in creating an environment that supports the physical, emotional, and social development of girls. The discussion also focused on maternal and adolescent health, the importance of nutrition, menstrual hygiene management, and empowerment through education and awareness. Participants included faculty members, nursing students, and healthcare professionals who actively engaged in the session through interactive discussions and shared insights on promoting gender equity and well-being.



Zoom Session on the occasion of National Girl Child Day

The event concluded with a message of hope and encouragement from the organizer, reaffirming TMU's commitment to fostering gender equality and empowering girls to achieve their full potential. The session served as a meaningful initiative under SDG 3 (Good Health and Well-being) and SDG 5 (Gender Equality), reinforcing the collective responsibility to nurture and protect the girl child.

Celebration of National Girl Child Day At Tmu Hospital

The Department of Obstetrics and Gynaecology, Teerthanker Mahaveer University (TMU) Hospital, celebrated National Girl Child Day with great enthusiasm and commitment to promoting awareness about the importance of valuing and empowering the girl child. The celebration, held within the hospital premises, aimed to sensitize the community on gender equality, educate families on the significance of nurturing girls, and encourage positive attitudes towards girl children. The event brought together healthcare professionals, faculty members, nursing students, patients, and their families in a spirit of joy, awareness, and collective responsibility toward building an inclusive and equitable society.

1. Session on the Importance of the Day and Its Impact on Society

The program commenced with a special session on the importance of National Girl Child Day, organized by the Department of Obstetrics and Gynaecology. The session was presided over by the Head of the Department, who also serves as the Chairperson of the Indian Medical Association (KSB). In her inaugural address, she elaborated on the objectives behind celebrating the day—highlighting the persistent social issues such as gender bias, female foeticide, unequal educational opportunities, and limited access to healthcare for girls.

She emphasized that empowering the girl child begins with awareness and collective action, not only from the government but also from every household and community. The session encouraged participants to advocate for equal rights, education, and healthcare for girls. It also underlined the significant impact of girl child education on national development, emphasizing that educated and empowered women contribute to stronger, healthier, and more prosperous societies. The discussion resonated with TMU's vision of promoting Sustainable Development Goal 5 (Gender Equality) and SDG 3 (Good Health and Well-being).



Session conducted on the Occasion of National Girl Child Day at TMU

2. Poster Competition

Following the awareness session, a poster competition was organized for students and staff on the theme "Empowering the Girl Child: A Step Towards Equality." The competition provided a creative platform for participants to express their thoughts through art, color, and meaningful messages. The posters portrayed themes such as "Save the Girl Child," "Educate a Girl, Empower a Nation," and "Girls are the Future of Society."

The competition drew enthusiastic participation, reflecting deep sensitivity and creativity among students. The best posters were recognized and awarded by the organizing committee. The activity served as a powerful visual reminder that changing attitudes starts with education, awareness, and the nurturing of empathy and equality among youth.



Creative Posters and Messages Prepared by the Students

3. Praising and Encouraging Postnatal Mothers with Girl Children

A particularly heartwarming segment of the celebration was the interaction with postnatal mothers in the maternity ward who had recently given birth to girl children. Doctors, faculty members, and nursing staff visited the mothers to praise and congratulate them, emphasizing how significant the birth of a girl child is for both family and society. The team highlighted that daughters represent love, strength, and continuity of culture, and their education and well-being are crucial for the progress of the nation.

This interaction aimed to dispel the deep-rooted societal notion that values male children more than female children. The mothers were reassured that giving birth to a girl is a blessing, and they were encouraged to raise their daughters with pride, confidence, and opportunities for growth. Several mothers shared their happiness and gratitude, making the moment emotionally uplifting for everyone involved. The initiative helped reinforce positive mindsets and break stereotypes surrounding the birth of a girl child.



Awareness Camp on National Girl Child Day

4. Distribution of Gifts for Postnatal Mothers with Girl Children

To add joy to the occasion, gifts were distributed among postnatal mothers who had given birth to girl children. The gifts, thoughtfully prepared by the Department of Obstetrics and Gynaecology, included baby care essentials, sweets, and congratulatory cards carrying motivational messages about the importance of nurturing and empowering girls. The gesture symbolized appreciation, love, and encouragement for the mothers and their newborn daughters.

The distribution ceremony brought smiles to every face in the ward. The act of giving small but meaningful gifts conveyed a strong message — that every girl child deserves to be welcomed with happiness and dignity. It also demonstrated TMU Hospital's compassionate approach to healthcare, where emotional well-being is valued as much as physical recovery.

The celebration of National Girl Child Day at TMU Hospital was a resounding success, combining education, creativity, and compassion to advocate for gender equality and empowerment. Each component of the event—the awareness session, poster competition, interaction with mothers, and gift distribution—contributed to spreading the message that a girl child is not just equal but essential to the progress of society



Distribution of Gifts for the Mothers

The event reaffirmed Teerthanker Mahaveer University's commitment to promoting gender equity, women's health, and social change. It served as a reminder that every girl deserves respect, education, and opportunities to thrive. By celebrating the girl child, TMU continues to contribute to the realization of a just and inclusive society aligned with the goals of SDG 3 and SDG 5, embodying the true spirit of empowerment through compassion, awareness, and action.

Free Antenatal Check-Up, Nutritional and Contraceptive Counselling Camp

The Department of Obstetrics and Gynaecology (OBG) at Teerthanker Mahaveer University (TMU) Hospital organized a Free Antenatal Check-up, Nutritional, and Contraceptive Counseling Camp at the OBG Outpatient Department (OPD). The camp aimed to provide comprehensive maternal health services and create awareness about the importance of regular antenatal care, proper nutrition, and family planning methods among women and their families. The initiative reflected TMU Hospital's ongoing commitment to promoting Sustainable Development Goal 3 – Good Health and Well-being, through preventive and promotive healthcare services for women.

The camp witnessed enthusiastic participation from expectant mothers, women of reproductive age, and their accompanying family members, who benefitted from expert consultations and awareness sessions. The primary objective was to ensure that every pregnant woman receives the essential healthcare guidance required for a safe pregnancy, healthy childbirth, and overall well-being of both mother and child.



Free Antenatal Checkup, Nutritional and Contraceptive Counseling Camp

The camp began with **free antenatal check-ups** conducted by a team of qualified obstetricians, gynecologists, and nursing staff. Each participant underwent a complete health assessment that included blood pressure monitoring, weight measurement, haemoglobin testing, and fetal health evaluation. Doctors also reviewed existing medical histories to identify high-risk pregnancies and provided necessary referrals for further investigations when required. Expectant mothers were educated on the significance of regular antenatal visits, early detection of complications, and the importance of institutional delivery.

In addition to medical check-ups, a dedicated session on nutritional counseling was organized. Nutritionists and healthcare professionals discussed the critical role of balanced nutrition during pregnancy, emphasizing the intake of iron, calcium, folic acid, and protein-rich foods. Participants were guided on meal planning, dietary supplementation, and the importance of hydration. Special attention was given to combating anaemia, a common health issue among pregnant women. Educational leaflets on healthy diet practices were distributed for future reference. The camp also included an informative contraceptive counseling session, designed to spread awareness about family planning methods and reproductive health. Medical experts explained various contraceptive



Free Antenatal Checkup, Nutritional and Contraceptive Counseling Camp

options, including temporary and permanent methods, their usage, advantages, and possible side effects. Participants were encouraged to make informed decisions about family planning based on their health, age, and family goals. The counseling emphasized that family planning not only benefits maternal health but also contributes to overall family welfare and national health improvement.

Throughout the event, the atmosphere remained highly interactive. Participants asked questions and received personalized advice from doctors and counselors. Many relatives accompanying the patients also attended the sessions, gaining valuable knowledge about maternal care and reproductive health.

The event concluded with the distribution of iron and calcium supplements to pregnant women, along with informational pamphlets on antenatal care, nutrition, and contraception. The medical team reiterated TMU Hospital's mission to extend quality healthcare to all segments of society, especially women from underserved communities.

The Free Antenatal Check-up, Nutritional, and Contraceptive Counseling Camp proved to be a great success, with participants expressing gratitude for the hospital's efforts in providing accessible and comprehensive health services. By integrating medical care with education and awareness, TMU Hospital continues to play a vital role in empowering women to lead healthier lives and make informed reproductive choices—furthering the vision of inclusive and sustainable health for all.

Free Cancer Cervix Screening Camp At TMU

The Department of Obstetrics and Gynaecology (OBG) at Teerthanker Mahaveer University (TMU) Hospital organized a Free Cervical Cancer Screening Camp for women attending the OBG Outpatient Department (OPD). The initiative was part of the department's continuous efforts to promote women's health through early detection, awareness, and prevention of reproductive health disorders. The camp aimed to educate women about cervical cancer—one of the most common yet preventable cancers among women—and to encourage regular screening as a vital preventive measure.

The camp witnessed an encouraging response, with a large number of women of reproductive and perimenopausal age groups participating. Many women attending the OPD for routine check-ups and antenatal or gynecological consultations also took part in the screening. The primary goal was to identify any early signs of cervical abnormalities, provide medical counseling, and raise awareness about the importance of preventive healthcare.



Free Cervical Cancer Screening Camp

The program began with an awareness session led by senior gynecologists and faculty members of the OBG Department. The experts highlighted the causes, risk factors, symptoms, and prevention of cervical cancer. They explained that persistent infection with the Human Papillomavirus (HPV) is the leading cause of cervical cancer and stressed the importance of early screening, vaccination, and maintaining good genital hygiene. Participants were informed that timely detection through Pap smear tests and visual inspection methods can effectively prevent the progression of the disease.

Following the educational session, women were invited to undergo free Pap smear screening conducted by trained doctors and nursing staff in a private and comfortable setting. Each participant's medical history was carefully recorded, and the procedure was carried out with strict adherence to hygiene and safety protocols. Those who required further evaluation were counseled and referred for appropriate follow-up investigations. Educational pamphlets and awareness leaflets were distributed to all participants, reinforcing the importance of regular screening and preventive health practices.

The camp also provided counseling on HPV vaccination, explaining its role in protecting against the most dangerous strains of the virus. Doctors encouraged eligible women and their families to consider vaccination for adolescent girls as a long-term preventive measure. Participants were made aware of the availability of the vaccine at TMU Hospital and were motivated to discuss it further with healthcare providers.



Free Cervical Cancer Screening Camp

A key aspect of the camp was its inclusive approach—women from all social and economic backgrounds were encouraged to participate. The counseling sessions were designed to address misconceptions, fears, and cultural barriers that often prevent women from undergoing cancer screening. The doctors emphasized that cervical cancer, if detected early, is completely curable and that awareness and regular screening are the most effective tools for prevention.

The event concluded with words of appreciation from the Head of the OBG Department, who thanked the dedicated medical and nursing staff for their active participation and compassion toward women's health. She reaffirmed TMU Hospital's commitment to Sustainable Development Goal 3 (Good Health and Well-being) and SDG 5 (Gender Equality) by empowering women through healthcare awareness and access to preventive services.

The Free Cervical Cancer Screening Camp was highly successful and well-received by the participants. It not only provided essential health services but also played a crucial role in breaking taboos, encouraging open discussions about women's health, and promoting preventive care as a community responsibility. Through such initiatives, TMU Hospital continues to lead by example in advancing women's health and ensuring early intervention for a healthier future.

3.3.5-MENTAL HEALTH SUPPORT FOR STUDENTS

Institutional Framework for Mental Health Support and Well-being of Students

Teerthanker Mahaveer University (TMU), Moradabad, has an established structured institutional mechanism to safeguard and promote the mental health and psychological well-being of its students. Recognizing that emotional well-being is closely connected with academic performance, personal development and quality of life, the University has put in place three key institutional provisions: Mental Health and Well-Being Policy, Mental Health and Well-Being Monitoring Committee (MHWBMC), and Mental Health and Well-Being Centre (MHWBC). Together, these provide a framework for mental health promotion, early identification of concerns, professional assistance, crisis intervention and continuous follow-up.

1. Mental Health and Well-Being Policy Evidence

TMU has formulated a comprehensive Mental Health and Well-Being Policy in alignment with the UGC Guidelines on Uniform Policy on Mental Health and Well-Being, National Education Policy (NEP) 2020, UMMEED Guidelines, the Mental Healthcare Act 2017 and Sustainable Development Goal 3 (Good Health and Well-being).

The policy extends to all students, faculty members and non-teaching staff. It outlines the University's approach to mental health promotion, prevention, early identification, counselling, intervention, confidentiality and protection against discrimination. It also establishes procedures for voluntary counselling, faculty and warden referrals, emergency response and specialized psychiatric care.

2. Mental Health and Well-Being Monitoring Committee (MHWBMC) Evidence

The University has constituted a Mental Health and Well-Being Monitoring Committee under the overall guidance of the Vice-Chancellor. The committee includes representation from university administration, faculty, non-teaching staff, students, family members, alumni and hostel administration.

Its principal responsibilities include:

- Monitoring the implementation of the University's Mental Health and Well-Being Policy.
- Overseeing the functioning of the Mental Health and Well-Being Centre.
- Reviewing reported mental health concerns, crisis situations and interventions.
- Monitoring compliance with professional ethics, confidentiality and applicable regulatory requirements.
- Maintaining anonymized information and documenting institutional action.
- Conducting two meetings annually, one in each semester, with documented minutes and Action Taken Reports.

The committee provides institutional oversight and ensures that mental health support remains an ongoing university-level responsibility.

3. Mental Health and Well-Being Centre (MHWBC) Evidence

TMU has established a dedicated Mental Health and Well-Being Centre to provide students with access to professional psychological and mental health support. The Centre functions with a multidisciplinary team comprising a Centre Head, Psychiatrist, Clinical Psychologist, Social Worker and Supporting Staff.

The Centre provides or facilitates the following services:

- Individual and group counselling.
- Psychological first aid and crisis intervention.
- Psychological assessment and screening.
- Psychoeducation and mental health awareness sessions.
- Stress and time-management workshops.
- Psychotherapy and family counselling, as appropriate.
- Referral for specialized psychiatric consultation and further treatment.
- Follow-up support for students requiring continued assistance.

Dedicated spaces are provided for confidential consultations, and anonymized documentation is maintained to safeguard personal information.

4. Continuous Support and 24x7 Emergency Assistance

Mental health support at TMU is not restricted to scheduled counselling sessions or awareness programmes. The University's policy establishes a coordinated response involving the Mental Health and Well-Being Centre, student mentors, faculty members, hostel wardens and TMU Hospital. Students can voluntarily seek counselling by writing to mentalhealthsupport@tmu.ac.in, with their respective mentor marked in CC. Faculty members and hostel wardens can also refer students who exhibit signs of emotional or psychological distress.

For emergencies involving self-harm risk or immediate danger, the policy provides for immediate medical attention at TMU Hospital, simultaneous notification of the Mental Health and Well-Being Centre and the concerned mentor, and appropriate follow-up care. The University also recognizes the national Tele-MANAS service as an additional source of round-the-clock mental health assistance. Students can access this free national helpline at 14416 or 1800-891-4416, available 24 hours a day. Through this coordinated arrangement, TMU provides pathways for students to receive assistance during routine concerns as well as urgent mental health situations, including outside regular counselling hours.

5. Preventive Measures and Student Well-being Activities

In addition to counselling and clinical intervention, the University's policy provides for year-round activities that help students understand mental health, develop coping skills and build emotional resilience. These include:

- Mental health awareness and suicide prevention campaigns.
- Peer-support workshops and faculty sensitization programmes.
- Stress-management and relaxation sessions.
- Daily relaxation and meditation practices in hostels.

- Orientation sessions for newly admitted students.
- Workshops on communication, life skills, emotional regulation and resilience.
- Awareness programmes on mental health rights, digital safety and available helplines.

These activities encourage students to seek assistance early, support one another and develop healthy ways of managing academic and personal challenges.

Student Mentoring and Individualized Guidance System Evidence

TMU implements a structured Mentor–Mentee System to provide students with consistent academic and personal guidance throughout their programme. Under this system, each faculty mentor is assigned approximately 25–30 students and continues to guide the same group from the first year through the final year, allowing mentors to understand students' progress and individual circumstances. Mentors serve as the first point of contact for students facing academic difficulties, adjustment challenges, anxiety or personal and family-related concerns. They provide individual guidance, help students identify practical solutions and, where necessary, refer concerns to the Head of the Department or appropriate university support services. The SOP also emphasizes a patient and supportive approach, particularly when assisting students experiencing anxiety or difficulty adjusting to university life. Best_Practice

The system includes regular mentor–mentee interactions, communication with parents when required, and documentation of discussions and follow-up actions. The university ERP records meeting details, issues raised, advice provided and the impact of interventions, enabling continuity and follow-up. The Mentor–Mentee System complements TMU's Mental Health and Well-Being Policy, Mental Health and Well-Being Centre, and professional psychological and psychiatric services. While mentors provide ongoing guidance and help identify students who may need additional support, specialized mental health concerns can be directed to the designated professional services.

World Mental Health Day Programme Evidence

The Department of Mental Health Nursing, Teerthanker Mahaveer College of Nursing, TMU, in collaboration with SNAI, successfully organized, World Mental Health Day Programme. The programme aimed to promote mental health awareness, challenge misconceptions, reduce stigma, and foster empathy, inclusion, and compassionate care.

1. Debate Competition – Myths and facts about mental health: The debate competition encouraged students to critically examine mental health myths and facts, express diverse perspectives, and challenge misconceptions. It strengthened critical thinking, communication, and awareness while promoting respectful and evidence-based discussions.



Students Participating in Debate and Story Telling Competitions

2. Story Sharing and Reflection Competition – Voices That Inspire Change: The storytelling and reflection session provided a meaningful platform for students to share stories, insights, and reflections on emotional well-being, resilience, relationships, and overcoming challenges. The activity emphasized empathy, active listening, and the importance of acknowledging every individual's mental health journey.

3. Mindfulness Session – Pause, Breathe, Reconnect: A mindfulness session led by Ms. Priyanka Singh, M.Sc. Nursing 2nd Year, introduced students to simple mental wellness activities, including mindful breathing, present-moment awareness, body relaxation, and emotional check-ins. These activities encouraged stress management, self-awareness, emotional regulation, and self-care.



Inauguration of the Awareness Talk Session

4. International Awareness Talk – "Lived Experiences Heard: Real Voices, Real Change": The international awareness talk by Dr. Joseph J. Jeganathan from the University of Bahrain emphasized the significance of listening to individuals' lived experiences of mental health challenges. The session highlighted the need to create safe and supportive spaces, encourage open conversations, challenge stigma, and promote empathy and understanding. It reinforced the importance of person-centred, respectful, and compassionate mental health care.

Guest Lecture on World Suicide Prevention Day Evidence

The Department of Mental Health, in collaboration with the Student Nurses Association of India (SNAI), Teerthanker Mahaveer College of Nursing, Teerthanker Mahaveer University, Moradabad, Uttar Pradesh, organized a guest lecture on the occasion of World Suicide Prevention Day. The programme was conducted for B.Sc. Nursing students with the aim of raising awareness about suicide prevention, promoting mental health literacy, and encouraging a compassionate and supportive approach towards individuals experiencing emotional distress.



Felicitation of Guest Speaker

The guest lecture focused on the theme "Changing the Narrative on Suicide," emphasizing the importance of breaking the stigma surrounding suicide and encouraging open, sensitive, and supportive conversations about mental health. The session highlighted common psychological, social, and emotional factors that may contribute to suicidal thoughts and behaviour. B.Sc. Nursing students were sensitized to recognize warning signs, respond empathetically to individuals in distress, and understand the importance of timely referral to qualified mental health professionals. The lecture also emphasized the crucial role of nurses in suicide prevention through therapeutic communication, emotional support, patient observation, and appropriate intervention. Students were encouraged to avoid judgmental attitudes, maintain confidentiality within professional and safety-related limits, and create an environment in which individuals feel comfortable seeking help.

Expert Talk: "Creating Resilience, Sustainable, Accessible Health Care for All – A Nursing Perspective" Evidence

An expert talk titled "Creating Resilience, Sustainable, Accessible Health Care for All – A Nursing Perspective" was successfully organized by the Department of Mental Health Nursing, Teerthanker Mahaveer College of Nursing, Teerthanker Mahaveer University. The programme aimed to enhance students' understanding of professional resilience, mental well-being, sustainable nursing practices, and equitable access to healthcare services.

The expert talk focused on the importance of resilience and sustainability in nursing practice. Dr. Himalayani Sharma discussed the professional challenges commonly encountered by nurses, including workplace stress, burnout, heavy workloads, and difficulties in maintaining a healthy work-life balance. She emphasized the importance of emotional resilience, self-care, stress management, and professional development in sustaining the well-being and effectiveness of nursing professionals. The session also explored sustainable and eco-friendly nursing practices, highlighting the responsibility of healthcare professionals to minimize waste, use resources efficiently, and contribute to environmentally responsible healthcare delivery.



Interaction of the Expert with the Participants

Expert Talk on World Day of Social Justice – Addressing Mental Health Inequalities and Access" Evidence

On the occasion of the World Day of Social Justice, the Department of Mental Health Nursing, Teerthanker Mahaveer College of Nursing, Teerthanker Mahaveer University, Moradabad, successfully organized an online expert talk. The programme, themed "Social Justice – Addressing Mental Health Inequalities and Access," aimed to raise awareness about mental health as a fundamental human right and highlight the importance of equitable, accessible, and inclusive mental healthcare services for all, particularly vulnerable and marginalized populations.



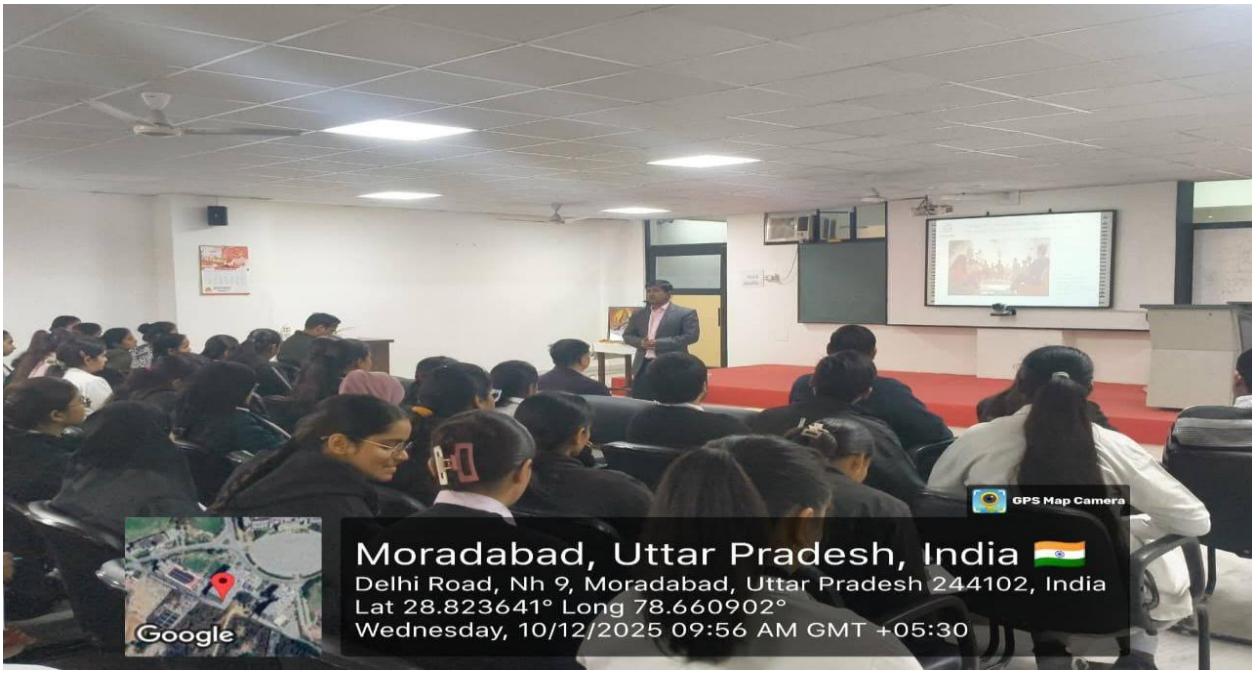
Expert Addressing the Participants during the World Day of Suicidal Justice

The expert talk focused on the relationship between social justice and mental health, highlighting the barriers that prevent individuals from accessing appropriate mental healthcare. The discussions emphasized the importance of reducing stigma, improving awareness, and promoting inclusive services, especially for individuals from disadvantaged and marginalized communities.

The session also highlighted the vital role of nurses as advocates, leaders, and change agents in promoting mental health equity. Students were sensitized to the importance of ethical responsibility, empathy, therapeutic communication, and evidence-based nursing practice in delivering equitable and compassionate care. The programme encouraged participants to look beyond the clinical dimensions of nursing and recognize their professional responsibility to uphold human dignity, protect individual rights, and contribute to a more inclusive healthcare system.

Bridging Two Worlds: Collaborating Peer Mentors and Families for Holistic Anxiety and Depression Recovery Evidence

A guest lecture titled *"Bridging Two Worlds: Collaborating Peer Mentors and Families for Holistic Anxiety and Depression Recovery."* Was successfully organized aiming the enhancement of students' understanding of the importance of peer support, family involvement, and community participation in promoting mental health and supporting recovery among individuals experiencing anxiety and depression. The guest speaker shared valuable insights into the importance of collaborative approaches to mental healthcare, emphasizing that recovery from anxiety and depression extends beyond clinical treatment and requires a supportive social environment.



Interaction of Guest Speaker with the Participants

The resource person highlighted the complementary roles of peer mentors and family members in providing emotional support, encouraging positive coping strategies, reducing feelings of isolation, and promoting confidence among individuals experiencing mental health challenges.

The session also emphasized the importance of empathy, active listening, non-judgmental communication, and the reduction of stigma associated with mental health conditions. Students gained an understanding of how peer mentors can provide encouragement through shared experiences, while families can contribute to recovery by fostering a safe, understanding, and supportive home environment.

"Digital Psychiatry Innovation for Scalable Tele-Mental Health Services" Evidence

An expert talk titled "Digital Psychiatry Innovation for Scalable Tele-Mental Health Services" was conducted to familiarize nursing students with emerging digital technologies in psychiatry and their potential to improve the accessibility, scalability, and delivery of mental healthcare services. The session was delivered by Dr. Lakshmi Kotamarthi, a distinguished expert in psychiatry, who shared valuable insights into the evolving role of digital technologies in mental healthcare. The expert highlighted how digital psychiatry and tele-mental health services can help overcome geographical barriers, facilitate timely consultations, and extend mental health support to individuals in underserved and remote communities.



Participants and Expert in the Expert Talk

The discussion focused on emerging approaches such as teleconsultation, digital mental health platforms, remote patient monitoring, and technology-enabled psychological support. The resource person emphasized the potential of these innovations to complement conventional psychiatric services and improve continuity of care. The session also provided B.Sc. Nursing fifth-semester students with an understanding of the opportunities and challenges associated with digital mental healthcare, including patient confidentiality, data privacy, ethical practice, digital accessibility, and the importance of maintaining a patient-centred approach.

World Mental Health Day Celebration Evidence

Teerthanker Mahaveer University (TMU), celebrated World Mental Health Day through a series of awareness and wellness activities organized for faculty members and students of Teerthanker Mahaveer Medical College and Research Centre. The programme aimed to promote emotional well-being, increase awareness about mental health issues, and encourage individuals to prioritize psychological health alongside physical health. The celebration provided a platform for faculty members and students to engage in meaningful discussions, interactive activities, and wellness initiatives, reinforcing the importance of creating a supportive and mentally healthy academic and professional environment.



Participants in the Celebration of World Mental Health Day

A series of interactive workshops, mental health awareness sessions, mindful discussions, and wellness activities were designed to promote psychological well-being among participants. The awareness sessions highlighted the importance of mental health in maintaining overall health, academic performance, and professional effectiveness. Participants were sensitized to common psychological challenges, including academic stress, workplace pressure, anxiety, emotional exhaustion, and burnout. Interactive workshops encouraged faculty members and students to recognize the importance of emotional regulation, positive coping strategies, stress management, and maintaining a healthy work-life balance. The discussions also emphasized the importance of seeking timely professional assistance and creating an environment where individuals feel comfortable discussing mental health concerns without fear of stigma or discrimination.

Recreational Activities and Student Engagement for Mental Health and Well-being Student Clubs



Glimpse of Students Dance Club

Teerthanker Mahaveer University (TMU) provides students with opportunities to participate in sports, cultural programmes, creative activities, yoga and other recreational pursuits as part of campus life. These activities complement the University's formal mental health support system by giving students opportunities to take breaks from academic routines, express themselves, develop friendships and engage positively with the wider university community.

Sports and Physical Recreation Sports Facilities

TMU provides indoor and outdoor sports facilities, including an indoor sports complex, outdoor grounds and dedicated spaces for games and athletic activities. Students can participate in cricket, football, basketball, volleyball, badminton, kabaddi, athletics, table tennis, chess and other recreational sports. The University Sports Club also provides an organised platform for intra-university and intercollegiate competitions.

Participation in sports gives students opportunities for physical activity, teamwork, peer interaction and constructive engagement outside the classroom. These experiences can support stress management, build confidence and contribute to a healthier balance between academic responsibilities and personal well-being.



Students at the University Sports Complex

Cultural and Creative Engagement Cultural Glimpses

TMU's student clubs offer structured opportunities for students to explore their interests and express their creativity. These include the Theatre, Music, Dance, Singing, Fashion, Culture and Heritage, Drawing and Painting, Photography, Reading and Writing clubs. Activities such as stage performances, music sessions, dance workshops, art exhibitions, photography activities, literary discussions and cultural celebrations allow students to participate according to their interests and abilities. Creative Competitions

University events such as Navrang 5.0, a five-day cultural fest featuring cultural, literary and sports activities, provide opportunities for students from different disciplines to interact and showcase their talents. Such platforms encourage creative expression, social participation, self-confidence and a sense of belonging to the university community



Recreational Activities of Students at the University

Yoga, Meditation and Hostel Recreation Yoga_Meditation

TMU promotes relaxation and healthy daily routines through yoga and meditation activities. Yoga sessions are organised for students, including hostel residents, and are supported by the University's yoga and meditation facilities. During the International Yoga Day celebrations in June 2026, a series of sessions was conducted for students from different university departments, covering yoga postures and their relevance to physical fitness and mental balance.

Hostel facilities further support recreation through common rooms, indoor games, television, newspapers and magazines. Regular morning and evening yoga and meditation sessions are also held for hostel residents. Faculty counsellors associated with the hostels provide an additional point of guidance when students require support



Students at the Yoga and Meditation Centre

Contribution to Student Mental Health and Well-being

These recreational opportunities form a preventive and supportive component of TMU's wider student well-being framework. Sports encourage physical activity and peer bonding; cultural and creative activities provide avenues for self-expression; and yoga, meditation and hostel recreation offer opportunities for relaxation and routine-building. Together, they help create a campus environment in which students can participate, connect with others and maintain interests beyond academic work.

These activities complement the University's Mental Health and Well-Being Policy, Mental Health and Well-Being Centre, and Mentor–Mentee System. Recreational participation is not a substitute for professional counselling or psychiatric care; rather, it contributes to a supportive campus environment that promotes student engagement, social connection and overall well-being in alignment with SDG 3 – Good Health and Well-being.

3.3.6-SMOKE FREE POLICY

Smoke-Free Campus Policy and Tobacco Cessation Initiatives at TMU

Teerthanker Mahaveer University (TMU) maintains a smoke-free campus framework to protect the health and well-being of students, faculty, staff, patients and visitors. The University has formally listed its Smoke-Free Campus Policy (***Policy_Link***) under its institutional policies. Its disciplinary rules prohibit smoking, chewing tobacco, pan masala, gutka and the use of other prohibited substances anywhere on the University campus. This prohibition applies across campus premises and supports a healthy environment without designated tobacco-use areas. Through this policy, TMU seeks to reduce exposure to second-hand smoke, discourage tobacco consumption and promote responsible health practices among the University community.

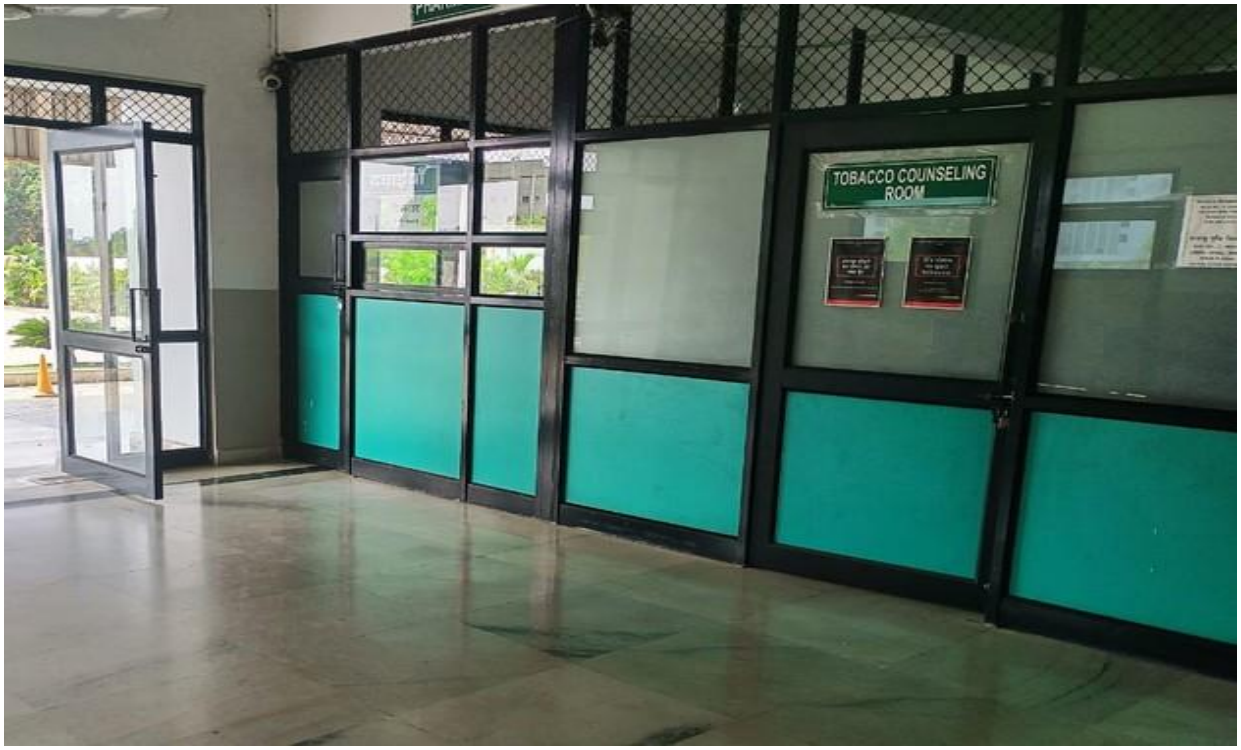
Tobacco Cessation Centre and Institutional Support

Alongside campus-level prevention, TMU provides tobacco cessation support through its Dental Department. The University's dental services identify tobacco cessation support as part of Oral



Tobacco Cessation Centre (TCC)

Medicine and Radiology, while the Public Health Dentistry department undertakes tobacco cessation programmes, awareness campaigns and oral health education. A dedicated Tobacco Cessation Centre (TCC) counselling room provides an institutional setting for tobacco-related guidance and cessation support.



Tobacco Cessation Centre (TCC) Counselling Room

The Centre's activities include counselling and awareness initiatives, with assessment facilities such as a Smokalyser used to support tobacco-related evaluation. These services extend the University's tobacco-control efforts beyond policy enforcement to preventive and patient-centred support.



Assessment with a Smokalyser at Tobacco Cessation Centre

Compliance with National Guidelines and Committee Oversight Evidence

In line with the National Medical Commission's directions on establishing Tobacco Cessation Centres in medical colleges, TMU has constituted a Tobacco Cessation Committee () to oversee institutional tobacco-control activities and review implementation in accordance with applicable guidance. The NMC's circular dated 12 July 2024 directed hospitals attached to medical colleges to make provisions for Tobacco Cessation Centres, while its subsequent public notice outlined the establishment of such centres across medical colleges. The committee provides an institutional mechanism for coordination, awareness, review and follow-up of tobacco cessation initiatives.



Oath Taking Ceremony of Tobacco Cessation Committee Members

Awareness, Student Engagement and Community Outreach

TMU reinforces its smoke-free campus policy through awareness programmes, student participation and community engagement. Activities include poster-making competitions, awareness displays, pledge ceremonies, educational sessions and recognition of students for effective awareness messages. On World No Tobacco Day 2025, TMU Dental College and Research Centre organised a programme featuring expert addresses, a webinar on strengthening tobacco-free schools, a student-produced short film, health dialogue, poster and video competitions, and a tobacco-free pledge. Public Health Dentistry postgraduate students have also engaged community members through awareness posters and educational displays on the harmful effects of tobacco use. In recognition of its tobacco-control work, TMU's Dental College and Research Centre secured first position nationally at the World No Tobacco Day 2026 Awards, as reported by the University.

TMU Students Pledge for an Addiction-Free Life on World No Tobacco Day Evidence

Teerthanker Mahaveer University (TMU) Dental College and Research Centre organised a World No Tobacco Day awareness programme to educate students about the harmful effects of tobacco use and promote a tobacco-free lifestyle. A webinar titled "Empowering Communities to Strengthen Tobacco-Free Schools: A Comprehensive Research Perspective," was conducted that highlighted community participation and evidence-based approaches to creating tobacco-free school environments.



Expert talk on the World No Tobacco Day

The programme also included a short awareness film produced by BDS students and interns, a health dialogue involving postgraduate students and BDS students and poster and video competitions. Students, faculty and staff participated in a Tobacco-Free Pledge Ceremony, affirming their intention to abstain from tobacco use. The event brought together nearly 150 students, along with faculty members.



Pledge During the World No Tobacco Day

National Seminar on "Innovative Strategies on Tobacco Cessation" Evidence

Teerthanker Mahaveer University (TMU), Moradabad, organised a National Seminar on "Innovative Strategies on Tobacco Cessation" through its College of Nursing, in observance of World No Tobacco Day. The seminar featured expert presentations on tobacco-related health risks and approaches to tobacco cessation. The presentations highlighted the serious public health consequences of tobacco consumption, including its association with major causes of death. Through academic discussion and visual presentations, participants were sensitised to the importance of tobacco prevention, awareness, and cessation support. The seminar provided a platform for nursing and healthcare professionals to understand the role of education, community awareness, and coordinated health interventions in reducing tobacco use.

Tobacco-Free Awareness Activity-Community Participation Evidence

Public Health Dentistry postgraduate students of Teerthanker Mahaveer Dental College & Research Centre, TMU, engaged community members in promoting tobacco-free living. Students used awareness posters and educational displays to communicate the harmful effects of tobacco consumption and encourage healthier choices. The activity provided an opportunity for direct interaction with community participants and strengthened awareness of tobacco prevention and cessation



Awareness Programme on Tobacco Free Living

World No Tobacco Day (WNTD) 2026 Awards. Evidence

Teerthanker Mahaveer Dental College & Research Centre, TMU, secured 1st position nationally at the World No Tobacco Day (WNTD) 2026 Awards. This prestigious recognition celebrates TMU's excellence in tobacco cessation services and oral health awareness. It acknowledges the institution's efforts in promoting tobacco-free lifestyles and preventive healthcare. The

achievement reinforces TMU's role in advancing public health and building a healthier, tobacco-f***ree society***



World No Tobacco Day (WNTD) Award

3.3.7-MENTAL HEALTH SUPPORT FOR STAFF

Teerthanker Mahaveer University (TMU) recognises the mental health and psychological well-being of faculty and staff as important aspects of a healthy and supportive working environment. To provide an institutional framework for addressing mental health concerns, the University has formulated a Mental Health and Well-Being Policy, supported by a dedicated Mental Health and Well-Being Monitoring Committee and a Mental Health and Well-Being Centre. These institutional mechanisms provide a structured approach to promoting awareness, facilitating access to guidance, and addressing mental health and well-being concerns within the University community, including faculty and staff.



Recreational Retreat for Faculty Members in Faculty Club Activities

The University undertakes awareness programmes, workshops, interactive sessions, and professional development activities that address psychological well-being, stress management, emotional resilience, and personal development. A workshop titled “Well-Being to Breakthroughs: The Mental Health Edge in Innovation and Entrepreneurship” was organized, which included

faculty participation and addressed healthy coping mechanisms, self-care, emotional well-being, and mental health support systems. TMU also organised a three-day Faculty Development Programme on Universal Human Values in collaboration with AICTE, encouraging value-based teaching, ethical leadership, empathy, and responsible professional conduct.



Faculty at Meditation and Yoga Sessions in the University

At TMU, staff well-being is further addressed through mental health awareness activities, workshops, faculty clubs, and stress-management sessions. The institutional approach encourages a supportive workplace culture in which faculty and staff can recognise mental health concerns, seek appropriate guidance, and develop healthy coping practices. Through its policy framework, monitoring mechanism, dedicated centre, and awareness initiatives, TMU seeks to promote psychological well-being, strengthen workplace support, and foster a healthier and more inclusive institutional environment. These efforts align with Sustainable Development Goal 3 (SDG 3: Good Health and Well-being) by extending mental health awareness and well-being support to the University's workforce.

Women Mental Health Awareness Session Under Mission Shakti 5.0. Evidence

Teerthanker Mahaveer University (TMU), through its College of Paramedical Sciences, organised a Women's Mental Health Awareness Session under Mission Shakti 5.0. The programme witnessed a total of 73 female participants including faculty and students from the Medical Laboratory Techniques and Optometry programmes. The session aimed to raise awareness of women's mental health, reduce stigma, encourage open discussions, and promote emotional well-being and psychological resilience



Mental Health Expert Addressing the Participants in the Session

Dr. Shalini Joshi, discussed stress management, emotional balance, practical coping strategies, and available mental health support systems. The session encouraged participants to communicate openly about mental health and seek appropriate assistance when needed. The initiative supported SDG 3 and SDG 5 by promoting mental health awareness, women's well-being, and a supportive environment for female students.

TMU Physiotherapy Department Hosts Workshop on Mental Health and Innovation Evidence

On 25th August 2025, the Department of Physiotherapy, Teerthanker Mahaveer University (TMU), organised a workshop titled "Well-Being to Breakthroughs: The Mental Health Edge in Innovation and Entrepreneurship", Department of Physiotherapy. The session was attended by faculty members and students. The workshop aimed to improve mental health awareness and promote healthy coping strategies among participants. Ms. Jain discussed mental health, unhealthy and healthy coping mechanisms, the roles of psychiatrists, psychologists, and social workers, and the recognition of signs and symptoms of mental health concerns. She also highlighted self-care, empathy, and appropriate support for individuals experiencing mental health challenges. An interactive question-and-answer session enabled students to discuss their concerns and gain practical insights.



Felicitation of Exert Speaker during the Workshop on Mental Health and Innovation

Faculty Development Programme on Universal Human Values and Mental Health **Evidence**

Teerthanker Mahaveer University (TMU), in collaboration with the All India Council for Technical Education (AICTE), organised a three-day Faculty Development Programme (FDP) on Universal Human Values and Mental Health for faculty members. The programme provided a platform for meaningful discussions, insightful sessions, and shared learning, focusing on the importance of human values and mental health in higher education. It aimed to encourage educators to integrate value-based teaching into their academic practices and promote ethical conduct and responsible decision-making which promotes mental health.



Participants during the Faculty Development Programme



Interaction of Experts with Faculty during the FDP

Four-Day Yoga Week Celebration at Teerthanker Mahaveer University Evidence

Teerthanker Mahaveer University (TMU), Moradabad, celebrated the 11th International Yoga Day through a four-day Yoga Week from 18th to 21st June 2025, under the theme "One Earth, One Health." The celebration aimed to promote physical fitness, mental well-being, social harmony, and environmental sustainability through yoga and meditation.

The programme was spearheaded by the TMU College of Physical Education, with collaborative support from the NSS Unit, Centre for Indian Knowledge Systems, various academic departments, and the university administration. The celebration featured a national seminar, environmental initiatives, an international online conclave, and a grand yoga demonstration.

Day 1: 18 June 2025: National Seminar on "Yoga Impact: A Decadal Assessment on Public Health": The first day commenced with a national seminar titled "Yoga Impact: A Decadal Assessment on Public Health." The seminar focused on the significance of yoga in disease prevention, mental stability, and the promotion of holistic health. Prof. (Dr.) Ishwar Bharadwaj from Dev Sanskriti University, Haridwar, highlighted the role of yoga in maintaining mental stability and preventing diseases. Dr. Tungveer Singh Arya from Muzaffarnagar Medical College discussed yoga as a complementary approach to modern medicine and emphasised the integration of traditional practices into contemporary healthcare systems.



Inauguration of the National Seminar

Day 2: 19 June 2025 Green Yoga: Promoting Environmental and Social Consciousness: The second day featured the innovative initiative "Green Yoga," integrating personal well-being with environmental responsibility. The programme began with a mass yoga session, followed by a tree plantation drive and a campus cleanliness campaign. More than 100 saplings were planted by students, faculty members, and volunteers. Participants actively contributed to campus cleanliness and environmental protection, reinforcing the importance of sustainable practices and collective

responsibility. The initiative highlighted the connection between individual health, ecological balance, and community well-being.



Plantation Drive by the Faculty of the University

Day 3: 20 June 2025 International Online Conclave on "Yoga and Meditation: Ancient Solutions for Modern Problems – A Global Perspective": Experts and participants from Nepal, the United Arab Emirates (UAE), Hong Kong, and India shared their perspectives on the relevance of yoga and meditation in addressing contemporary challenges. The discussions focused on mental health, work-life balance, stress management, and social harmony.

The conclave provided an international platform for exchanging knowledge and experiences related to yoga and its application in modern lifestyles. The programme was anchored by Prof. Manu Mishra and Dr. Alka Agrawal. E-certificates were provided to participants.

Outcome: The conclave strengthened cross-cultural knowledge exchange, promoted the global relevance of traditional Indian wellness practices, and highlighted yoga as a practical approach to improving mental well-being and achieving a balanced lifestyle.

Day 4: 21 June 2025 Grand Yoga Demonstration on International Yoga Day: The final day of the Yoga Week was celebrated with a grand yoga demonstration at the university's Indoor Sports Stadium. Hundreds of participants, including students, faculty members, and other university stakeholders, participated in the session. Under the guidance of yoga trainers Gaurav Tyagi and Rashmi Narang, participants practised various yogasanas, including Tadasana, Trikonasana, and Ardha Chakrasana. The session also included pranayama techniques such as Anulom-Vilom, Bhramari, and Sheetali to promote relaxation, concentration, and respiratory well-being.

Outcome: The mass yoga demonstration encouraged regular yoga practice, raised awareness of holistic health, and reinforced the importance of physical fitness, mental peace, and collective well-being.



Performance of Yoga by the Faculty

Future-Oriented Initiatives for Good Health and Well-being

We at TMU, aim to strengthen our contribution to Sustainable Development Goal 3 (SDG 3): Good Health and Well-being through research, preventive healthcare, mental wellness, community outreach, and equitable access to health services. The following initiatives outline the University's forward-looking approach to promote the health and well-being of students, staff, and the wider community.

1. Develop world-class research programmes focused on improving health and well-being outcomes for individuals and communities.
2. Strengthen research in priority health areas such as breast cancer, diabetes, and other major public health challenges.
3. Enhance students' mental health by organising workshops and programmes that build emotional resilience, mental resilience, and effective stress-management skills.
4. Promote menstrual hygiene and women's health in local communities through sanitary-pad distribution, awareness campaigns, and education on women's health and sexual and reproductive health.
5. Expand outreach and extension activities to improve health awareness, encourage preventive practices, and promote well-being among surrounding communities.
6. Improve the happiness and well-being of students and staff through workshops, training programmes, counselling, and positive campus engagement initiatives.
7. Advance efforts to prevent avoidable diseases through awareness, early detection, timely referral, and evidence-based preventive healthcare initiatives.
8. Establish comprehensive preventive healthcare and regular health-screening programmes for students, faculty, staff, and their families to support early detection and timely intervention for health conditions.
9. Strengthen digital healthcare services, including telemedicine, online health consultations, and digital health-awareness initiatives, to improve access to reliable health information and professional medical guidance.

10. Strengthening of campus wellness framework integrating physical fitness, yoga, meditation, sports, balanced nutrition, and healthy lifestyle practices to promote holistic well-being.
11. Strengthening of institutional mechanisms for mental health support through accessible counselling, peer-support networks, stress-management programmes, and early identification of individuals who may need professional assistance.
12. Expand collaborative research and partnerships with hospitals, public health institutions, government agencies, and community organisations to develop evidence-based solutions to emerging health challenges.
13. Promote awareness and preventive interventions for non-communicable diseases, including cardiovascular diseases, hypertension, obesity, and diabetes, through health education, lifestyle modification, and community-based screening.

Summary of the Report

The SDG-3 (Good Health and Well-being) Annual Report-2025, exhibits the strong commitment of TMU to promote good health and well-being through comprehensive healthcare, preventive health initiatives, research and community outreach programmes. The report focuses on work done towards accessible healthcare services, disease prevention, health awareness, mental health support, women's health, hygiene and wellness initiatives in the year 2025.The report talks about the contribution of TMU towards the improvisation of the health and quality of life of its stakeholders and surrounding communities, through its medical College, multi-specialty hospital, health camps, awareness programmes and community engagement activities. The report covers the promotion by University regarding physical fitness, healthy lifestyles and a supportive campus environment.

TEERTHANKER MAHAVEER UNIVERSITY

Moradabad

Accredited with NAAC A Grade

12-B Status from UGC

SUSTAINABLE DEVELOPMENT GOALS

17 GOALS TO TRANSFORM OUR WORLD



TOGETHER FOR A BETTER TOMORROW

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